4-H Year __________

MEMBER 4-H RECORD BOOK CHECK SHEET
(Complete and insert inside front cover of your 4-H record book)

NAME ____________________________ AGE __________

CLUB ____________________________ TOTAL (YES) RESPONSES __________

RECORD BOOK

YES NO
1. Personal Information Page information completed and signed.
2. Permanent Record complete and up-to-date.
3. Project Award Applications completed for all projects enrolled.
4. 4-H Project Reflection (formerly known as 4-H Story) completed.
5. Attended majority of regularly scheduled club meetings held (50% + 1).
6. Attended majority of project meetings held (50% + 1).

4-H CLUB PARTICIPATION

YES NO
7. Presented project talk to 4-H club or at a project meeting.
8. Presented demonstration or illustrated talk to 4-H club or at a project meeting.
9. Presented a sharing presentation at club meeting, not related to current project enrollment (i.e., reading a poem & not enrolled in reading). Recommended for 1st & 2nd year 4-H members, 10 years old & younger.
10. Attended a 4-H judging school or contest at club level.
11. Participated in club leadership workshop.
12. Attended club officers’ training.
13. Participated in club exchange meeting.
14. Participated in the Club Achievement Program.
15. Participated in a club special activity (tour, party, 4-H Sunday ceremony, etc.) not previously mentioned.

DISTRICT PARTICIPATION

YES NO
25. Presented talk (project, public speaking, sharing) or demonstration during 4-H Club Day.
26. Participated on a Gavel Games or Model Meeting team at the District contest.
27. Participated in a talent division at the District 4-H Club Day contest.
28. Assisted at 4-H Club Day (room monitor, set-up, clean-up, etc.).
29. Presented a talk or demonstration at a District Project Meeting.
30. Made presentation to non-4-H group (civic, business, school, church groups, etc.).
31. Prepared and presented a public service announcement promoting 4-H (i.e., radio, TV, social media).
32. Assisted with 4-H Week Promotion (radio, project fair, public presentation, social media, etc.).
33. Participated in District judging contest or judging school.
34. Participated in a District Leadership Workshop.
35. Participated in District Officers Training
36. Attended 4-H District 4-H Celebration of Achievements Program.
37. Worked at the District 4-H Youth Service Day event.
38. Participated in a District 4-H Council fundraiser (i.e., Red Wheel/Fudge, Pop/Concession Stand, etc.).
39. Sold Lions BBQ tickets or worked during the Lion’s BBQ.
40. Worked Ottawa County 4-H Foundation or Saline County 4-H Development Fund fundraiser (i.e., fund drive, phone-a-thon, etc.).
41. Assisted District 4-H Agent or helped at Extension Office.
42. Attended a District 4-H Camp as a camper (Day Camp, Fair Fun Day, Oz-some 4-H Camp-Rookie or Regular Camp).
43. Served as Camp Counselor at Rock Springs, Day Camp, or Fair Fun Day.

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44. Served and worked on District 4-H Council Committee.
45. Co-chaired District 4-H Council Committee.
46. Applied and interviewed for District 4-H Ambassador.
47. Exhibited at the County Fair.
48. Received a Purple at the County Fair or 4-H Club Day.
49. Assist at the other county fair in the District in which you do not exhibit (i.e., if you exhibit at the Ottawa County Fair, and you assist at the Tri-Rivers Fair).
50. Modeled in Public Fashion Revue at County Fair.
51. Listed and served as an Assistant or Superintendent at County Fair.
52. Assisted with County Fair other than as a superintendent (set-up, clean-up, building monitor, etc.).
53. Participated in County Fair activity not previously mentioned (parade, fair fun day, ag olympics, etc.).
54. Assisted with 4-H sponsored “Spring” or “Invitational” Show (dog show, etc.).
55. Completed a Project Award Application (formerly known as KAP) for competition on the District Level.
56. Served and listed as Screened Volunteer District project leader or assistant leader.
57. Interview for District recognition or activity (i.e., King/Queen, camp counselor, outstanding 4-H member, etc.).
58. Held an office in District 4-H Council.

REGIONAL (BEYOND THE DISTRICT LEVEL, MULTI-COUNTY) PARTICIPATION

YES NO
59. Attended Regional 4-H Club Day as a contestant (i.e., Gavel Games, Model Meetings, Demonstration, etc.).
60. Attended a Regional leadership training.
61. Exhibited at a 4-H sponsored Regional invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.).
62. Participated in a non 4-H sponsored Regional invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.).
63. Attended 4-H sponsored Regional workshop, tour, or event.
64. Project Award Application (formerly known as KAP) competed in Regional screening.
65. Assist at another county fair outside of the District.

STATE OR NATIONAL PARTICIPATION (for items 63-65, each event attended is worth 1 point)

YES NO
66. Attend a State 4-H youth conference (i.e., Discovery Days, Ambassador Weekend, Citizenship In Action (CIA), Kansas Youth Leadership Forum (KYLF), Campference, etc.).
   a. ___________________________  c. ___________________________
   b. ___________________________  d. ___________________________
67. Attended a State specialty camp (i.e., Photography, Clothing, Shooting Sports, STEM, etc.)
   a. ___________________________
   b. ___________________________
   c. ___________________________
   d. ___________________________
68. Attended a National 4-H Youth Conference (i.e., 4-H Conference, 4-H Congress, Citizenship Washington Focus (CWF)).
   a. ___________________________
   b. ___________________________
   c. ___________________________
   d. ___________________________
69. Attended 4-H sponsored State workshop, tour, or event (not already mentioned in this section).
70. Participated in exchange trip with another state, hosted or traveled.
71. Hosted an exchange student from another country (Japan, IFYE, etc.).
72. Traveled as an exchange student to another country through the 4-H program.
73. Exhibited at the Kansas State Fair.
74. Listed and served as Kansas State Fair Volunteer.
75. Participated in a non 4-H sponsored State or National invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.).
76. Participated as a team member on a 4-H State judging team or as an individual.
77. Served on State Action Team.
78. Project Award Application (formerly known as KAP) competed in State screening.
79. Served in a leadership role at a state or national 4-H event not already mentioned in this section (i.e., counselor at Camp Corral, presented at a state workshop, etc.).

Comments—Make any comments, concerning book–neat, accurate, readable, complete, project goals met, etc.