

## MEMBER 4-H RECORD BOOK CHECK SHEET

(Complete and insert inside front cover of your 4-H record book)

NAME \_\_\_\_\_ AGE \_\_\_\_\_

CLUB \_\_\_\_\_ TOTAL (YES) RESPONSES \_\_\_\_\_

**RECORD BOOK**

YES NO

- \_\_\_\_\_ 1. Personal Information Page information completed and signed.
- \_\_\_\_\_ 2. Permanent Record complete and up-to-date.
- \_\_\_\_\_ 3. Project Award Applications completed for all projects enrolled.
- \_\_\_\_\_ 4. 4-H Project Reflection (formerly known as 4-H Story) completed.
- \_\_\_\_\_ 5. Attended majority of regularly scheduled club meetings held (50% + 1).
- \_\_\_\_\_ 6. Attended majority of project meetings held (50% + 1).

**4-H CLUB PARTICIPATION**

YES NO

- \_\_\_\_\_ 7. Presented project talk to 4-H club or at a project meeting.
- \_\_\_\_\_ 8. Presented demonstration or illustrated talk to 4-H club or at a project meeting.
- \_\_\_\_\_ 9. Presented a sharing presentation at club meeting, not related to current project enrollment (i.e., reading a poem & not enrolled in reading). Recommended for 1<sup>st</sup> & 2<sup>nd</sup> year 4-H members, 10 years old & younger.  
List: \_\_\_\_\_
- \_\_\_\_\_ 10. Attended a 4-H judging school or contest at club level.
- \_\_\_\_\_ 11. Participated in club leadership workshop.
- \_\_\_\_\_ 12. Attended club officers' training.
- \_\_\_\_\_ 13. Participated in club exchange meeting.
- \_\_\_\_\_ 14. Participated in the Club Achievement Program.
- \_\_\_\_\_ 15. Participated in a club special activity (tour, party, 4-H Sunday ceremony, etc.) not previously mentioned.  
List: \_\_\_\_\_
- \_\_\_\_\_ 16. Participated in club service learning activity. Service Learning engages 4-H members in a project that blends the learning goals and a service project together.
- \_\_\_\_\_ 17. Participated in a club fundraiser.
- \_\_\_\_\_ 18. Worked on a club committee.
- \_\_\_\_\_ 19. Served as a chair or co-chair for club committee.
- \_\_\_\_\_ 20. Served as club assistant project leader and registered at Extension Office.
- \_\_\_\_\_ 21. Served as a screened volunteer project leader for club.
- \_\_\_\_\_ 22. Participated in 48 Hours of 4-H in October through a club community service project.
- \_\_\_\_\_ 23. Held an office in the 4-H club.
- \_\_\_\_\_ 24. Prepared and presented a public service announcement promoting 4-H (i.e., radio, TV, social media).

| <b><u>Age 7-8</u></b>          |        |
|--------------------------------|--------|
| 1-10                           | White  |
| 11-16                          | Red    |
| 17-29                          | Blue   |
| 30+                            | Purple |
| <b><u>Age 9-12</u></b>         |        |
| 1-12                           | White  |
| 13-20                          | Red    |
| 21-34                          | Blue   |
| 35+                            | Purple |
| <b><u>Age 13 and older</u></b> |        |
| 1-15                           | White  |
| 16-25                          | Red    |
| 26-39                          | Blue   |
| 40+                            | Purple |

**DISTRICT PARTICIPATION**

YES NO

- \_\_\_\_\_ 25. Presented talk (project, public speaking, sharing) or demonstration during 4-H Club Day.  
List: \_\_\_\_\_
- \_\_\_\_\_ 26. Participated on a Gavel Games or Model Meeting team at the District contest.
- \_\_\_\_\_ 27. Participated in a talent division at the District 4-H Club Day contest.
- \_\_\_\_\_ 28. Assisted at 4-H Club Day (room monitor, set-up, clean-up, etc.).
- \_\_\_\_\_ 29. Presented a talk or demonstration at a District Project Meeting.
- \_\_\_\_\_ 30. Made presentation to non-4-H group (civic, business, school, church groups, etc.).
- \_\_\_\_\_ 31. Prepared and presented a public service announcement promoting 4-H (i.e., radio, TV, social media).
- \_\_\_\_\_ 32. Assisted with 4-H Week Promotion (radio, project fair, public presentation, social media, etc.).
- \_\_\_\_\_ 33. Participated in District judging contest or judging school.
- \_\_\_\_\_ 34. Participated in a District Leadership Workshop.
- \_\_\_\_\_ 35. Participated in District Officers Training
- \_\_\_\_\_ 36. Attended 4-H District 4-H Celebration of Achievements Program.
- \_\_\_\_\_ 37. Worked at the District 4-H Youth Service Day event.
- \_\_\_\_\_ 38. Participated in a District 4-H Council fundraiser (i.e., Red Wheel/Fudge, Pop/Concession Stand, etc.).
- \_\_\_\_\_ 39. Sold Lions BBQ tickets or worked during the Lion's BBQ.
- \_\_\_\_\_ 40. Worked Ottawa County 4-H Foundation or Saline County 4-H Development Fund fundraiser (i.e., fund drive, phone-a-thon, etc.).
- \_\_\_\_\_ 41. Assisted District 4-H Agent or helped at Extension Office.
- \_\_\_\_\_ 42. Attended a District 4-H Camp as a camper (Day Camp, Fair Fun Day, Oz-some 4-H Camp-Rookie or Regular Camp).
- \_\_\_\_\_ 43. Served as Camp Counselor at Rock Springs, Day Camp, or Fair Fun Day.

- 44. Served and worked on District 4-H Council Committee.
- 45. Co-chaired District 4-H Council Committee.
- 46. Applied and interviewed for District 4-H Ambassador.
- 47. Exhibited at the County Fair.
- 48. Received a Purple at the County Fair or 4-H Club Day.
- 49. Assist at the other county fair in the District in which you do not exhibit (i.e., if you exhibit at the Ottawa County Fair, and you assist at the Tri-Rivers Fair).
- 50. Modeled in Public Fashion Revue at County Fair.
- 51. Listed and served as an Assistant or Superintendent at County Fair.
- 52. Assisted with County Fair other than as a superintendent (set-up, clean-up, building monitor, etc.).
- 53. Participated in County Fair activity not previously mentioned (parade, fair fun day, ag olympics, etc.).
- 54. Assisted with 4-H sponsored "Spring" or "Invitational" Show (dog show, etc.).
- 55. Completed a Project Award Application (formerly known as KAP) for competition on the District Level.
- 56. Served and listed as Screened Volunteer District project leader or assistant leader.
- 57. Interview for District recognition or activity (i.e., King/Queen, camp counselor, outstanding 4-H member, etc.).
- 58. Held an office in District 4-H Council.

**REGIONAL (BEYOND THE DISTRICT LEVEL, MULTI-COUNTY) PARTICIPATION**

- | <b>YES</b>               | <b>NO</b>                |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 59. Attended Regional 4-H Club Day as a contestant (i.e., Gavel Games, Model Meetings, Demonstration, etc.).                          |
| <input type="checkbox"/> | <input type="checkbox"/> | 60. Attended a Regional leadership training.  |
| <input type="checkbox"/> | <input type="checkbox"/> | 61. Exhibited at a 4-H sponsored Regional invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.).        |
| <input type="checkbox"/> | <input type="checkbox"/> | 62. Participated in a non 4-H sponsored Regional invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.). |
| <input type="checkbox"/> | <input type="checkbox"/> | 63. Attended 4-H sponsored Regional workshop, tour, or event.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 64. Project Award Application (formerly known as KAP) competed in Regional screening.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 65. Assist at another county fair outside of the District.  |

**STATE OR NATIONAL PARTICIPATION (for items 63-65, each event attended is worth 1 point)**

- | <b>YES</b>               | <b>NO</b>                |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 66. Attend a State 4-H youth conference (i.e., Discovery Days, Ambassador Weekend, Citizenship In Action (CIA), Kansas Youth Leadership Forum (KYLf), Campference, etc.).     |
|                          |                          | a. _____  |
|                          |                          | b. _____  |
|                          |                          | c. _____  |
|                          |                          | d. _____  |
| <input type="checkbox"/> | <input type="checkbox"/> | 67. Attended a State specialty camp (i.e., Photography, Clothing, Shooting Sports, STEM, etc.)  |
|                          |                          | a. _____  |
|                          |                          | b. _____  |
|                          |                          | c. _____  |
|                          |                          | d. _____  |
| <input type="checkbox"/> | <input type="checkbox"/> | 68. Attended a National 4-H Youth Conference (i.e., 4-H Conference, 4-H Congress, Citizenship Washington Focus (CWF)).  |
|                          |                          | a. _____  |
|                          |                          | b. _____  |
|                          |                          | c. _____  |
|                          |                          | d. _____  |
| <input type="checkbox"/> | <input type="checkbox"/> | 69. Attended 4-H sponsored State workshop, tour, or event (not already mentioned in this section).  |
| <input type="checkbox"/> | <input type="checkbox"/> | 70. Participated in exchange trip with another state, hosted or traveled.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 71. Hosted an exchange student from another country (Japan, IFYE, etc.).  |
| <input type="checkbox"/> | <input type="checkbox"/> | 72. Traveled as an exchange student to another country through the 4-H program.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 73. Exhibited at the Kansas State Fair.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 74. Listed and served as Kansas State Fair Volunteer.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 75. Participated in a non 4-H sponsored State or National invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.).                                |
| <input type="checkbox"/> | <input type="checkbox"/> | 76. Participated as a team member on a 4-H State judging team or as an individual.  |
| <input type="checkbox"/> | <input type="checkbox"/> | 77. Served on State Action Team.  |
| <input type="checkbox"/> | <input type="checkbox"/> | 78. Project Award Application (formerly known as KAP) competed in State screening.  |
| <input type="checkbox"/> | <input type="checkbox"/> | 79. Served in a leadership role at a state or national 4-H event not already mentioned in this section (i.e., counselor at Camp Corral, presented at a state workshop, etc.). |

**Comments**---Make any comments, concerning book--neat, accurate, readable, complete, project goals met, etc.