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For more information about the Central Kansas District 4-H Program, please visit: [http://www.centralkansas.ksu.edu/4-H](http://www.centralkansas.ksu.edu/4-H)

Central Kansas District 4-H

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K-State Research and Extension is an equal opportunity provider and employer.
How do I decide what Club to join?—If your child is interested in joining 4-H, your family is encouraged to visit a few clubs to help you select the club that is the best fit for your family and child. There are 12 clubs in the Central Kansas District (CKD). You may choose one because it’s closer to the area where you live, your child knows a 4-H member in the club or because they have a lot of members interested in the same project(s) as your child.

How much does it cost to join?—In 2017, Kansas 4-H Youth Development asked families to invest in the present and future of the program. With a $15 annual program-enrollment fee, each child will have access to a wide array of development opportunities at the local, regional, and state level. These structured, hands-on, relevant educational programs will continue the tradition and history of Kansas 4-H in building skills, confidence, and experiences that 4-H youth will carry with them for the rest of their lives.

Do I have to live on a farm or have animals?—No you do not! 4-H is not about farming and animals. It is about youth being able to acquire the skills needed to have healthy interpersonal relationships, sound decision making skills, a positive self-concept, an inquiring mind, and a concern for community. These skills can be gained through the Districtwide service days, camps, and many projects 4-H offers youth from both rural and urban backgrounds.

What are projects? How many should my child enroll in?—Projects are the main activities involved with being a 4-H member. They provide one more opportunity to build life skills, learn new things or expand on what your child already knows. It is suggested that youth only take 2 to 3 projects a year. If time allows, they can be in more, however, you will want to make sure they have ample time to get their projects ready to display at the fair and to complete a KAP (Kansas 4-H Award Portfolio)—details on next page)—or Project Record for each project.

Is there a newsletter where I can stay up-to-date?—Yes, we have a monthly 4-H newsletter and it will come to you in the mail and will also be posted online at https://www.centralkansas.ksu.edu/4-h. It will have the information you need to know about upcoming deadlines, 4-H project meetings and events going on in the District. It will also tell you about service projects that youth can participate in and other information regarding Central Kansas District 4-H.

What are my responsibilities as a 4-H parent?—Family is an important aspect to the success of the learning experiences for your child. Therefore, it is important that you attend meetings with your child. You may also be asked to assist with different project meetings and 4-H events, or asked to serve on a committee for an event. Family involvement brings 4-H families closer together and makes the experience more rewarding for you and your child. 4-H is a family affair!

What is the difference between 4-H age and 4-H Year?—The 4-H year begins on October 1 and ends September 30. 4-H age is determined by how old your child is before January 1 of the current 4-H year. Sometimes the age groups are split into three categories: Junior, Intermediate, and Senior. In some events, age categories may vary. Make sure you check the rules and guidelines for the events.

Club vs. Council Meetings—District 4-H Council meetings are a way for the District to communicate with the 4-H clubs. The District 4-H Council meetings are facilitated by an Executive Team (a.k.a. officers) that consists of older 4-H members from various clubs. Upcoming events in the area and sponsoring District events, like 4-H camp and Discovery Days, are just a couple of things that could be discussed at one of these meetings. Meetings are held bi-monthly (odd months) on the fourth Monday of the month. Locations of the meetings will be listed in the 4-H newsletter.

Project Meetings?—Project meetings are put together by parents and volunteers. The purpose of these meetings is to teach 4-H members more about the project they are enrolled in. If the project is new to you, these project meetings can teach youth the basics, so they can expand on their project in future years. Project meetings may be held on both the Club and District levels.

District 4-H Club Day—This is an event for all of the members in the District to get together and showcase some of their talents and public speaking skills. At District 4-H Club Day, youth can compete in instrumental and vocal solos or ensembles. They can also do demonstrations, skits and solo acts. A list of all the activities offered will be online and in the December/January 4-H Newsletter. Your child may even want to participate at Regional 4-H Club Day if they qualified at District 4-H Club Day!

Record Books—Record Books are a way for youth to keep track of what projects they were involved in, different awards they have received and service projects they have helped with. These do not all have to be 4-H related; they can list things that they have done in school, church or other community organizations. Some clubs will take time during their meetings for members to update their records.

KAP’s—4-H’ers are encouraged to do a KAP (Kansas 4-H Award Portfolio). These are award portfolios that a 4-H member can create that showcase a specific project that they worked on during the 4-H year. If the 4-H member chooses to do a KAP it will be submitted to your club leader and then to the Extension Office, so it can be evaluated for a District award. There is a list of all projects online that youth can do a KAP on and a list of guidelines for the different age groups (Junior, Intermediate, Senior). There is no limit on the number of KAPs a 4-H’er may complete. Senior KAPs may be eligible for regional and state contests.

Keep Up To Date—The best way to stay informed is to read the 4-H newsletter, attend club meetings, and read any email messages that come from the Extension Offices and your club leaders.