October, 2015

HAPPY NEW YEAR!
The month of October begins a new 4-H year. It is time to set those goals for the new year. Some basic steps for goal setting are:

Step 1: Decide what you want to achieve.
Step 2: Set a deadline.
Step 3: How will you know if you have achieved your goal? What will be different?
Step 4: What are the things you need to do to achieve your goal?

This is a very exciting time in 4-H—new officers, new projects, new leaders and hopefully new members! Remember to make recruitment one of your goals this year!

IDEAS FOR CELEBRATING NATIONAL 4-H WEEK – OCTOBER 4-10, 2015

- Have every member of your club invite a guest to the meeting.
- Distribute 4-H promotional materials at school or church.
- Set up a 4-H display at the local library, school, etc.
- Have members of your club volunteer to read to young children during story time.
- Do something special for your project leaders.
- Wear your 4-H T-shirts!

4-H ENROLLMENT DETAILS
Kansas 4-H will continue with the online enrollment system this year. The enrollment system will open for individuals to re-enroll and enroll on October 1. Information will be shared with the organizational leaders at the updates.

New for 2015-16: The 4-H Participation Form information will be gathered online this year. Therefore, no hard copies of the 4-H Participation Forms will be collected unless deemed necessary by the Extension Office for upcoming state events, etc.

No enrollment will be complete until the online enrollment and health information has been completed and accepted.

Please note: If 4-H members want to participate in 4-H Club Day on March 5, 2016, they will need to be enrolled by December 1.
Kansas 4-H will continue to use the online enrollment system this year and it will require everyone (Cloverbuds, 4-H Members, Registered Volunteers) to enroll online. The enrollment system will open on October 1. Here are some helpful hints and tips as you enroll your child(ren) and yourself (if a current or soon to be registered volunteer) online:

- Each family should have received a brochure from their 4-H club organizational leader with directions on how to re-enroll or enroll in the 4HOnline system.

- You will need to use either Google Chrome or Mozilla Firefox as your web browser. If you are using a Mac, iPad, iPhone, Android device, etc., you will still need to use Chrome or Firefox as Safari, Internet Explorer, or other browsers are not compatible.

- We strongly encourage a parent to enroll the 4-H member(s). This can be a joint effort with both the parent and youth. A parent will need to complete the health information online.

- Please make note of the email address and password you use (only one required per 4-H family). You may want to write it down and place it in a secure location. You will need this information for your child(ren) to add and drop projects, update information in case you move, re-enroll next year, etc.

- As you complete the enrollment process, PLEASE READ ALL of the directions thoroughly. DO NOT make assumptions.

- Be sure to allow enough time when you begin the enrollment process. You DO NOT have to complete the enrollment all in one setting. It will take an average of 20 minutes for a family with one child to enroll and approximately 5-7 minutes for each additional child (times are approximate). **Do not forget to hit the SUBMITT BUTTON to record the information in the 4HOnline system.**

- This year you will enroll in the Central Kansas District (not by county).

- The youth will need to be added as a volunteer if they are an officer, project leader, etc.

- ONLY Registered Volunteers (or potential registered volunteers) will need to enroll at the same time as their child(ren). They will need to indicate their volunteer status at that time.

- Be sure to have the list of projects your child(ren) want to enroll in when you get ready to enroll them. A list of the current projects should have been given to you by your organizational leader at the October 4-H meeting. If you have misplaced the list or were not at the October 4-H meeting, you may find a list of projects here [http://www.centralkansas.k-state.edu/4-h/](http://www.centralkansas.k-state.edu/4-h/) under 4-H Information. Youth must enroll in at least one project. **Do not forget to hit the SUBMITT BUTTON to record the addition of projects.**

- CLOVERBUDS will need to enroll online as well. They should select the “Cloverbud participant” as their project. If other projects are selected, they will be deleted before their enrollment is activated.

- No hard copy of the 4-H Participation Form will be required this year since the health information will be gathered through 4HOnline.
• Because each club is different with the items the new potential members and cloverbuds must meet, the Organizational Leaders will have to approve each 4-H member and cloverbud’s enrollment before we will accept the online enrollment. Therefore, families will not receive an “active” enrollment email until after October 15.

• No enrollment will be complete until the online enrollment and health information has been completed and accepted. **Please note: If 4-H members want to participate in 4-H Club Day on March 5, 2016, they will need to make sure to submit their online enrollment and health information by 11:59 p.m. on December 1.** DO NOT wait until the last minute to enroll!

• Since the Organizational Club Leaders will need to approve each 4-H member and cloverbud’s enrollment, leaders will be notified on December 2 of those who have completed the online enrollment. Organizational Leaders must let us know by Monday, December 7 who we can approve. Those individuals will then be able to participate in 4-H Club Day.

• **Do not forget to hit the SUBMITT BUTTON to record the information in the 4HOnline system anytime you make changes to a profile.**

• If you do not have a computer or access to the internet, you may go to your local library to enroll your child(ren).

• Once the enrollment is complete for everyone in your family, you are **strongly encouraged** to print out the enrollment information. In order to do this, go to the “Member List” window (as seen below) and select the member and report to run (Member – Enrollment History). This should be done **every time** you go into your profile and add or drop a project.

• ![Member/Volunteer List](image)

• ![Member Reports](image)

• ![Member - Enrollment History](image)

• You can go into your profile anytime throughout the year to add and drop projects.

• If you have any questions, please contact either Extension Office.

• ![4-H is awesome!!](image)
LION’S BBQ
Mark your calendars for the Annual Salina Downtown Lion’s BBQ, to be held Saturday, November 14, at the 4-H Building in Salina. All 4-H Clubs in the District are asked to help support the Lion’s Club by selling tickets to support this BBQ, as the Downtown Lions are big supporters of CKD 4-H. They support 4-H with scholarships for 4-H Camp, Citizenship Washington Focus, and Discovery Days. Just like last year, it is imperative that we help them with this fundraiser more than ever. 4-H members are encouraged to sell at least 2 tickets.

Help is needed for the BBQ!!! Two shifts are needed for November 14:

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We’d like to have at least three adults and five to six youth per shift. Younger members should be accompanied by an older teen leader or a parent. If members of your club will be able to help, please call the Salina Extension Office or email Carol at cmcraver@ksu.edu and let us know how many workers you will have and what shift you will be able to work. This is a big 4-H fundraiser put on by the Downtown Lions, so provide your support since the Lions provide theirs!

FLASH DEADLINES FOR 2015
If you have something you would like in the Flash, be sure to email it to semaass@k-state.edu. The deadline for the November Flash is Friday, October 9; December/January Flash is Thursday, November 5. Please note that the December and January 4-H Flash Newsletters will be combined.

HAPPY BIRTHDAY KANSAS! PHOTO CONTEST
Young people across Kansas are invited to discover and celebrate the people and places of Kansas through photographs. The photo contest is open to Kansas students from 1st through 12th grade. Winners will be announced as part of the state’s 155th birthday celebration on January 29, 2016, at the Kansas State Capitol in Topeka. Contest rules and the information for submitting photographs are available at http://happybirthdayks.org. Entries are being accepted from now through October 31, 2015.

CAN PROJECTS BE MADE AT SCHOOL?
Concerned about managing time and resources? You might consider combining 4-H and school projects. However, a few guidelines must be considered before combining, as a definite “yes” or “no” cannot be given across the board for all projects. To legitimize the option of projects serving dual roles answer the following questions:

1. Will you plan ahead of time to correlate the projects for better use of time and money?
2. Will the 4-H project you are enrolled in have a similar suggested learning requirements as your school class?
3. Will the project be a part of the suggested learning and/or requirements in both the 4-H project and school projects?

If you can honestly answer YES to the above questions, then you can legitimize combining the two projects.

HOWEVER…

1. If you wait to enroll in a 4-H project after the school project is completed and select a “project” that fits the completed school project…or
2. If you do no advanced planning but instead decide at the last minute to enter the completed school project at the fair because it’s done. . .then. . . the project is not considered eligible as a 4-H project.

Take time now and pre-plan…it will save confusion in the end.
LEADERSHIP OPPORTUNITIES

KANSAS YOUTH LEADERSHIP FORUM (KYLFF)
It is time to register for the Kansas 4-H Youth Leadership Forum at Rock Springs 4-H Center, November 20-22, 2015. The Forum is for youth ages 14-18, before January 1, 2016.

Details can be found at http://www.kansas4-h.org. Registration will be online and youth will select their workshops at this time. The fee of $200 per youth delegate or adult chaperone, participation forms and registration information are due on October 15 to the Local Extension Office. To be eligible for a scholarship through District 4-H Council, do not forget to complete the 4-H Council Scholarship Application (http://www.centralkansas.ksu.edu/ 4-H Youth Development, under 4-H’er Forms and Documents) and turn in to the Extension Office by the registration deadline. The cost with the scholarship application will be $150. There will be a $25 cancellation fee that will be charged to any 4-H member who decides not to attend after registering. This is not a local fee, but a state fee. The 4-H Council Scholarship WILL NOT cover this cancellation fee.

ATTENTION: 4-H COUNCIL CO-CHAIRS
Individuals who are currently serving as co-chairs of a 4-H Council Committee, please return your co-chair notebook (1 per committee) by October 9. If your committee is still active and working on events, you may turn in your notebook as soon as the event is over.

4-H COUNCIL COMMITTEES
The new 4-H year is quickly approaching...have you given thought to serving on a 4-H Council Committee? Committee request forms are now available on our website (http://www.centralkansas.ksu.edu/) or from your club leader. Applications will be due November 16, 2016 to either Extension Office. We need youth and adults to serve on all committees. You do not need to be a 4-H Council Representative to serve on a committee. What a great opportunity for developing youth-adult partnerships.

Committee selections are:
4-H Celebration of Achievements  FACS and Photography Judging  Tri-Rivers Fair
Agriculture Development  4-H Club Day  Ottawa County Fair
Finance and Fundraising  Promotion and Recruitment  Trips and Awards (Adults only)
Gavel Games/Model Meetings  Social

VOLUNTEER SCREENING ORIENTATION
The next Volunteer Screening Orientation is scheduled for Thursday, October 15, from 7-9 p.m. Online “RSVP” is required by Thursday, October 8, and location will be determined based on the pre-registrations. Individuals will be emailed the location of the orientation. The link can be found on the website (http://www.centralkansas.ksu.edu/4-h/) under Upcoming Events and Online Registration. If you do not have access to the web, please contact either Extension Office. If there are not enough individuals interested, it will be cancelled and those that sign up will be notified.

CITIZENSHIP WASHINGTON FOCUS (CWFF) 2016
Citizenship Washington Focus for 2016 will be held June 16-27. Each year, up to 46 Kansas 4-H youth and 5 adult sponsors get the opportunity to be a part of this extraordinary learning experience on the road to the heart of our nation’s capital. Any 4-H’er, 15-18 years of age (4-H age as of January 1, 2016) who is responsible, demonstrates leadership qualities, including self-discipline and sense of group responsibility, interested in returning home to apply citizenship concepts to their own lives and the lives of those around them, AND committed to sharing what they have learned should apply. Applications will be ONLINE again this year. Go to http://www.centralkansas.ksu.edu/ and click on 4-H Youth Development. On the right hand side there is a link to State 4-H Registration, click on the link and it will take you to the webpage where you can register. Registration will close January 15, 2016, or when spots are filled. A $250 deposit is required with the registration and should be turned in to either Extension office shortly after you register online. The total cost of this trip is $1,675 and will be due by April 15, 2016. The anticipated 4-H Council scholarship is $650, but that will not be known until after the January 4-H Council meeting. To be eligible for this scholarship, do not forget to complete the 4-H Council Scholarship Application (http://www.centralkansas.ksu.edu/ 4-H Youth Development, under 4-H’er Forms and Documents) and turn in to the Extension Office by the deadline or shortly after you register online.
THE CENTRAL KANSAS DISTRICT 4-H AMBASSADOR PROGRAM WANTS YOU!!!
Do you enjoy the 4-H program and all the opportunities it provides? Are you looking to take your leadership skills to the next level? Then the Central Kansas District 4-H Ambassador Program just might be for YOU!

We are looking for 4-H members who are interested in becoming 4-H Ambassadors. The Ambassadors represent and promote the 4-H program and help it grow! Some of the programs that the Ambassadors have assisted with are various things at the Fair, Achievement Banquet, Friends of 4-H Breakfast, Ag Awareness Day, etc.

The Ambassador Program is a large commitment for 4-H’ers and their families. Please take time to carefully consider the time commitment to the program and other requirements before applying. Interested 4-H’ers need to be in at least the 8th grade, interested in promoting the 4-H program and willing to make a two year commitment to the program.

Applications are available at either Extension Office or online at http://www.centralkansas.ksu.edu/4-h under 4-H'er Forms and Documents. Applications are due to either Extension Office no later than 5:00 p.m. on October 30, 2015. For more information about the ambassador program, contact a current Ambassador or the ambassador advisors, Amber Fouard at 785-342-0510 or amberfouard@gmail.com or Karla Arpin at 785-309-9080 or karla.arpin64@gmail.com.

OTTAWA COUNTY FAIRBOARD LOOKING FOR 4-H MEMBER AND ADULT REPRESENTATIVE
The Ottawa County Fairboard is looking for at least one 4-H member and one adult to serve as 4-H representatives to the Fairboard. They would be expected to attend the January/February and September meetings and help out at the fair. For more information or if you are interested in serving in this role, contact Eric Klein at 785-392-0368 or eric.klein@producershybrid.com.

Interested in serving as a Districtwide Leader for a project?
Let Sarah (semaass@k-state.edu) know by October 9.

LEADERSHIP
Leadership is an awe-inspiring trait that’s hard to define, yet easy to see in action. Some people seem to be born with it, but it’s something we must all learn and develop with practice.

What if Columbus had not led the ships west? What if George Washington had never led the troops against the British? What if the Wright Brothers had never led the way to flight? Every phase of life needs leaders, whether it is the coach of the livestock judging team, the principal at school, or the president of a 4-H club. 4-H members have a duty to use leadership in their clubs or within their project groups. These experiences will develop even stronger leadership that is essential to the future of Kansas and to the future of the United States.

Leadership develops the group as well as the individual. Leadership means service: helping others develop themselves and work with the group. The ability to work with others is one of life’s most difficult skills because it is hard to understand and to carry out so many different, complex ideas. But with improved skills in the areas of self-understanding, communication, learning to learn, working with groups, and managing resources, you too can be a leader!

CONGRATULATIONS TO ALL KANSAS STATE FAIR EXHIBITORS!!!
The Central Kansas District was well represented this year at the Kansas State Fair. Congratulations to all those who exhibited in 4-H Centennial Hall and the various activities and shows during the fair. Also, thank you to all of you who volunteered at the state fair. It couldn’t have been done without you!!!
DISTRICT 4-H PUMPKIN PATCH SOCIAL EVENT

- **When:** October 25
- **Where:** Sunny Side Pumpkin Patch, 11500 S. Hopkins Rd, Assaria
- **Time:** 4:00 p.m. – 6:00 p.m.
- **Cost:** $7 per person to get into the pumpkin patch. If you go to their website (http://www.sunnysidepatch.com) you can print off a coupon for $1 off admission.
- **Dinner:** FREE Dinner will run from 5:00-6:00 p.m. (It will be provided by the social committee and District 4-H Council funds. Hot dogs, chips, veggies, dessert and drinks.)
- **Pumpkin Decorating Contest** – Pumpkin contest judging will begin promptly at 5:45 p.m. The categories for the contest are: movies, Halloween, sports, and most creative. Bring your own supplies to decorate/carve your pumpkin. Pumpkins must be bought at the pumpkin patch and carved or decorated there.

We hope everyone will come out for a fun family event! Each club should submit RSVPs to Shaylee Arpin (shaylee.arpin@gmail.com) by October 15. Central Kansas District 4-H members may still attend the event after the RSVP date, but food is not guaranteed. Come enjoy fun games!

4-H COUNCIL FUNDRAISER—SALINA AREA CLUBS

Materials for the Red Wheel and Fudge (The Sweet Granada) Fundraiser were handed out to the Organizational Leaders at the September/October 4-H Leader Update. This is a fundraiser for 4-H Council which funds scholarships to 4-H Camp and other 4-H trips, pays for awards at the 4-H Celebration of Achievements, and more! Don’t forget that on the 4-H Council Scholarship Application there is a requirement of selling at least 3 items for any fundraiser to count on the application. Keep this in mind as you are selling the products. Also, do not forget that if you sell $300 or more worth of product, you will be eligible for the limo ride AND if you are one of the top ten sellers, you will receive a scholarship to attend a 4-H event.

FUNDRAISING AGAIN?! WHY?!

The first and most obvious goal of fundraising is gathering funds. It’s simply asking others to help us reach a financial goal we can’t reach by ourselves. The majority of funds raised in our district go toward scholarships. Through the generosity of others, kids of all ages get to participate in extraordinary programs to not only develop project knowledge but, more importantly, quality character skills. 4-H is second to none in developing confidence, social skills, communication skills, teamwork mentality, and respect for the world around them.

But there are also many other benefits to fundraising that often go unnoticed—because they benefit us the fundraisers, not just the kids receiving the funds.

Fundraising teaches us to see (and feel) the needs of others. District fundraising is not about gaining personal wealth, but about benefiting the entire group.

Being responsible for someone else’s money is another crucial lesson in fundraising. Accountability and trustworthiness are sorely lacking in many workplaces today, and should be essential character traits of all 4-H’ers. Correctly filling out an order form and delivering the final product in a timely manner are also responsibilities that each 4-H’er needs to perfect. The IRS appreciates little details like that.

While focusing on helping others should be a priority, there is also something to say for personal effort put forth to reach a goal. A child who wants to attend a national 4-H event should not just expect a thousand dollar hand out just because they asked. That child should be putting forth the most effort, doing their part to fund that goal. The goals we work the hardest to accomplish are the experiences we learn the most from and remember the longest.

Fundraising is not just about money. There is so much more we can gain from it, if we invest the time in doing it like a 4-H’er should.
EXCHANGE TRAVEL OPPORTUNITIES FOR 4-H’ERS IN 2016
States’ 4-H International Exchange Programs (States’ 4-H) has issued flyers with details for outbound exchanges to Japan, Korea, and Norway. Costa Rica is expected to sign an agreement, and a flyer will be made available when they do. All the flyers will be posted to the new Kansas 4-H web site when it goes online in late September. Please go to http://www.kansas4-h.org for more information. The application will be posted to the web site and will be due November 1.

Dates for the States’ 4-H Exchanges in 2016 are:
South Korea—July 15-August 10 (+/- 1 day)
Japan 8-Week—June 15-August 11
Japan 4-Week—July 13-August 11
Norway—June 29-July 31
Costa Rica—(tentative) June 23-July 22

Japan and South Korea exchanges allow youth 12-18. Outbound programs to Norway and Costa Rica are for 15-18 year-olds.

SALINE COUNTY 4-H DEVELOPMENT FUND PHONE-A-THON
The Annual Saline County 4-H Development Fund Phone-a-Thon will be held on October 6, so when your phone rings that evening, be prepared to make a donation! Remember that the development fund provides camp scholarships, college scholarships and grants. Your donations help support 4-H!

Find the heart of 4-H

2015 NORTH CENTRAL REGION 4-H VOLUNTEER AND TEEN LEADER E-FORUM
Get energized as you network with volunteers, teen leaders, county-based staff and state specialists from the 12 states in the North Central Region! Leave with new ideas you can use to infuse heart into your 4-H programs!
These e-Forums will count as a leadership training for our teens on their pin applications.

The Heart of Belonging
October 8, 6 p.m. (Register by October 4)
Learn how to guide youth in developing a list of club or group expectations that accommodates all members, to support youth with special needs, and discover resources to help you in your role as a caring adult. Leave with activities that will help you foster positive behavior, belonging, and inclusion in your club!

The Heart of Community
November 5, 6 p.m. (Register by November 1)
Volunteers in this session will be prepared to help youth find their voices as they become actively engaged in their communities. The session will include resources and models to incorporate mastery, belonging, generosity, and independence as you include citizenship activities in 4-H settings.

Encouraging the Heart of Leadership
December 3, 6 p.m. (Register by November 29)
Young people do not magically become leaders at age 13! Leadership is nurtured from their first 4-H experience. You’ll receive tools to help inspire youth of all ages to discover and develop independence and mastery.

To register for the e-Forum go to http://www.centralkansas.ksu.edu/4-h/ and click on the link under Upcoming Events & Online Registration. Register for each e-Forum you plan to attend at least 4 days prior to the e-Forum. All e-Forums will be held in Room 109 at the Salina Extension Office. If we do not have enough individuals to make a go of an e-Forum, only those who register will be notified. The 2015 4-H Volunteer e-Forum has been developed and provided by the 12 states of the North Central Region.
**What is 48 Hours of 4-H?**
Kansas 4-H members are proud of the communities they call home. Whether they live in cities, towns, or rural areas, 4-H members make their communities better year round. 48 Hours of 4-H was created as a way to challenge 4-H members to explore their service capabilities — “To Make the Best Better” in their communities, extension units, and across the state.

**When will 48 Hours of 4-H take place?**
48 Hours of 4-H will be on October 10 and 11.

**Who can participate?**
Anyone can participate in 48 Hours of 4-H. 4-H members are encouraged to ask their friends and family to participate in this service challenge. Know someone who is a 4-H alum? Ask them to join you in this service weekend.

**How can I participate and give back?**
The Central Kansas District 4-H Council will host a service activity on both days. Everyone is asked to sign up to participate at http://tinyurl.com/48Hoursof4H by Wednesday, October 7.

- **Fidget Quilts, Saturday, October 10**
  - We will be sewing the tops for the fidget quilts. The fidget quilts will stay in the Central Kansas District Communities and will be distributed to facilities that care for patients with Alzheimer’s.
  - The time frame for this project is 9 a.m. – 12 p.m. This is a come and go service project.
  - We will meet at Trinity Lutheran Church, corner of 9th and Crawford Streets, Salina.
  - Participants are asked to wear a 4-H t-shirt to this service event.

- **Improving the Ottawa County Fairgrounds, Sunday, October 11**
  - We will be painting and possibly building some structures.
  - The time frame for this project is 2 – 4 p.m.
  - Please dress appropriately for the service project. Remember you are representing 4-H.
  - Central Kansas District 4-H is partnering with the Ottawa County Fairboard and Solomon Valley 4-H Club for this project.

**What if my club is already doing a project?**
You are encouraged to participate with your 4-H Club. However, you can participate in any of the District service projects as well.

**What if I cannot participate in the service projects already scheduled?**
Projects can be done on an individual or family basis. Choose a service project on your own and plan to do it during October 10 or 11.

**Social Media**
If you are on Facebook and/or Twitter, be sure to promote 48 Hours of 4-H by using #484H in your posts.

**Invite your friends to join you during these hours of service.**

K-State Research and Extension is an equal opportunity provider and employer. K-State Research and Extension is committed to making its services, activities, and programs accessible to all participants. If you have special requirements due to a physical, vision or hearing disability, please contact Sarah Maass at 785-309-5850.
CREATIVE THREADS
Anyone interested in sewing with Mary Bernhardt for the 2015-16 4-H year needs to email her (mary_bernhardt@cox.net) by December 1. Information she will need you to send her is:
- 4-H member name
- Age
- Parent name
- Cell number for the parent
- What evenings work best for sewing
- What clothing/garment the 4-H member is interested in making (pants, skirt, top, dress, coat, etc.)

K-9 CAPERS NEWS
If you would like to arrange a District meeting in your area please have your local project leader contact caninecapers4h@yahoo.com.

The last quiz bowl practices will be held on October 6 (Salina Office, Room 109) and 13 (Location TBD). Practices will start at 6 p.m. If you have any question, please email caninecapers4h@yahoo.com. This email address is checked frequently.

MY FINANCIAL FUTURE
4-H developed a new curriculum to assist youth in developing critical skills and knowledge in money management. "My Financial Future" seeks to directly help young people develop the skills they will need to successfully manage their personal and perhaps business finances. Many 4-H project areas incorporate financial record-keeping into the curriculum. This curriculum makes financial literacy a central focus of learning with a strong emphasis on setting and achieving financial SMART goals; holding yourself accountable to financial decisions and consequences; and knowing your rights and responsibilities as a consumer.

When: Nov 2 - 30th, 2015
Monday evenings for 5 weeks from 6:30 - 8:00 pm

For more information, email Stefany Kaniper at skaniper@farmersagent.com or visit http://salinapubliclibrary.org/class to register.

NATIONAL 4-H WEEK DETAILS
National 4-H Week will be held October 4-10, 2015. What will your club do to celebrate this week? On the District level, this year we will be having 4-H week celebration at the Central Mall on Sunday, October 4 from 1:00 to 4:00 p.m. Each table will be represented by a project. We will be combining the Clubs to promote each project. Dogs and rabbits will be allowed at the Mall as long as they are either in a crate or on a leash at all time. Please contact Bonnie Anderson (bonblue1@gmail.com) with the Promotion and Recruitment committee if you would like to share your projects by September 20.

MAKE IT YOURSELF WITH WOOL
Are you in the clothing project and like to sew? Why not enter the Make It Yourself With Wool Contest? Garments must be made from a minimum of 60% loomed, knitted or felted wool fabric or yarn. Individuals of all ages may enter, including adults. Kansas is a state only contest with no district qualifier. The 2015 contest will be held on November 1, at Kansas State University with a registration deadline of October 12. Be sure and check their website for more information http://www.kansassheep.com/miyww.html. Email Deb Gordon at debgordonks@gmail.com to receive an entry form.
SPECIAL THANK YOU TO THE 2014-15 ORGANIZATIONAL LEADERS
A big thanks going out to all the individuals who are volunteering their time as Organizational Leaders for the new 4-H year! AND many thanks to those who donated their time during the 14-15 year. Without you the 4-H program in CKD would not be successful! Members, take a moment to thank your Organizational Leaders at your next club meeting! The following is a list of the organizational leaders from last 4-H year (14-15):

Boldly Go: Robyn Prickett, Gayle Pfannenstiel  
Cardinal: Misty Holmes, Michelle Hynes, Valeri Lewin  
Delphos: Curtis McKain, Vicki Walker  
Friendly Valley: Cheryl Spare, Ingrid Pohl, Darah Isaacson,  
Gypsum Valley: Jennifer Wangerin, Genny Hall, Angie Redden, Keri Breeding  
Livewires: Annie Perry  
Pleasant Valley: Melanie Ohlson, Michelle Johnson  
Rolling Meadows: Lori Persigehl, Veronica Morrical, Tamara Wallace  
Smoky View: Jodi Norberg, Kate Littich, Rhonda Mullen, Kylie Lofdahl, Cecilia Clemence, Jamie Trautwein  
Solomon Valley: Jennifer Nichols  
Stoney Ridge: Michelle Griffin, Brandi Schneider, Nikki Davenport  
Sunny Valley: Myra & Steve George, Jeff Easter and Monica Bachamp  
Willing Workers: Susan Stolzenburg  
Woodsdale: Melissa Baccus, Janice Vance, D.D. Malmberg

KANSAS 4-H VOLUNTEER FORUM
Kansas 4-H Volunteer Forum will be held November 20-22, 2015, Rock Springs 4-H Center. The Kansas Association of 4-H Volunteers (KA4-HV) is hard at work planning an outstanding Volunteer Forum for all Kansas 4-H Volunteers. This year the forum will feature training from the Kansas Leadership Center. The registration cost will be $200. To register, please go to http://www.kansas4-h.org. The online registration deadline is October 15. There will be a $25 cancellation fee that will be charged to any 4-H member who decides not to attend after registering. This is not a local fee, but a state fee. 4-H Council has a limited number of $30 scholarships provided for the adult volunteers to help offset the cost of the registration cost. This scholarship will not pay for the $25 cancellation fee.

The Kansas Volunteer Forum continues to be a part of the Kansas 4-H Leadership Weekend. The Volunteer Forum has a new format this year. The Kansas Leadership Center staff will be the main presentation at the KVF.

The program is sponsored by the Kansas 4-H Foundation. In addition, the Foundation recognizes that this concept takes practice and experimentation so volunteers will be invited to continue learning about KLC throughout 2016. Monthly sessions will be available to volunteers with no registration or training fee through the generosity of Kansas 4-H donors and the direction of the Kansas 4-H Foundation Board of Trustees.

Kansas Leadership Center staff will share the KLC core curriculum that equips people with the ability to make lasting change for the common good. KLC is different in the field of leadership development with its focus on leadership as an activity, not a role or position. KLC envisions more Kansans sharing responsibility for acting together in pursuit of the common good. Come learn how these principles can help move the work of Kansas 4-H forward.

KLC Principles:
• Leadership is an activity, not a particular role or position.
• Anyone can lead, anytime, anywhere.
• It starts with you and must engage others.
• Your purpose must be clear.
• It’s risky.

KLC Competencies:
• Diagnose Situation
• Manage Self
• Intervene Skillfully
• Energize Others
EXTRA

NEWS FOR CENTRAL KANSAS DISTRICT ORGANIZATIONAL LEADERS

OCTOBER CHECK-UP
____Passed along the Organizational Leader Notebook and materials to the new Organizational Leaders.
____Ask friends and families to attend a 4-H meeting.
____New Family Coordinator ready to welcome the visitors at the next 4-H meeting.

Review
____4-H Flash read and important dates marked on calendar.
____Highlight key points from the 4-H Flash at club meeting.

To-Do
____4-H Week activities planned.
____Participate in 4-H Week Activities.
____Orientate and have new 4-H parents complete the Volunteer Service Application and make arrangements to attend Volunteer Screening Orientation.
____Conduct new membership drive/enrollment fair.
____Club Project selected by members.
____Volunteers encouraged to complete the Volunteer Service Application or Renewal Form.
____Members praised for selling Downtown Lions’ BBQ tickets. Don’t forget to turn in the money and unsold tickets by Friday, October 30, to either Extension Office. Also, don’t forget to help recruit individuals to help at the Lions BBQ on November 14.
____Check club mailbox at the Extension Office.
____Create goals for the new club year.
____Have members sign up for club committees.
____Inform families of the online registration change. Registration opens October 1.
____Enrollment of Volunteers, complete Volunteer Forms all ONLINE through 4HOnline.
____Orientate Project Leaders.
____Encourage New Family Coordinator, Parent Leader Trainer, etc. to begin to work.
____Start Red Wheel and Sweet Granada Sales (Salina Area).

Promote/Recruit
____Parents’ Committee organized and working; recruiting project leaders.
____Promote 4-H Celebration of Achievements and explain the RSVPs.
____Recruit Financial Review Committee.

Remember
____Enrollment information to be given during Organizational Leaders’ Update. Online Enrollment Open, October 1.
____Officers and Club Management forms available at Organizational Leaders’ Update.
____Upon completion of enrollment, Districtwide Project Leaders given list of 4-H’ers enrolled in projects.
____RSVPs due for the 4-H Celebration of Achievements, October 30. The Salina Downtown Lions Club pays for each reservation regardless if individuals attend.
____National 4-H week is the first full week in October.

END OF THE YEAR FINANCIAL REVIEW
The end of July, all organizational leaders should have received a letter from Sarah with information about the 2014-15 Financial Review. Remember, the report is due to either Extension Office by November 15, but since the 15th falls on a Sunday, they are due November 16 at 5 p.m. The Financial Review Form is posted online for your convenience under Organizational Leaders. If you have any questions, please contact Sarah.
BUILDING STRONG 4-H CLUBS

The First Impression...clubs have only one chance to make a first impression! Let’s hope it’s a positive impression because if new members don’t feel comfortable right way with the club they won’t come back. Therefore, let’s make a plan to have a welcoming environment where young people and adults feel accepted.

❖ Create a plan for welcoming new members...this may include assigning an adult volunteer or family to serve as the club’s New Family Coordinator.
❖ The New Family Coordinator arrives early to meet the members and guests at the door. They might even have name tags available for members and a "4-H Greet Sheet" http://www.kansas4-h.org/Resources/Clubs/GreetSheet.doc for the guests.
❖ During the 4-H club meeting, the New Family Coordinator introduces the guests and assists them in understanding what is happening.
❖ After the meeting, the New Family Coordinator may follow-up with a postcard, phone call or email for thanking the guests for attending and answering questions.
❖ If guests become members, the New Family Coordinator can explain and answer questions about 4-H. The New Family Coordinator can become the new member’s life-line to the 4-H club.

Providing a welcoming environment for new members keeps a club growing and thriving. Interested in learning more about the New Family Coordinator the Strengthening 4-H Club resources www.kansas4-h.org/Resources/Clubs/

Taken from the May, 2008, Kansas 4-H Tipsheet

4-H MEMBERSHIP AND RECRUITING

Anytime of the year is a good time to talk to people about 4-H, but the beginning of a new 4-H year is the perfect time to recruit new club members! 4-H membership is open to all boys and girls between the ages of 7 and 18 (4-H age, before January 1, 2016. If a youth turns 7 after January 1, 2016, then he/she is considered a cloverbud until the next 4-H year.). 4-H does not discriminate on the basis of race, color, national origin, religion, sex or disability. A member may join anytime during the year. Any 4-H member who turns 19 before January 1, 2016 may not rejoin for the 2015-16 4-H year. If you have potential members who have visited your club, please let the Extension Office know the child’s name, address, age, phone number and parents’ name. Also remember that you can pick up visitor and new member packets at either Extension Office.

CLOVERBUD POLICIES
❖ To be eligible to participate, a child must have celebrated his or her 5th or 6th birthday before January 1 of the current 4-H year. When a child reaches the age of eligibility for traditional 4-H programs (age 7 or older before January 1 of the current 4-H year), the child and his or her parent(s) or guardian(s) can decide whether to transition their child into 4-H club membership.
❖ Must complete 4HOnline enrollment.
❖ May exhibit items at the county fair under the Cloverbud Division — may receive a Cloverbud ribbon, no premium.
❖ Membership is not counted toward 4-H years.
❖ Districtwide meetings will be held at the Salina Extension Office and will be adjusted as needed. Look for information in the Flash.
❖ Kansas 4-H Cloverbuds are not allowed to exhibit livestock. The 4-H Cloverbuds program is tailored to youth, with concerns for a child’s physical, mental and emotional development. The physical difference in stature between a child and livestock can endanger a child. A child’s maturity level and lack of understanding of animal behaviors also can increase the risk to the child. While a child may seem capable of handling livestock on the family farm and/or in familiar settings, managing livestock in a public setting can add stress and increase the risks for the child, the livestock and others who may be in the area. Allowing a young child to exhibit livestock in a public arena also increases the liability for all concerned.
❖ For more information on the Cloverbud Program and for a Question & Answer sheet, go to http://www.centralkansas.ksu.edu, click on 4-H Youth Development, Cloverbuds.
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<td>14 – Lion’s BBQ</td>
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<td>1 – 4-H Online opens for enrollment &amp; re-enrollment</td>
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<td>15 – 4-H Celebration of Achievements</td>
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<td>4-H PDC Youth Apps. due</td>
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<td>16 – Financial Review due</td>
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<td>4 – 4-H Week Celebration at Central Mall, 1-4 p.m.</td>
<td>5 – 6</td>
<td>6 – K-9 Capers quiz bowl practice, 6 p.m., Salina, room 109</td>
<td>7 – 48 Hours of 4-H sign up due</td>
<td>8 – Volunteer Screening Orientation RSVP due</td>
<td>9 – November Flash items due to Sarah</td>
<td>10 – 48 Hours of 4-H, Fidget quilts, 9 a.m. – 12 p.m., Trinity Lutheran Church, Salina</td>
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<td>Saline County 4-H Development Fund Phone-A-Thon</td>
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<td>Volunteer e-Forum “The Heart of Belonging” 6:00 p.m., Salina, room 109</td>
<td>4-H Council Co-chair notebooks due</td>
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<td>DW project leader names due</td>
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<td>11 – 48 Hours of 4-H, Ottawa County Fairgrounds, 2-4 p.m.</td>
<td>12 – 13</td>
<td>13 – K-9 Capers quiz bowl practice, 6 p.m., location TBD</td>
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<td>Salina Office Closed Make It Yourself with Wool reg. due</td>
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<td>Volunteer Screening Orientation, 7-9 p.m., location TBA</td>
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<td>Pumpkin Patch Social RSVP due to Shaylee</td>
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<td>Kansas 4-H Volunteer Forum &amp; KYLF reg. due</td>
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<td>DW Pumpkin Patch Social, Sunnyside Pumpkin Patch, Assaria, 4-6 p.m.</td>
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