December, 2021
January, 2022

HOLIDAY OFFICE HOURS
Extension Offices Closed — December 24—January 2.
Both offices will reopen on January 3, 8 a.m.

ENROLLMENT DEADLINE
Youth may join 4-H at any time during the 4-H year (October 1 through September 30); however, participating in some parts of the 4-H program may require enrollment or ownership deadlines.

Any 4-H member wishing to participate in the 4-H Club Day contest must be enrolled by December 1. In order to exhibit at the county fair, the enrollment deadline for returning 4-H members is December 1, and for new 4-H members, the deadline is May 1. All 4-H members have the opportunity to add and drop projects. This deadline is May 1. This will allow for mastery in the project(s) for which the 4-H member has enrolled.

UPDATES ON YOUR MASTER 4-H CALENDAR
Here are some dates that were not available with the printing of the Master 4-H Calendar and/or date changes:

- Ottawa County Fair – July 19-22
  - Fair Clean-up – July 15
  - Pre-fair Judging (Foods & Visual Arts Judging) – July 18
  - 4-H Dog Show – July 30

- Tri-Rivers Fair – August 3-7
  The dates for Tri-Rivers have changed and confirmation was received late last week that facilities were confirmed for these dates
  - Fair Clean-up – July 29
  - 4-H Dog Show – July 30
  - Fashion Revue Judging & Public Revue – July 31
  - 4-H Building Exhibits brought in – August 1
  - Pre-fair Judging – August 2

- Kansas Junior All Breeds Dairy Show — August 11-13

4-H DAY WITH WOMEN’S BASKETBALL
Save the Date! The annual 4-H Day with the Wildcat Women’s Basketball team will take place on Sunday, January 23. Tipoff is at 1 p.m. and the Wildcats will be taking on the University of Oklahoma Sooners. Each game package purchased through KAE4-HA for this event will include: a game ticket, $10 concession stand voucher, t-shirt, and an awesome day at Bramlage. You will get all of this for just $22! Registration will be out soon so be watching your email.
CENTRAL KANSAS DISTRICT
4-H CELEBRATION OF ACHIEVEMENTS

What an afternoon! What a great opportunity to recognize the 4-H members and volunteer leaders in the District for all of their hard work and accomplishments. Special thanks go out to all the members of the 4-H Celebration of Achievements Committee.

Key Award Recipients: August Hulse, Pleasant Valley; Emma Littich, Smoky View; and Matthew Redden, Willing Workers. The Key Award is given to 4-H members 16 years of age or older. This is a state award.

Outstanding 4-H Member Award: Ella Tracy, Boldly Go. This award is given on a district level.

4-H Family of the Year Award: The Easter Family of the Sunny Valley 4-H Club and the Hennes Family of the Willing Workers 4-H Club were the recipients of this award.

4-H Alumni of the Year Award: Camisha Stevenson and Christina Wallace were the recipients of this award.

Friend of 4-H Award: This award was awarded to Saline County Expo Center and the Ottawa County Fairboard.

Outstanding Volunteer Award: This award was awarded to Amber Fouard.

4-H PROJECT AWARD APPLICATIONS GOING TO REGIONAL CONTEST

Congratulations to those individuals who have 4-H Project Award Applications going to the Regional Contest:

**Beef:** Josi Schrader, Solomon Valley
**Civic Engagement:** Kayla Norberg, Smoky View
**Clothing:** Jaci Biggs, Solomon Valley
**Foods & Nutrition:** Lillian Hulse, Pleasant Valley
**Leadership:** Acacia Pracht, Smoky View
**Meat Goats:** Marik Anderson, Smoky View
**Performing Arts:** Brynna Anderson, Smoky View
**Plant Science:** Ariana Baltazor, Willing Workers
**Poultry:** Emma Littich, Smoky View
**Rabbits:** Acacia Pracht, Smoky View
**Reading:** Acacia Pracht, Smoky View
**Sheep:** Reygan Schrock, Cardinal
**Swine:** Kolby Phipps, Solomon Valley
**Visual Arts:** Acacia Pracht, Smoky View

Remember...all 4-H Project Award Applications going to the Regional Contest are due to either Extension Office by Monday, January, 10.

PARENTS & VOLUNTEERS NEEDED: NE REGIONAL AWARDS SCREENING

The NE Regional 4-H Project Award Screening is scheduled for Thursday, January 20. This will be held in-person in Manhattan and volunteers are needed to help screen the award applications. The group from CKD usually carpool to Manhattan and we usually leave around 8 a.m. from Salina. It depends on the year, but we usually get back to Salina between 3:30 and 5:00 p.m. If you or someone you know would be interested in this opportunity, please email Sarah (semaass@k-state.edu) by December 17. You will need to email her your name and the 4-H projects you’d be interested in judging. If you are only interested in judging only if it is virtual, please send Sarah an email by the deadline indicating that. If you have any questions, please contact Sarah.
WINTER WEATHER

Kansas has yet to be really hit by winter weather! As weather is so unpredictable in our state, please be sure to check our Facebook page (Central Kansas District 4-H), listen to the radio (KSAL), or call the Extension Office if you question that a meeting may be cancelled. Email is not always reliable. So, if the weather is questionable, please confirm that the scheduled meeting will still be held before you venture out.

ADULT CHAPERONES NEEDED

If you are interested in serving as a chaperone for Citizenship In Action and/or Discovery Days, please complete the Adult Chaperone Application and return it to either Extension Office by December 15. You can find the application online at http://www.centalkansas.k-state.edu/4-h under 4-H Youth Development, 4-H Member Forms & Documents. By completing an application, you have let us know you are interested in serving as a chaperone; it does not commit you to serving as a chaperone. We will need chaperones for Citizenship in Action and Discovery Days. If you have any questions, please contact Sarah.

LEADERSHIP OPPORTUNITIES

4-H COUNCIL NEWS

The January 4-H Council Meeting will be held on Monday, January 24, at 7 p.m. The theme for the meeting is Winter Olympics. At the time of writing this newsletter, it is unsure how this meeting will be held. This decision will be made at the November 4-H Council meeting.

We will vote on the fair theme for both County Fairs at this meeting. Each club should come prepared to present only one theme.

4-H COUNCIL COMMITTEES

An email will be coming out soon with information regarding the 2022 4-H Council Committees. The email will go out to all committee members with an email address and to the Organizational Leaders. The list (excluding email addresses and phone numbers) will be posted on our website under 4-H Member Forms & Documents. Copies of the committee list will be available at either Extension Office after edits have been made (after the first of the year).

The 4-H Council Committee training will be held on January 9, time TBD. An email will be sent out to all committee members, co-chairs, master volunteers, and advisors, with the registration link and additional details.

VOLUNTEER ORIENTATION

The next Volunteer Orientation is scheduled for Saturday, January 22, from 1-3 p.m. Online “RSVP” is required by January 17. The location for this orientation will be determined by the RSVPs. The link can be found on the website at http://www.centalkansas.k-state.edu/4-h under Upcoming Events and Online Registration. If you do not have access to the web, please contact either Extension Office. If there are not enough individuals interested, it will be cancelled and those that sign up will be notified.

Youth in the 4-H program often engage in leadership and volunteer experiences as part of their 4-H program participation. Youth are welcome to attend volunteer orientation as a leadership workshop.
4-H NEWSLETTER DEADLINES FOR 2022

If you have something you would like in the 4-H Newsletter, be sure to email it to semaass@ksate.edu. The deadline for February/March is January 10; April/May is March 10; June/July is May 11; and August/September is July 4.

HAPPY BIRTHDAY KANSAS! PHOTO CONTEST

Young people across Kansas are invited to discover and celebrate the people and places of Kansas through photographs. The photo contest is open to Kansas students from 1st through 12th grade. Winners will be announced as part of the state’s birthday celebration on January 28, 2022. Contest rules and the information for submitting photographs are available at http://happybirthdayks.org.

SHOOTING SPORTS INSTRUCTOR TRAINING PLANNED

Are you interested in becoming an adult shooting sports instructor for 4-H? If so, first, contact Eric Klein at 785-392-0368 or herbie57_57@hotmail.com. Next, mark March 25-27, 2022, on your calendar for the instructor training at Rock Springs. More information about the training will be coming at a later date.

4-H PROJECT CURRICULUM

There are lots of resources out there to help 4-H members with their projects. Of course, the library is always a great place to start, but there is lots of 4-H curriculum out there. Go to https://shop4-h.org/ to view all the 4-H curriculum that is available. If you are curious about what the content might look like, call the Extension Office. More than likely we have a copy of the curriculum in our office that you can check out to review to determine if you want to purchase it or not. If you have other questions, ask your club leader or call the Extension Office.

GET A PURPLE OR CHAMPION ON YOUR FOODS AT THE FAIR?

The Kansas Wheat Commission would like to spotlight 4-H members and their spectacular recipes in a variety of ways such as social media, recipe booklets, and their websites. What a great way to promote 4-H and the 4-H Foods project! The recipe submitted may be a cake, pie, cookie, quick bread, yeast bread or roll recipe. Please include the recipe source and any modifications made to the original recipe. A limited number of recipes will be selected and tested for publication. Please submit the complete recipe and photo of the product, if available, by December 15, 2021, to cfalk@kswheat.com.

GAVEL GAMES & MODEL MEETINGS

Club members’ learning about parliamentary procedures is what gavel games and model meetings are about. Knowing parliamentary procedures is a life-long skill in which many adults struggle. Learning parliamentary procedures is a great opportunity for everyone!

Clubs planning to participate in the Gavel Games/Model Meeting contests need to pre-register ONLINE by Tuesday, January 4 by 11:59 p.m. A link was sent to the Organizational Leaders Listserv before Thanksgiving. The contest date is Saturday, January 22, at the Kansas State University – Salina Campus, Technology Building (building #6). Please park in the parking lot B-1. Signs will be posted in the building to direct you to the rooms we will be using. If there are conflicts with the contest date, clubs may choose to participate in the contest on Friday, January 21, beginning at 5 p.m. in the Technology Building on campus. Clubs must note this online. If teams/clubs participate on Friday, they will not be eligible for the Regional contest, but 4-H members will be able to indicate that they participated in the contest on their pin application. Gavel Game and Model Meeting guidelines are available from Organizational Leaders and are available at our website http://www.centalkansas.ksu.edu/4-h, under Organizational Leaders. Don’t miss out on learning new skills.
DISTRICT 4-H QUIZ BOWL

Saturday, January 22, after Gavel Games & Model Meetings
K-State Salina Campus
Registration Deadline: January 4

Two is company and three’s a quiz bowl team!!!
Put your thinking caps on, grab a couple of 4-H friends and form a team!
Registration link will be emailed out to organizational leaders.
One person will register all teams from your club.

Each team must consist of three 4-H members and are split into the following categories:
- Junior (7-12) & Senior (13-18)

Prizes will be awarded to: 1st, 2nd and 3rd place teams
An overall club award of $25 will also be presented.

Questions will relate to all aspects of 4-H, including officer information, parliamentary procedure, who’s who, project information, history and other fun facts about 4-H.

QUIZ BOWL VOLUNTEERS NEEDED!

Volunteer Registration Deadline: January 4

Adult volunteers are needed!
We will need at least 20 volunteers for the following positions:
- competition room monitors
- scorekeepers
- waiting room monitors
- buzzer monitors/time keepers

We encourage all 4-H members to sign up for a team. A few positions will be available for 4-H members 7th grade and up who do not want to participate on a team.

To volunteer, please go to http://www.centralkansas.ksu.edu/4-h under Upcoming Events and Online Registration. Select all positions you would be willing to help with, and positions will be assigned based on registration.
4-H CLUB DAY – MARCH 5, 2022

Learning to present demonstrations, project talks, public speaking and more is one of 4-H’s trademarks. School teachers will brag to parents during parent teacher conferences that they know their child is a 4-H member because they can speak in front of the class without being nervous! Mark your calendars...NOW for March 5. 4-H Members must be 7 before January 1, 2022, to participate. Cloverbuds (5 & 6 year olds before January 1, 2022) may only participate in the Sharing Division. All 4-H members and Cloverbuds are encouraged to enter. Entries are due by the individual 4-H member and cloverbud ONLINE by January 24, 11:59 p.m. Enrollment must be submitted and be completed online by 12/01/22 for members to be eligible to participate.

Remember: The 4-H Club Day policy is a 4-H member must present a public presentation (demonstration, illustrated talk, project talk, public speaking or sharing) to be eligible for individual talent. 4-H members may participate in group (3 or more) activity without presenting a public presentation. Simply, if a 4-H member wants to participate with an instrumental solo or vocal solo, a demonstration or project talk must be given.

Online Registration: 4-H Club Day registration will be online. 4-H members and families can register at their own convenience, but we do not recommend waiting until the last minute! An email will go out the week of December 6, and registration links will be available on the District website under “Upcoming Events and Online Registration”. For rules and regulations, please refer to pages 8 and 9 of this newsletter.

Please be sure to allow ample time to complete the online registration as it will take some time to complete because it is about 10 pages long. In addition, it will need to be completed separately for each participating 4-H member, including Cloverbuds who wish to present a Sharing Talk. However, Group Talent Events will only need to be entered ONCE. This means ONLY ONE member (or representative) will register a group entry and will list each person in the group as well as the club they belong to. It is important for 4-H members and parents to double check the 4-H Club Day entries before submitting them online, as no substitutions of 4-H members will be allowed. If individuals are in a group event, ONLY those who have been listed on the entry form will be allowed to participate in the group event. In addition, since Prepared Public Presentations (project talks, demonstrations, & illustrated talks) can be a team effort of two people, ONLY ONE member will register for both, by entering their name and their partner's name in the box provided.

When you register for the District 4-H Club Day event, you will see a question regarding Regional attendance at the end of the online registration. If a member qualifies for Regional competition, we will use their response from this question when submitting our Regional entries. You will also be given the opportunity to indicate if you have a scheduling request.

If you wish to print the registration at any time for your records, you will need to print each page individually before clicking the "continue" button at the bottom of each page. On the last page of the registration, please list any special requests you may have and we will do our best to accommodate them. Remember, no animals or weapons of any kind will be allowed at 4-H Club Day, as in previous years. At the end of the registration process, you will need to click "Submit." Once you have done so, you will see a confirmation response, finalizing your registration.

Deadline: Registration will be due on Monday, January 24, by 11:59 p.m. Any entries submitted after this time will NOT be accepted. Please do NOT wait until the last minute to complete this registration. If you have any questions regarding the registration process, please contact Kate, klittich@ksu.edu OR if you have questions concerning the rules or guidelines for the contest, please contact Kate or Sarah. They can be reached by phone at 785-309-5850 during 8 a.m. - 5 p.m. work hours. Any calls or emails outside of this time frame cannot be guaranteed a prompt response until the following business day. Only individuals enrolled by December 1 are eligible to compete at 4-H Club Day. If a member completes the online registration for 4-H Club Day, but was not enrolled by the deadline, the Extension Office will address the issue with the Organizational Leaders. The Organizational Leaders will then be the ones to inform the families of the problem.
4-H CLUB DAY CONTINUED

We understand that with technology, there may be minor issues. It is our hope that everything will run smoothly and will be a lot less of a hassle for families and leaders. If you have any questions or concerns regarding the registration form, please contact Kate at klittich@ksu.edu.

Available for 4-H Club Day 2022

In light of several considerations (including pandemic related concerns), an option to submit pre-recorded presentations will be available for 4-H Club Day 2022. This option is intended to encourage all 4-H members to participate in preparing and giving a presentation, regardless of health situation or scheduling conflicts.

The guidelines are as follows:

- Presenters will need to sign up for 4-H Club Day by the January 24 deadline.
- The option to record and submit digitally is available only for: Sharing, Junior Demonstrations & Illustrated Talks, Junior Project Talks, Senior Demonstrations & Illustrated Talks, & Public Speaking.
- In the registration, there will be an option to state if the 4-H member’s presentation will be given in-person or virtually.
- If this option is selected, the participant forfeits the in-person opportunities.
- Presentations submitted digitally will be "participation only" and not regional eligible, but participants will still receive comments from the judge.
- Virtual participants will not be eligible for incentive prizes or to participate in the talent portions of 4-H Club Day (Music, Dance, Drama).
- All presentations submitted digitally will be due by 12:00 p.m. (noon) the Friday before 4-H Club Day (March 4). Directions on how to submit will be sent directly to the individuals who have registered for this option.
- A link will be available for digital submissions when the 4-H Club Day schedule is published.
- If a 4-H member has signed up for an in-person presentation and a health situation necessitates switching to a digital submission after the January 24 registration deadline, families will need to communicate with Kate to move to the digital option by calling 785-309-5850 or emailing her at klittich@ksu.edu.
- Guidelines for recording presentations may be found on pages 8-10 along with the guidelines for in-person 4-H Club Day.

HELP WITH 4-H CLUB DAY PRESENTATIONS

One of the greatest benefits of 4-H is learning to do public presentations! We encourage every 4-H member to participate in 4-H Club Day coming up in March! Resources are on the 4-H website to help you with the planning and presenting demonstrations/illustrated talks, project talks, and public speaking. This information is intended to supplement the 4-H Club Day Guidelines (see pages 8-10). If you have any questions or still cannot find helpful information, please contact Kate or Sarah at the Extension Office. The videos are available at http://www.centralkansas.ksu.edu/4-h, under 4-H Club Day on the left-hand side of the page:

- Demonstration & Illustrated Talks Instructional Video
- Project Talk Example Video
- Public Speaking Example Video
- Demonstration Example #1 Video & #2 Video
The events listed below are suggested guidelines for scheduling purposes. Enter members of your club where you feel their presentation will fit best. A club may have more than 1 ensemble, skit, etc. as long as different members are in it. “Juniors 7-12 and Seniors 13 & older” Cloverbuds may only participate in the Sharing Division.

PUBLIC PRESENTATIONS

Sharing - Non-competitive
A. Recommended, for cloverbuds and 1st and 2nd year 4-H members 10 years old and under, but not limited.
B. Time: recommend 2-3 minutes.
C. Props or posters may or may not be used.
D. Topic must be any 4-H related project or item.
E. Cloverbuds and 4-H members come prepared with short presentation.

Project Talks - Junior
A. For 4-H members 7 to 12 years old.
B. Time: recommend 3 to 4 minutes, 7 minutes maximum.
C. Visuals encouraged but not required.
D. Individual presentations only.
E. Topic may be on 4-H project or aspect of project 4-H member is currently enrolled in.
F. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector.
   A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
G. Questions are not asked.

Demonstrations - Illustrated Talks - Junior
A. A demonstration is a show and tell type of presentation. An illustrated talk tells how rather than shows how. Needs end product.
B. For 4-H members 7 to 12 years old.
C. Time: recommend 4 to 7 minutes, 10 minutes maximum.
D. Either individual or team presentations.
E. All necessary equipment provided by 4-H member, i.e. computer, poster, etc.
F. Topic may be related to 4-H project currently enrolled.
G. The endorsement of brand names is discouraged.
H. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector.
   A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
I. Questions asked.
J. Summary is required.

Demonstrations - Illustrated Talks - Senior
A. A demonstration is a show and tell type of presentation. An illustrated talk tells how rather than shows how. Needs end product.
B. For 4-H members 13 years old or older.
C. Time: recommend 5 to 10 minutes, 15 minutes maximum.
D. Either individual or team presentations.
E. All necessary equipment provided by 4-H member, i.e., computer, posters, etc.
F. Topic may be related to 4-H project currently enrolled.
G. The endorsement of brand names is discouraged.
H. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector.
   A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
I. Questions asked.
J. Summary is required.

Public Speaking - Senior
A. For 4-H members 13 years and older.
B. Time: recommend 5 to 7 minutes, 15 minutes maximum.
C. Visuals may or may not be used. They should enhance the talk- not distract. No posters or PowerPoint presentations allowed.
D. Individual presentations only.
E. Topic unlimited, persuasive, informative, etc.
F. Outline required for judge (Judge will deduct one ribbon if outline not available).
Spontaneous Speaking—Senior
A. For 4-H members 13 years and older.
B. Draw for a topic from list, “4-H Promotion”, “Current Events”, “Personal Interest” (hobby, sports, school, future plans)
C. 10 minutes allowed to prepare speech. Time: Recommended 3-5 minutes, 5 minutes maximum.
D. No questions asked.

Recording Guidelines for Digitally Submitted Presentations
In light of several considerations (including pandemic related concerns), an option to submit pre-recorded presentations will be available for 4-H Club Day 2022. This option is intended to encourage all 4-H members to participate in preparing and giving a presentation, regardless of health situation or scheduling conflicts. The guidelines are as follows:

- The option to record and submit digitally is available only for: Sharing, Junior Demonstrations & Illustrated Talks, Junior Project Talks, Senior Demonstrations & Illustrated Talks, & Public Speaking.
- In the registration, there will be an option to state if the 4-H member’s presentation will be given in-person or virtually.
- Presentations submitted digitally will be "participation only" and not regional eligible, but participants will still receive comments from the judge.
- Virtual participants will not be eligible for incentive prizes or to participate in the talent portions of 4-H Club Day (Music, Dance, Drama).
- All presentations submitted digitally will be due by 12:00 p.m. (noon) the Friday before 4-H Club Day (March 4). Directions on how to submit will be sent directly to the individuals who have registered for this option.
- A link will be available for digital submissions when the 4-H Club Day schedule is published.
- If a 4-H member has signed up for an in-person presentation and a health situation necessitates switching to a digital submission after the January 24 registration deadline, families will need to communicate with Kate to move to the digital option by calling 785-309-5850 or emailing her at klittich@ksu.edu.
- Video must be continuous with no editing whatsoever. Your presentation must be shot in one continuous take. Please do not use any kind of title screens, credits, special effects, or captioning. The idea is to create a video of your presentation as it would be seen at an in-person 4-H Club Day.
- Presenter/performer must be in front of the camera throughout the presentation. Do not move “off-camera.”
- If you need an easel or projector, please contact either Extension Office to make arrangements. Equipment may be checked out on a first come, first serve basis with a 3-day checkout period. Please note both Extension Offices will be closed December 24-January 2. Projectors may not be checked out during the office closure time.
- Demonstrations & Illustrated Talks for Junior & Senior categories - As questions would normally be asked in an in-person environment, presenters are encouraged to ask for questions and have a family member ask questions from off-camera. Please try to avoid asking known or “scripted” questions as the goal is to have the 4-H member field the question on the spot as they would in an in-person setting.

TALENT Member must present a prepared Public Presentation (demonstration, project talk, public speaking or sharing) to be eligible for individual talent. Spontaneous Speaking is not included in the prepared Public Presentation category. 4-H member may participate in group (3 or more) without presenting individual prepared public presentation. (Individual and Duet entries must also present demonstration, project talk, public speaking or sharing.)

Music
A. Chorus
   1. Sixteen or more members or 12 or more members if club under 16. (may easily change to ensemble)
   2. Two numbers required.
   3. Copy of selections with measures numbered required for judge--original copy*. If not available, one ribbon deducted.
   4. Singing may or may not have accompaniment. Director and accompanist need not be 4-H members.
   5. Selections should be memorized, but not required.
B. Vocal Ensemble
   1. Group may be composed of 2 to 15 4-H members, not including accompanist.
   2. Each group will sing two numbers of their own choosing.
   3. Copies of selections will be given to judges before performing* with measures numbered. If not available, one ribbon deducted.
   4. Accompanist need not be a 4-H member.
   5. Selections must be memorized or may influence the rating.
C. Vocal Solo
   1. Participant will sing one number.
   2. 4-H member judged on vocal presentation.
   3. Copy of selection will be given to judge before performing* with measures numbered. If not available, one ribbon deducted.
   4. Accompanist need not be a 4-H member.
   5. Memorization required. Ribbon rating deducted if not memorized.
D. Orchestra - Band – **Must be able to provide own instrument, with the exception of a piano**
1. Groups may be composed of 16 or more 4-H members (may be from different clubs).
2. Each group will play one number of their own choosing.
3. Copy of the conductor's score is to be given to the judge before playing* with measures numbered.
4. Memorization of number is not required.
5. The director is not required to be a 4-H member; an individual may not play with the group unless he or she is a 4-H member.

E. Instrumental Ensemble – **Must be able to provide own instrument, with the exception of a piano**
1. Group may be composed of 2 to 15 4-H members, (may be from different clubs) not including the accompanist.
2. Each group will play one selection of their own choosing.
3. Copies of selection will be given to judges before performing* with measures numbered.
4. Memorization of numbers is not required.
5. The director is not required to be a 4-H member; an individual may not play with the group unless he or she is a 4-H member.

F. Instrumental Solo – **Must be able to provide own instrument, with the exception of a piano**
1. Participant will play a composed solo number.
2. Copy of selection will be given to judges before performing* with measures numbered.
3. Accompanist need not be a 4-H member.
4. Memorization is not required.

Dance – (Country dance, folk, choreographed, other) Maximum 5 minutes. – Must provide own equipment to play music (i.e., CD player, speaker).
A. Junior Solo
B. Senior Solo
C. Group (2-15 members)

Drama
A. Plays
1. Limited strictly to one-act plays. One set. No set changes allowed.
2. Minimum 30 minutes maximum 45 minutes.
3. Clubs responsible for all scenery.
4. No copy of play required.
B. Skits
1. Designed as original plays or skits.
2. No number limitations.
3. Performance set-up 5 minutes. Each group will be responsible for all scenery, property, and props.
4. Maximum 15 minutes.
5. No copy of skit required.
C. Reading - Poetry Interp or Prose Interp
1. Dramatic or Interpretive, humorous, or other type of reading.
2. Individual presentation.
3. A 10 minute maximum time limit. No minimum time limit.
4. Students are expected to have an attention getting intro that includes description of performance which should include the title, author, and setting, and the name of the participant and 4-H club). The intro also sets the scene for the cutting.
5. No props beyond a folder or book may be used in Readings. Props may be used in Solo Acting.
6. No extra points will be awarded for memorized work. While this may be memorized, but needs to look as though it were a reading.
D. Solo Acting
1. The material is generally something that was published as a script, but can be done from a story. The pieces may be single or multiple characters (one person does all the parts).
2. Individual Presentation.
3. The time limit is maximum 10 minutes. No minimum time limit.
4. Students may move around and may even use a chair as a prop.
5. The piece must be memorized.
6. Students are expected to have an attention getting intro that includes title and author. The intro also sets the scene for cutting.
E. Other
1. Miscellaneous grouping: novelty, stunts, pantomime, puppets, marionettes, ventriloquist acts, etc.
2. Individual or group.
3. Maximum 5 minutes.

*If original copy is not available, judge will deduct one ribbon rating. Revised 11/2021
Purpose: The purpose of this contest is to prepare our 4-H members, 13 years of age and older, for potential job and career readiness opportunities. Additionally, this will give the 4-H member an opportunity to tell their story as related to a 4-H project. This contest focuses on the current 4-H year work (October – January).

A workshop was held at the 4-H Officer Training & Family Event to provide an intro to this contest.

Cover Letter: The cover letter will be composed of three parts: introduction, body, and conclusion.

Introduction
- State what 4-H project you are focusing on and why you are writing the letter.
- Briefly introduce yourself.

Body
- Briefly summarize project goals and work. This includes, but is not limited to, goals, skills developed, and knowledge gained.
- Explain your project leadership and citizenship experiences and how you have grown as a person.
- Describe project experiences and how they relate to your future education and/or career goals.

Conclusion
- Thank the reader for considering your application.
- Summarize why you are an ideal candidate for something related to this project field.

The format for the cover letter should be formatted as follows:
- Use business letter format
- Limited to 1 page
- Must use at least 11-point font size
- Single-space
- Grammatically correct with no spelling errors
- Include a signature block and sign your letter
- Letter should be address to: Central Kansas District Project Review Committee
  2218 Scanlan Ave
  Salina, KS  67401

Résumé: With the résumé, 4-H members are encouraged to be creative and design their own template, style, etc. Simple and direct language should be used with no spelling errors and correct grammar used. Member should strive for readability; the spacing is up to the 4-H member. The résumé is limited to 2 pages and participants must use at least 11-point font size.

Sections for the resume:
- Header with name and contact information
- Personal objective statement
- Project mastery
- Leadership experience
- Citizenship / community engagement
- Life skills / career readiness
- Recognition
- Non-4-H project related experience

Interview: The interview will be scheduled during 4-H Club Day and will last for 5-10 minutes. During this interview, the 4-H member will be able to tell their story as related to the specific 4-H project they completed their cover letter and résumé on.
4-H SCHOLARSHIPS

Attention High School Seniors!! Are you in search of some funds to further your college education? Here are several 4-H scholarships you may be eligible for:

LOCAL 4-H SCHOLARSHIP INFORMATION

Some CKD Local 4-H Scholarship & Tri-Rivers Fair Scholarship information is now posted on the CKD 4-H Scholarship website - https://www.centralkansas.k-state.edu/4-h/scholarships/index.html Some information on scholarships specific to the Saline County 4-H Development Fund are not yet available. Check the website frequently for information.

All scholarships will be due ONLINE no later than March 1, 2022.

If you need a letter of recommendation from Sarah, please send her an email (semaass@k-state.edu) requesting a letter. Be sure to include your most current resume and 4-H permanent record with the email. If possible, she asks for 3-4 weeks to complete the letter of recommendation prior to the due date.

Tri-Rivers Fair Scholarship – (Number given and amount will vary based on funds available)

The purpose of this scholarship is to recognize outstanding 4-H club or FFA chapter members who are leaders and role models within their communities. Members will receive scholarship monies for the spring semester of their first year at a community, technical, or baccalaureate institution. Must be a graduating senior (or its related equivalent) in 4-H or FFA, participated in the most recent Tri-Rivers Fair, and demonstrated scholarship and leadership capabilities. Applicant must complete items 1-5 & 7 of the current Kansas 4-H Scholarship application. In addition to the application, applicants must include an essay, one page, double spaced, describing how their experiences at the Tri-Rivers Fair will positively impact their future goals. Applications due March 1.

81-40 Riding Club Scholarship – (2 $500 Scholarships)

Must be a graduating high school senior and have been enrolled in the 4-H Horse Project the past two years. One scholarship will be awarded to an individual in each county of the District. Must have been a 4-H member in Saline or Ottawa County. Scholarship must be used for post-high school education. Applications due March 1.

Ottawa County 4-H Foundation Scholarships – (1-10 $250 Scholarships)

Must be a graduating high school senior and current Ottawa County 4-H member. Scholarship must be used for post-high school education. Must turn in most current 4-H Permanent Record. Applications due March 1.

Smith Family Leadership Scholarship – (1 $500 Scholarship)

This scholarship is open to any student pursuing post-secondary education that is/was a Central Kansas District 4-H member and will be a graduating from high school. The applicant must have been enrolled in the leadership project for at least three years. Must turn in most current 4-H Permanent Record. The scholarship will NOT be limited to schools located in the state of Kansas. In addition to the application, applicants must include an essay (500 words or less) on how 4-H has influenced their leadership development. The applicant’s contribution through leadership will be the main focus of this scholarship. Application due March 1.

In addition to the scholarship applications, all applicants must upload a head shot photograph, and a bio of 250 characters or less. A link will be posted on the 2022 Scholarship Information page at https://www.centralkansas.k-state.edu/4-h/scholarships/index.html If awarded a scholarship, this information will be used for publicity purposes. Your bio should contain your intended college, year in college, educational plan (major/minor), and may also include a sentence or two describing your 4-H experience leading up to the present (such as highlighting a project area which led to your current educational plan, a memorable award, etc.).

NOTE: At the time of writing this newsletter, the 2022 application was not available. Check the website frequently for the correct application.
KANSAS 4-H STATE SCHOLARSHIP INFORMATION

For more information on the Kansas 4-H Scholarships, please go to https://www.kansas4-h.org/resources/awards-and-recognition/scholarships.html

All scholarships will be due ONLINE no later than March 1, 2022.

NOTE: At the time of writing this newsletter, the 2022 application was not available. Check the website frequently for the correct application.

DISTRICTWIDE PROJECT LEADERS

Below are listed District Project Leaders which hold meetings throughout the year to help you with your projects. Check the newsletter for meeting dates and times or you may contact these leaders to find out the next meeting date, time and location. All phone numbers use the 785 area code unless otherwise indicated.

<table>
<thead>
<tr>
<th>Project</th>
<th>Name</th>
<th>Phone #</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beef</td>
<td>Spencer, Laci, Weston, &amp; Josi Schrader</td>
<td>488-2135</td>
<td><a href="mailto:schrader@twinvalley.net">schrader@twinvalley.net</a></td>
</tr>
<tr>
<td>Clothing &amp; Textiles</td>
<td>Mary Bernhardt</td>
<td>825-7762</td>
<td><a href="mailto:mary_bernhardt@cox.net">mary_bernhardt@cox.net</a></td>
</tr>
<tr>
<td>Dog Care &amp; Training</td>
<td>Sarah, Madison, &amp; Tracy Repp</td>
<td>227-5647</td>
<td><a href="mailto:k9capersckd4h@gmail.com">k9capersckd4h@gmail.com</a></td>
</tr>
<tr>
<td>Dog Care &amp; Training</td>
<td>Rebekah, Eric, Morgan, &amp; Diana Thompson</td>
<td>452-2234</td>
<td><a href="mailto:k9capersckd4h@gmail.com">k9capersckd4h@gmail.com</a></td>
</tr>
<tr>
<td>Foods &amp; Nutrition</td>
<td>Brynna Anderson</td>
<td>212-0365</td>
<td><a href="mailto:brynnaanderson24@student.smokyvalley.org">brynnaanderson24@student.smokyvalley.org</a></td>
</tr>
<tr>
<td>Horse</td>
<td>Jennifer Watkins</td>
<td>452-5710</td>
<td><a href="mailto:watkins9468@yahoo.com">watkins9468@yahoo.com</a></td>
</tr>
<tr>
<td>Horse</td>
<td>Bev Seuser</td>
<td>823-8923 (home) / 643-0754 (cell)</td>
<td><a href="mailto:classy3560@gmail.com">classy3560@gmail.com</a></td>
</tr>
<tr>
<td>Livestock Judging</td>
<td>Spencer, Laci, Weston, &amp; Josi Schrader</td>
<td>488-2135</td>
<td><a href="mailto:schrader@twinvalley.net">schrader@twinvalley.net</a></td>
</tr>
<tr>
<td>Rabbit</td>
<td>Katrina Fahrenthold</td>
<td>826-5980</td>
<td><a href="mailto:lahrenthold@yahoo.com">lahrenthold@yahoo.com</a></td>
</tr>
<tr>
<td>Reading</td>
<td>Amber Pracht</td>
<td>212-5000</td>
<td><a href="mailto:prachtamber@gmail.com">prachtamber@gmail.com</a></td>
</tr>
<tr>
<td>Sheep</td>
<td>Reygan Schrock</td>
<td>620-255-8050</td>
<td><a href="mailto:rjschrock12@gmail.com">rjschrock12@gmail.com</a></td>
</tr>
<tr>
<td>Sheep</td>
<td>Karson Pihl</td>
<td>212-0108</td>
<td><a href="mailto:karsonpilh23@student.smokyvalley.org">karsonpilh23@student.smokyvalley.org</a></td>
</tr>
<tr>
<td>Shooting Sports: Archery</td>
<td>Cole Malmberg</td>
<td>392-7712</td>
<td><a href="mailto:c-dmalmberg@hotmail.com">c-dmalmberg@hotmail.com</a></td>
</tr>
<tr>
<td>Shooting Sports: Archery</td>
<td>Cade Rensink</td>
<td>392-0022</td>
<td><a href="mailto:crensink@ksu.edu">crensink@ksu.edu</a></td>
</tr>
<tr>
<td>Shooting Sports: BB Gun</td>
<td>Jay Wisbey</td>
<td>587-7987</td>
<td><a href="mailto:jwisbey@ksu.edu">jwisbey@ksu.edu</a></td>
</tr>
<tr>
<td>Shooting Sports: Hunting Skills</td>
<td>Eric Klein</td>
<td>392-0368</td>
<td><a href="mailto:herbie57_57@hotmail.com">herbie57_57@hotmail.com</a></td>
</tr>
<tr>
<td>Shooting Sports: Shotgun</td>
<td>Eric Klein</td>
<td>392-0368</td>
<td><a href="mailto:herbie57_57@hotmail.com">herbie57_57@hotmail.com</a></td>
</tr>
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</table>

DISTRICTWIDE CLOVERBUDS AT A GLANCE

Date: Third Thursday of the month
      (December 16, January 20, February 17, March 17, April 21, May 19, June 16, and July 21)

Time: 6:30-7:30 p.m.

Location: Salina Heights Christian Church (NE corner of Cloud and Roach...use the east parking lot and door)

RSVP: Email Allison at allisonlecklider@yahoo.com

*Must be received at least two days before the meeting (Tuesday) so there are adequate supplies.

December’s meeting focus will be Foods and Nutrition as we make holiday goodies.

*There will be a $2 supply fee and can be paid for at the meeting.
4-H CLUB MEETINGS THAT YOUTH CHOOSE TO ATTEND

There are three major components of club meetings: group building, group decision making and an educational program or activity.

Component #1- Group Building – 25% of the meeting

This includes any activities that help everyone get acquainted, feel accepted and recognized. New kids join throughout the year. Incorporate activities that will help new 4-H members get acquainted with other club members, including celebrations. The Kansas 4-H publication "Celebrating with 4-H Ceremonies" suggests the following types of ceremonies for 4-H Clubs: Recognition ceremonies (to honor work done by individuals or the club), welcoming ceremonies (to show importance of being a member of a group), special observance ceremonies (holidays, special weeks, events), campfire, flag raising and lowering, and citizenship ceremonies. Add in evaluation time. Get everyone’s opinion after a club event to know how it could be improved or what people thought went well. Often adults have a very different idea of how an event went or worked, so it is also important to get club member opinions. Often recreation is the first component of a club meeting to get cut because meetings run long. For very young children this may be the part of 4-H they enjoy most. Recreation should be a part of every meeting. It helps members continue the atmosphere of fun and interest as well as getting to know one another.

Component #2 - Group Decision Making – 25% of the meeting

Decision making happens in the business part of the meeting. This time should be democracy in action. Members learn to express themselves in a group, listen to the views of others, use parliamentary procedure to reach decisions and abide by majority of the rules. This may be the member’s first experience with parliamentary procedure. Parliamentary procedure is abstract and can be hard to understand. It will take some coaching and reinforcement to help members learn par law skills. Try having a parliamentary procedure tip at each meeting. Break into small groups and practice. Experiment with other ways to build consensus and make decisions.

Component #3 - Educational Program or Activity – 50% of the meeting

This is the educational part of the meeting. Having members give presentations is a great opportunity for them to learn public speaking skills in a supportive atmosphere. If it’s hard to schedule everyone, consider breaking the audience in two parts and have two talks going at the same time. Ask members to consider giving team demonstrations. By pairing younger and older 4-H members together they both gain new skills from the experience. Be flexible with presentations. Younger members may like to do a show and tell. Some members may want to create a project display that they can talk about in a more unstructured way. Other ideas for the program component include having a health tip, safety tip, citizenship tip or thought for the day. Invite a guest speaker to talk. Create a project bowl or skill-a-thon. Or use this time for project work or community service projects.
EXTRA

NEWS FOR CENTRAL KANSAS DISTRICT ORGANIZATIONAL LEADERS

DECEMBER/JANUARY CHECK-UP

December is here! Have you found yourself starting the never-ending errands of the Holiday Season—shopping, school programs, baking and writing holiday cards? Well, don’t panic...just take it one step at-a-time and everything will get done. In the rush, don’t forget 4-H! Here’s your monthly check-up so you won’t get caught in a snow blizzard after the first of the year.

January is a time of setting new goals and starting fresh! The New Year can also be a time to recruit new members and leaders! Set two to five club goals and watch yourselves change!

- Online enrollment completed by December 1, 11:59 p.m. to participate in 4-H Club Day.
- Online enrollment completed by December 1, 11:59 p.m. to participate in the County Fairs for returning members.
- Holiday plans made.
- 4-H members asking friends to attend a 4-H meeting with them?
- 4-H parents encouraging other parents to get involved?

Review
- 4-H Newsletter read and important dates marked on calendar.
- Highlight key points from 4-H Newsletter at club meeting.
- Updated project lists and copies of 4-H participation forms provided to club project leaders.

To-Do
- Parent’s Committee working.
- Make sure club project leaders are indicating they are a project leader in 4HOnline.
- Encourage leaders to start conducting project meetings.
- Check club mailbox at Extension Office.
- Report from the November 4-H council meeting.
- Start Gavel Game Teams/Model Meeting.
- Encourage Demonstration Trainers to start.
- Encourage 4-H Club Day Planning.
- Check club’s progress toward goals.
- Annual Summary up-to-date.
- Ideas for fair parade and fair theme (for both county fairs). Voting at January 4-H Council.
- Have a parents meeting.
- Have new parents complete the 4HOnline enrollment for a volunteer and make arrangements to attend the Volunteer Orientation.
- Update 4-H Records, 4-H Project Award Applications, and Pin Applications.

Remember
- Next Organizational Leader Update, Thursday, January 27, 7 p.m., Online (Zoom).
- Next 4-H Council Meeting, Monday, January 24, 7 p.m.
Promote/Recruit

- Districtwide Project Meetings promoted.
- Gavel Games and Model Meetings promoted and teams forming. Registration due Tuesday, January 4, at 11:59 p.m.
- 4-H Club Day Activities promoted. Registration due ONLINE, January 24, at 11:59 p.m.
- Citizenship In Action promoted.
- Promote Red Wheel Sales (Minneapolis Area).
- Districtwide project meetings promoted.
- Plan and encourage 4-H Club Day participation.
- Encourage state/district/region wide trainings.

Organizational Leaders Update

Mark those calendars for the next Organizational Leaders’ Update at 7 p.m., Thursday, January 27, online via Zoom. We’ll discuss timely topics such as 4-H Club Day, follow up on Gavel Games, Model Meetings, and District 4-H Quiz Bowl, and other events and activities that will be coming up. A link will be emailed out to the organizational leader’s listserv with any meeting details closer to the meeting date.

4-H Council News for Organizational Leaders

At the January 4-H Council meeting, members will be voting on a 2022 County Fair themes. Clubs need to plan to present only one fair theme to the council. We will take the top three themes back to the county fairboards for them to select the fair theme. Remember, since the county fairs are not just for 4-H members, but for the whole county, we need to not use 4-H in the theme.

Sharing the Load

Have you ever felt the pressure of 4-H overload? Too many meetings? Too many forms? Too many phone calls? And no time for your own children and hobbies? Maybe you’re facing 4-H overload. One thing you might want to try is delegating! Whoever said you had to be Ms./Mr. Super Organizational Leader? Have you ever heard of sharing the load with the Parents’ Committee? Other 4-H parents are usually willing to share responsibilities if asked! You might have to explain the responsibilities and then let them do it their way. Then you must be appreciative of their work (even if you know a better way).

Here are some quick suggestions:

- **New Family Coordinator:** Welcomes visitors; explains 4-H to new and visiting families; distributes 4-H information; and contacts the Extension Office with the visitor’s names and addresses.

- **Project Leader Coordinator:** Organizes project leaders; explains and trains new project leaders; collates needed 4-H materials for members and distributes materials to members.

- **Record and Awards Trainer:** Keeps informed of Achievement Awards and requirements needed to receive; trains members in fundamentals of completing 4-H records and 4-H Project Award Applications.

- **Demonstration Trainers:** Trains members and adults concerning the fundamentals of presenting demonstrations and talks; promotes 4-H Club Day; assists families with submitting their 4-H entries online; encourages demonstrations and talks; provides guidance for youth.
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<th>Sunday</th>
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|        |        |         | 1 Red Wheel Sales begin, Minneapolis  
Returning Members 4-H Online Enrollment DUE by 11:59 p.m. to participate in County Fair  
New & Returning 4-H Members: Online Enrollment DUE by 11:59 p.m. to participate in 4-H Club Day | 2 | 3 | 4 |
| 5      | 6      | 7       | 8         | 9        | 10     | 11       |
|        |        |         |           | Bring Your 4-H Projects to Life, Personal Financial Planning, Online, 7:00 p.m. |        |          |
| 12     | 13     | 14      | 15        | 16       | 17     | 18       |
|        |        |         | Adult Chaperone Application DUE |        |        |          |
| 19     | 20     | 21      | 22        | 23       | 24     | 25       |
|        |        |         |           |          |        | Minneapolis & Salina Offices Closed December 24 - January 3 |
| 26     | 27     | 28      | 29        | 30       | 31     |          |

Minneapolis & Salina Offices Closed
**January, 2022**

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<th>Sunday</th>
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<tr>
<td><strong>UPCOMING DATES:</strong></td>
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<td><strong>February</strong></td>
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<td>TBD - Citizenship in Action (CIA) Registration and Payment Due to Extension Office</td>
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<td>3 - Red Wheel Sales DUE by 5:00 p.m., Minneapolis</td>
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<td><strong>19-20</strong> - Kansas 4-H Citizenship in Action (CIA), Topeka</td>
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<td>26 - Red Wheel delivery, Minneapolis</td>
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<td><strong>March</strong></td>
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<td>1 - ALL District and State Scholarships DUE Online</td>
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<tr>
<td></td>
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<td>Gavel Games/Model Meeting entries DUE Online (by 11:59 p.m.) Quiz Bowl Team and Volunteer Registrations DUE Online</td>
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<td><strong>14</strong></td>
<td><strong>15</strong></td>
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<tr>
<td>Districtwide Committee Training, Salina</td>
<td>Project Award Applications for Regional Contest DUE February/March newsletter articles due to Sarah</td>
<td></td>
<td></td>
<td>Bring Your 4-H Projects to Life, TBD, Online, 7:00 p.m.</td>
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<td><strong>17</strong></td>
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<td>Martin Luther King Day Minneapolis &amp; Salina Offices Closed Volunteer Screening Orientation, RSVP Due</td>
<td></td>
<td></td>
<td>Gavel Games/Model Meeting, TBD</td>
<td></td>
<td>Gavel Games/Model Meeting &amp; Quiz Bowl, TBD District 4-H Quiz Bowl, TBD Volunteer Screening Orientation, TBD</td>
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<td><strong>23</strong></td>
<td><strong>24</strong></td>
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<td><strong>28</strong></td>
<td><strong>29</strong></td>
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<tr>
<td></td>
<td>4-H Council, TBD, 7:00 p.m. 4-H Club Day Entries Due Online by 11:59 p.m.</td>
<td></td>
<td></td>
<td>Organizational Leaders' Update, Online via Zoom - 7:00 p.m.</td>
<td>Red Wheel Sales End, Minneapolis</td>
<td>Kansas 4-H Horse Panorama, Rock Springs</td>
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<tr>
<td><strong>30</strong></td>
<td><strong>31</strong></td>
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<tr>
<td>Kansas 4-H Horse Panorama, Rock Springs</td>
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GOODBYE 2021, HELLO 2022!

Dear 4-H Families,

I am not sure about you, but 2021 seemed to fly by. The 2020 year didn’t move nearly as fast. As the world works to put the pandemic behind us and move forward, so are all the organizations, work places, etc. It is important for us to take time to reflect on the good things and all the learning opportunities that we have had. We were able to move from virtual back to in-person programming, club meetings, 4-H camp, 4-H Celebration of Achievements, and the list goes on.

In this edition of the 4-H newsletter you will find it is a combination of December and January news. Please take a moment to review and read.

Have a Safe, Healthy, and Happy Holidays!

Sarah