

centralkansas.k-state.edu/4-H

Central Kansas District 4-H

November, 2017

DISTRICT 4-H CELEBRATION OF ACHIEVEMENTS

The District 4-H Celebration of Achievements will be on Sunday, November 5, at the 4-H Building in Salina (900 Greeley) beginning at 3 p.m. The dress attire for this event is business casual. The Salina Downtown Lions Club will be providing the refreshments at the awards ceremony.



ONLINE RESOURCES

Websites

Did you know that we have a ***District website?*** It is located at <http://www.centralkansas.ksu.edu/4-H>. Several forms and other pertinent 4-H information can be found here. You can also browse our website for information on other topics, such as crops, horticulture, food science, financial management, etc. Sarah would like your input on what you would like to see on the 4-H Youth Development pages. Email her your comments and suggestions at semaass@k-state.edu.

Also, there is another website that you may find helpful. This is the ***Kansas 4-H website*** (<http://www.Kansas4-H.org>). You will find more information on several state events and activities. Please note, before you utilize any forms from this website, please make sure that our District uses the same forms. Sometimes our District uses different forms. For example, the District uses different Achievement Pin applications than the state.

Social Media Outlets

Become a fan of Central Kansas District 4-H on ***Facebook*** and follow us on ***Twitter***. Go to <http://www.centralkansas.ksu.edu/4-H>, at the bottom of the page you can find links to our pages. If you become a fan and/or follow us, you will receive information on things going on in the district in addition to what is provided to you in the *4-H Newsletter*. Posts may include reminders, when items are posted to the web, etc. At the time of writing this newsletter, we had 383 fans on Facebook and over 100 followers on Twitter. Let's see how many fans we can get on Facebook and followers on Twitter.

Take a moment to familiarize yourself with these online resources.

If you have any questions, be sure to contact Sarah or Kate.

facebook

twitter

LEADERSHIP OPPORTUNITIES

CONGRATULATIONS TO OUR 4-H COUNCIL EXECUTIVE TEAM

At the September 4-H Council Meeting in Minneapolis, 4-H Club Members who make up 4-H Council, elected the 2017-18 4-H Council Executive Team. Congratulations to these individuals. We look forward to the leadership this team will bring to the Central Kansas District.

President – Rachel Prickett, Boldly Go

Vice President – Adelaide Easter, Sunny Valley

Corresponding Secretary – Kyler Cox, Sunny Valley

Recording Secretary – Emma Littich, Smoky View

Treasurer – Jeannie George, Sunny Valley

Reporters – Hannah Swagerty, Solomon Valley and
Joel Hennes, Willing Workers

Co-Historians – Leah Hennes, Willing Workers and
Trista Stevenson, Cardinal



ATTENTION 4-H COUNCIL MEMBERS

Join the 4-H Council on November 27 at 7 p.m. in Room 107 at the Salina Office as new officers are installed. All members are welcome to attend this meeting.

NELE SET FOR JANUARY 20, 2018

Four-H members ages 12 to 18 are invited to the Northeast 4-H Leadership Event (NELE), Saturday, Jan. 20, 2018 at the Clay County Community High School in Clay Center. NELE is led by the Northeast Area Youth Leadership Council Representatives. Delegates can sign up for multiple classes throughout the day with many options for everyone. Don't miss this opportunity to meet new people, learn many new leadership activities, and listen to keynote speaker, Wade Weber, State 4-H Program Leader. Attending NELE will help you broaden your circle of friends in your area while helping you get ideas for the 4-H year ahead! Watch for registration to open mid-November.



CITIZENSHIP WASHINGTON FOCUS

The 2018 Citizenship Washington Focus will be June 14-25, 2018. Any 4-H'er, 15-18 years of age (4-H age before January 1, 2018) who is responsible, demonstrates leadership qualities, including self-discipline and sense of group responsibility, interested in returning home to apply citizenship concepts to their own lives and the lives of those around them, AND committed to sharing what they have learned should apply. See the October 4-H Newsletter for more information.



Get energized as you network with volunteers, teen leaders, and county-based staff and state specialists from all 50 states! Leave with new ideas you can use to infuse growth into your 4-H programs! **These e-Forums will count as a leadership training for our teens on their pin applications.**

“STEM”ming into Livestock- Growing True 4-H Leaders

November 2, 2017, 5:45 p.m. (Register by October 29)

“Helping 4-H’ers Grow in Life and Work”

December 7, 2017, 5:45 p.m. (Register by December 3)

To register for the e-Forums go to <http://www.centrankansas.ksu.edu/4-h/> and click on the link under Upcoming Events & Online Registration. For more information on the e-Forums, please refer to the September 4-H Newsletter. The 2017 4-H Volunteer e-Forum has been developed and provided by a steering committee of state Extension specialists and local Extension staff members.

VOLUNTEER SCREENING ORIENTATION

The next Volunteer Screening Orientation is **scheduled for Tuesday, November 21, from 7 -9 p.m.** Online “RSVP” is required by **Tuesday, November 14**, and location will be determined based on the pre-registrations. Individuals will be emailed the location of the orientation. The link can be found on the website at <http://www.centrankansas.k-state.edu/4-h/> under Upcoming Events and Online Registration. If you do not have access to the web, please contact either Extension Office. If there are not enough individuals interested, it will be cancelled and those that sign up will be notified.



LEADERSHIP

Leadership is an awe-inspiring trait that’s hard to define, yet easy to see in action. Some people seem to be born with it, but it’s something we must all learn and develop with practice.

What if Columbus had not led the ships west? What if George Washington had never led the troops against the British? What if the Wright Brothers had never led the way to flight?

Every phase of life needs leaders, whether it is the coach of the livestock judging team, the principal at school, or the president of a 4-H club. 4-H members have a duty to use leadership in their clubs or within their project groups. These experiences will develop even stronger leadership that is essential to the future of Kansas and to the future of the United States.

Leadership develops the group as well as the individual. Leadership means service: helping others develop themselves and work with the group. The ability to work with others is one of life’s most difficult skills because it is hard to understand and to carry out so many different, complex ideas. But with improved skills in the areas of self-understanding, communication, learning to learn, working with groups, and managing resources, you too can be a leader!



DISTRICTWIDE PROJECT NEWS

K-9 CAPERS NEWS

Dog Conference News

The Central Kansas District 4-H members in the dog project who attended the 4-H Dog Conference at the Rock Springs 4-H Center were: Morgan Kaniper, Madison Lawson, Paul Persigehl, Madison Repp, Sarah Repp, and Rebekah Thompson. They participated in the dog quiz bowl and did very well. Morgan, Madison, Paul, and Rebekah took second place in the contest.

Sarah Repp and Madison Repp participated in the Open Quiz Bowl and also did well placing first place and third place respectively. Congratulations to all of you!



Parade News

K-9 Capers will be representing 4-H in the Parade of Lights in Downtown Salina Saturday, November 18. Watch Facebook and e-mail for meeting place & time details.

****CURRENT** dog project members should dress weather appropriately and add Christmas theme and dog costumes if you like. (Be sure to PRACTICE with the dog in costume several times before !)

****NEW MEMBERS** contact k9capers@gmail.com for details and approval to bring your dog.

CREATIVE THREADS – SEWING HELP FOR 2017-18

Anyone interested in sewing with Mary Bernhardt for the 2017-18 4-H year needs to email her (mary_bernhardt@cox.net) before December 1. Please include the following in your email:

- 4-H member name
- 4-H age
- Sewing experience (if you haven't sewn with Mary in the past)
- Parent name
- Cell number for the parent
- What weekday evenings work best for sewing at Mary's house and if the 4-H member has regular access to a sewing machine.
- What clothing/garment the 4-H member is interested in making (pants, skirt, top, dress, coat, etc.)
- Begin to look for patterns available from McCalls, Simplicity or Butterick for possible **wearable garment project(s)**. Send pattern company name and numbers to Mary. All patterns will need to be ok'd by Mary.

Mary will determine sewing dates at her house based on date(s) the majority of 4-H members are available. Do not wait until December 1 to let Mary know if you plan to sew with her!

SARAH IN THE MINNEAPOLIS OFFICE

Sarah will be in the Minneapolis Office from 9 a.m. – 3:30 p.m. on November 9. Be sure to come by and see her to express any concerns, new ideas or just to visit.

CANDY MAKING WORKSHOP

A candy making workshop, using milk chocolate melting chips, will be held for 4-H members ages 11 and older on Tuesday, November 28, from 6-7:30 p.m. at the Salina Extension Office, Room 109. Leah Robinson and Sarah Maass will be leading this workshop. Registration will be due ONLINE (<http://www.centrankansas.ksu.edu/4-H>, under Upcoming Events and Online Registration) along with a \$7 registration fee to either Extension Office by Monday, November 20. Class size will be limited to 12. Your registration will not be complete until the \$7 fee has been received, online registration has been completed, and you have received an email from the Extension Office indicating you are registered for the event. There will be no refunds for cancelations. If you have any questions, please do not hesitate to contact either Extension Office. **Note: If you have concern with food allergies, please call Leah (785-392-2147) no later than the registration deadline.**



DISTRICT 4-H HORSE NEWS

Horse Panorama & Hippology Information

All 4-H members enrolled in the horse project are invited to the meetings for the Horse Panorama and Hippology contests. We have received some new study information for this year. Come to one of our meetings and see what is involved. Don't worry, if you can't make the first one, come to the next one. Talk to some of your horse friends at school, I'm sure they can tell you what fun we have and what it is all about.

Below are the meeting dates. All meetings will start at 7:00 p.m. They will be scheduled at the Salina Extension Office. Horse Panorama will be January 26-28 at Rock Springs 4-H Center. The hippology and quiz bowl contests will be on Saturday and there will be additional activities (with additional cost) throughout the weekend. Registration information will be available soon.

November 7 and 29

December 6 and 12

January 8 and 25

Please note I have tried to schedule the meetings to avoid as much school activities as possible. If you have any questions, do not hesitate to contact Bev Seuser at classy3560@gmail.com.

Horse IDs

There is a NEW Horse ID Form that needs to be used for the 2017-18 4-H Year. A link to the new Horse ID Form can be found at <http://www.centrankansas.ksu.edu/4-H> under 4-H'er Forms and Documents, "Horse ID." Be sure and check the back page, lower right hand corner for the October, 2017 date to ensure you have the correct form.

Items to note:

- The form MUST BE front and back of one page, not 2 pages.
- A standard size picture MUST BE attached. The picture should include all 4 legs and feet showing a profile of the horse with the head turned toward the camera. ALL markings must be clearly visible.
- Members, Parent/Guardian, Owners (if horse is leased) and County Agents MUST sign and date.
- The ORIGINAL 4-H Horse Identification Certificate MUST accompany the 4-H'er. The county office and project leader may have a photocopy.

If you have any questions, please don't hesitate to contact the Extension Office.

48 HOURS OF 4-H UPDATE



A BIG thank you to those who participated in the Districtwide 48 Hours of 4-H service project on October 7. Everyone has been very appreciative of what was accomplished. The project originally scheduled for October 8 has been rescheduled for some time in the spring. Be sure to watch the 4-H Newsletter for more information as it becomes available.

If your club did their own 48 Hours of 4-H service project, thank you for giving back! Don't forget to complete the 48 Hours of 4-H report by going to <http://www.kansas4-h.org/484h>

ADULT CHAPERONES NEEDED

If you are interested in serving as a chaperone for Citizenship In Action, 4-H Camp or Discovery Days, please complete the Adult Chaperone Application and return it to either Extension Office **by December 15**. You can find the application online at <http://www.centrankansas.k-state.edu/4-h> under 4-H Youth Development, 4-H'er Forms & Documents. By completing an application, you have let us know you are interested in serving as a chaperone; **it does not commit you to serving as a chaperone**. We will need chaperones for Citizenship in Action, Discovery Days, and 4-H Camp. If you have any questions, please contact Sarah.



SAVE THE DATES

Kansas Junior Beef Producer Day

The Kansas Junior Beef Producer Day will be held on March 24, 2018, in Weber Arena at Kansas State University. As more information becomes available, it will be included in the *4-H Newsletter*.

4-H Camp

The Oz-Some 4-H Camp dates are as follows: Rookie 4-H Camp, June 13-14; Regular 4-H Camp, June 13-16. Counselors will report to camp on June 12 for training. Be sure and get these dates on your calendar now. We will get registration information out as soon as it becomes available shortly after the first of the year.

4-H Campference

4-H Campference is scheduled for June 26-29 at Rock Springs 4-H Center. More information should be available after the first of the year.

District Horse Show

The North Central District 4-H Horse Show will take place on July 2 (check in on July 1 & 2), at the Saline County Expo Center. More information will be emailed to those enrolled in the horse project after April 1.

FINAL 4-H NEWSLETTER DEADLINE FOR 2017



If you have something you would like in the December/January *4-H Newsletter*, be sure to email it to semaass@k-state.edu by Friday, November 3.



HOW MUCH RED WHEEL HAVE YOU SOLD???

Have you ever received a scholarship for a 4-H Camp? Did you have fun while you were there? Did you learn something new or make a new friend? Do you think other kids would enjoy doing it too? Those scholarship funds came directly from Red Wheel sales. The more you sell, the more kids get to experience all the great 4-H opportunities of camp and workshops and other unique 4-H events. You're not just selling frozen food—you're selling the 4-H experience for someone who wouldn't have it otherwise!

HELP NEEDED: LION'S BBQ, DECEMBER 2

Mark your calendars for the Annual Salina Downtown Lion's BBQ, to be held Saturday, December 2, at the 4-H Building in Salina. We'd like to have at least three adults and five to six youth per shift. Younger members should be accompanied by an older teen leader or a parent. If members of your club will be able to help, please call the Salina Extension Office or email Betty at bcharles@ksu.edu and let us know how many workers you will have and what shift you will be able to work. This is a big 4-H fundraiser put on by the Downtown Lions, so provide your support since the Lions provide theirs!



December 2, 4:30—6 p.m.

December 2, 5:30—7 p.m.

Pracht Family (3)

Wangerin Family (3)

WANTED: COMMUNITY SERVICE ACTIVITY FOR 4-H CLUB DAY

The 4-H Club Day Committee is looking for a 4-H member or group of 4-H members to organize a community service activity at 4-H Club Day. This would involve choosing an organization to help, then organizing a way to make items or collect donations to benefit that organization. Some past community service activities at 4-H



Club Day have included: making pet toys/blankets for the Salina Animal Shelter, making pillows for the pediatric unit at the hospital, and collecting baby items for Birthright and the Health Department. If you'd be interested in leading this worthwhile activity, please email Kate Littich at klittich@ksu.edu.

FARM SERVICE AGENCY YOUTH LOAN PROGRAM

The Farm Service Agency offers a youth loan program for youth who are 10-20 years of age, are involved in a 4-H club and/or FFA chapter, and are interested in starting or expanding an agricultural related business. The purpose of the FSA loan program is to help youth gain knowledge of the importance of the financial and record keeping responsibilities that come with a "business." With a viable business plan, FSA can loan up to \$5,000 to eligible rural youth. The loan must be for a project that is modest sized and an income producing agricultural enterprise. The educational objectives of the FSA youth loan program are to help youth develop skills that will be used throughout their life. Please feel free to contact FSA loan personnel in Salina at 785-825-8269 for additional information. Also, be sure to check out this YouTube video with more information:

https://www.youtube.com/watch?v=fvF_eq73oSE



EXTRA

NEWS FOR CENTRAL KANSAS DISTRICT ORGANIZATIONAL LEADERS

NOVEMBER CHECK-UP

Welcome to the second month of the new 4-H year! We've accomplished a lot in just one short month. Are you beginning to think like an experienced organizational leader? How's the club functioning? Let's do our monthly check-up...

____ Organizational Leader Report is Due ONLINE by November 1. The link to this form can be found at <http://www.centrankansas.k-state.edu/4-h/orgleaders/index.html>

Review

- ____ *4-H Newsletter* read and important dates marked on calendar.
- ____ Highlight key points from the *4-H Newsletter* at club meeting.

To-Do

- ____ Membership recruitment plan formulated and started.
- ____ Parents' Committee functioning.
- ____ Project leaders and volunteers need to fill out the appropriate form (Volunteer Service Application or Renewal Form) available through 4HOnline and update or setup a profile in 4HOnline.
- ____ Encourage project leaders to start meetings.
- ____ Give project leaders the names of youth in their group.
- ____ Complete club program books and give to families and turn one copy into the Extension Office.
- ____ Check club mailbox at Extension Office.
- ____ Visitor packets requested. Available at either Extension Office.
- ____ New member packets requested. Available at either Extension Office.
- ____ Encourage New Family Coordinators to conduct meetings.
- ____ Provide new member with membership packets.
- ____ Complete enrollment or re-enrollment in 4HOnline.
- ____ Enrollment of Volunteers, complete Volunteer Screening forms.
- ____ Update 4-H Records, KAPs and Pin Applications.

Promote/Recruit

- ____ Promote Citizenship Washington Focus (CWF).
- ____ Promote 4-H Camp and 4-H Rookie Camp.

Remember

- ____ 4-H Council Committee request ONLINE, Due November 1.
- ____ End of the Year Financial Review Form, Due November 15.
- ____ For Salina Area Clubs, Red Wheel – 4-H Council Fundraiser committee organized. Forms are available online under Organizational Leaders. Sales Due by Noon, Thursday, November 9.
- ____ Club representative should attend the 4-H Council meeting.
- ____ Gavel Games/Model Meetings teams started. Entries will be emailed to the organizational leaders and posted to the website around December 1.
- ____ 4-H Club Day Entries available online, December 1. 4-H'ers must be enrolled by December 1, 2017, to participate in 4-H Club Day.





END OF THE YEAR FINANCIAL REVIEW

The end of July, all organizational leaders should have received a letter from Sarah with information about the 2016-17 Financial Review. Remember, the report is due to either Extension Office by November 15 at 5 p.m. The Financial Review Form is posted online for your convenience under Organizational Leaders. If you have any questions, please contact Sarah.

4-H COUNCIL FUNDRAISER— SALINA AREA CLUBS

Materials for the Red Wheel & Fudge Fundraiser were handed out to the Salina Area Clubs at the September 4-H Organizational Leader Update. Club orders are due to the Extension Office by **Noon on Thursday, November 9**. Remember, the delivery date is Saturday, December 2, from 10-10:30 a.m. Each club will need to provide 1-2 individuals to assist with unloading the truck that morning at 9 a.m. The delivery and distribution will take place at the north doors of the City-County Building.

PARENTS' COMMITTEE

So now you have a Parents' Committee but you're not really sure what to do with it? First thing is learn to delegate. A rule of thumb—the Organizational Leader works with the 4-H members, the Parents' Committee works with the parents. But, it might take the Organizational Leader to get the Parents' Committee motivated and started down the right track! Where to begin?

1. Get a chair for the Parents' Committee—the past Organizational Leader, the assistant leader, or a member of the Parents' Committee. Then communicate to that person why it is important for them to provide leadership for the committee. Work together and keep each other informed.
2. Review the roles of the Parents' Committee such as those members recruiting Project Leaders, New Family Coordinator, Demonstration Trainer, etc.
3. Remember you all depend on each other, so communicate!

WELCOME NEW 4-H FAMILIES IN STYLE

Make a special effort to welcome all new 4-H members and their families. Try to involve them in club activities--not just at the first meeting, but **throughout** the year. Remember how you felt as a new 4-H'er and 4-H family. Help those new to the organization not be overwhelmed. Here are some suggestions to welcome new 4-H families.

- ✿ Explain the “sometimes” confusing 4-H terms. Don't assume they understand.
- ✿ Form a “mentor” system (or buddy system) by having older 4-H'ers help new 4-H members with meetings, records and events. Don't forget the parents. Sometimes new parents need a “mentor” too.
- ✿ Be sure to give those new to the club a chance to speak up. Involve them in conversations and explain what is happening in the meeting.
- ✿ Advise new families of deadlines. Explain the major events that happen in 4-H, such as 4-H Club Day, Fair, Gavel Games, 4-H Camp, etc.
- ✿ Let new 4-H families participate at their own pace. Involve them in club activities, but allow them to participate at a level that is comfortable to them.
- ✿ Be aware of special family circumstances and be flexible. All families are an important part of our 4-H program.
- ✿ Remember, your club is like a family of sorts. In families, we need to make everyone feel important, help them find their own niche, challenge them to be more involved, and most importantly, accept them for who they are!

Taken and adapted from the “*Leaders of Tomorrow*” Rice County 4-H Newsletter, November, 2007

“Bridging The Gap In Extension”

Listening Session

Featuring Dr. Gregg Hadley
Associate Director of K-State
Research and Extension

6:30 pm November 20, City-County Building Room 107, 300 West Ash Street

About Us

K-State Research and Extension is a partnership between Kansas State University and the federal, state, and county governments. Research completed is used by extension agents and others to help solve community issues. As a service-focused and community-based organization, K-State Research and Extension provides information and services for Kansans related to:

- Adult Development and Aging
- Community Development
- Crop Production
- Family and Child Development
- Family Resource Management
- Farm Management
- Horticulture
- Livestock Production
- Natural Resources
- Nutrition, Food Safety, and Health
- Youth Development

Topics Include

- Global Food Systems
- Water
- Health
- Developing Tomorrow's Leaders
- Community Vitality
- Local & Campus Relations
- External & Internal Issues

Key Activity

Lead and advance our state by providing and empowering Kansas residents with the knowledge, education, and facilitation needed to address the Grand Challenges and enhance the quality of life and livelihood of people and their communities.

For more information:

- Call 785-392-2147 or 785-309-5850
- Email cgarten@ksu.edu
- Visit our Minneapolis or Salina locations








Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Carl Garten, Salina, Kansas, 785-309-5850.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
K-State Research and Extension is an equal opportunity provider and employer.

November, 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
UPCOMING DATES: December 1 – 4-H Club Day entries available online 2 – Lion's BBQ, 4-H Building 2 – Red Wheel delivery, Salina Area Clubs, 9:00 to unload, delivery -----10-10:30 a.m. 7 – e-Forum, Helping 4-H'ers Grow in Life and Work, 5:45 p.m. 15 – Chaperone Applications due to either Extension Office			1 Organizational Leader Report due online 4-H Council Committee request due online	2 e-Forum "STEM"ing into Livestock, 5:45 p.m.	3 Dec/Jan Newsletter articles due to Sarah	4 Officer Training & Family Event, Salina South Middle School, 12:15 p.m. lunch, Reg 1:00p.m.
5 Celebration of Achievements, 4-H Bldg, 3:00p.m.	6	7	8	9 Red Wheel sales due by 12:00 p.m., Salina Extension Office Sarah in MN Office	10 Offices Closed	11 Veteran's Day
12	13	14 RSVP's due online for Volunteer Screening Orientation	15 End of the Year Financial Review Form due, 5:00 p.m.	16	17 KYLF  Kansas Volunteer Forum 	18 K-9 Capers Parade of Lights
19  	20	21 Volunteer Screening Orientation, 7-9 p.m., location TBA	22	23 Thanksgiving Offices Closed 	24	25
26	27 4-H Council, Salina Room 107, 7:00 p.m.	28 Candy Making Workshop 6-7:30 p.m., Salina Room 109	29	30		

Central Kansas Extension District

Salina Office

300 W. Ash, Room 111

P.O. Box 5040

Salina, KS 67402-5040

Address Service Requested

TIME FOR CELEBRATION

Dear 4-H Families,

It is hard to believe we are already into the second month of the 4-H year. This month we will take time to recognize all of the hard work of our 4-H members and volunteers this past 4-H year at the annual Central Kansas District 4-H Celebration of Achievements on Sunday, November 5. I hope you are able to make it to this event to help us celebrate.

As we enter a busy season, be sure and take time to enjoy it, but don't forget about things coming up. You can keep on top of 4-H events, activities, and deadlines by taking a moment to read this newsletter and any emails that may come from the Extension Office. As always, if you have any questions, please be sure to let me know.

I am thankful that you have chosen to be a part of the Central Kansas District 4-H Family. Happy Thanksgiving!

Sarah

Minneapolis Office • 307 N Concord • Suite 190 • Minneapolis, KS 67467-2140 • 785-392-2147 • Fax 785-392-3605

Salina Office • 300 W Ash, Room 111 • PO Box 5040 • Salina, KS 67402-5040 • 785-309-5850 • Fax 785-309-5851