

# MEMBER 4-H RECORD BOOK CHECK SHEET

(Complete and insert inside front cover of your 4-H record book)

NAME \_\_\_\_\_ AGE \_\_\_\_\_

CLUB \_\_\_\_\_ TOTAL (YES) RESPONSES \_\_\_\_\_

**RECORD BOOK**

- | YES | NO  |  |
|-----|-----|--|
| ___ | ___ | 1. Personal Page information completed and signed.   |
| ___ | ___ | 2. Permanent Record complete and up-to-date.   |
| ___ | ___ | 3. Central Kansas District 4-H Generic Project Record or KAPs completed for all projects enrolled. |
| ___ | ___ | 4. 4-H Story completed.  |
| ___ | ___ | 5. Attended majority of regularly scheduled club meetings held (50% + 1).                          |
| ___ | ___ | 6. Attended majority of project meetings held (50% + 1).   |
| ___ | ___ | 7. Held an office in your 4-H club or District 4-H Council.  |

<u>Age 7-8</u>	
1-10	White
11-16	Red
17-29	Blue
30+	Purple
<u>Age 9-12</u>	
1-12	White
13-20	Red
21-34	Blue
35+	Purple
<u>Age 13 and older</u>	
1-15	White
16-25	Red
26-39	Blue
40+	Purple

**4-H CLUB PARTICIPATION**

- | YES | NO  |  |
|-----|-----|--|
| ___ | ___ | 8. Presented <u>project talk</u> to 4-H club or at a project meeting.  |
| ___ | ___ | 9. Presented <u>demonstration</u> or <u>illustrated talk</u> to 4-H club or at a project meeting.  |
| ___ | ___ | 10. Presented a sharing presentation at club meeting, not related to current project enrollment (i.e., reading a poem & not enrolled in reading). Recommended for 1 <sup>st</sup> & 2 <sup>nd</sup> year 4-H members, 10 years old & younger.<br>List: _____ |
| ___ | ___ | 11. Attended a 4-H judging school or contest at club level.  |
| ___ | ___ | 12. Participated in club leadership workshop.  |
| ___ | ___ | 13. Attended club officers' training.  |
| ___ | ___ | 14. Participated in club exchange meeting.   |
| ___ | ___ | 15. Participated in the Club Achievement Program.  |
| ___ | ___ | 16. Participated in a club special activity (tour, party, 4-H Sunday, etc.) not previously mentioned.<br>List: _____   |
| ___ | ___ | 17. Participated in club service learning activity. Service Learning engages 4-H members in a project that blends the learning goals and a service project together.   |
| ___ | ___ | 18. Participated in a club fundraiser.   |
| ___ | ___ | 19. <u>Worked</u> on a club committee.   |
| ___ | ___ | 20. Served as a chair or co-chair for club committee.  |
| ___ | ___ | 21. Served as club assistant project leader and registered at Extension Office.  |
| ___ | ___ | 22. Served as a registered volunteer project leader for club.  |
| ___ | ___ | 23. Participated in 48 Hours of 4-H in October through a club community service project.   |

**DISTRICT PARTICIPATION**

- | YES | NO  |  |
|-----|-----|--|
| ___ | ___ | 24. Presented talk (project, public speaking, sharing) or demonstration during 4-H Club Day.<br>List: _____                      |
| ___ | ___ | 25. Participated on a Gavel Games team at the District contest.  |
| ___ | ___ | 26. Assisted at 4-H Club Day (room monitor, set-up, clean-up, etc.).   |
| ___ | ___ | 27. Presented a talk or demonstration at a District Project Meeting.   |
| ___ | ___ | 28. Made presentation to non-4-H group (civic, business, school, church groups, etc.).   |
| ___ | ___ | 29. Wrote and presented radio public service announcement promoting 4-H.   |
| ___ | ___ | 30. Assisted with 4-H Week Promotion (radio, project fair, public presentation, etc.).   |
| ___ | ___ | 31. Participated in District judging contest or judging school.  |
| ___ | ___ | 32. Participated in a District Leadership Workshop.  |
| ___ | ___ | 33. Participated in District Officers Training   |
| ___ | ___ | 34. Attended 4-H District 4-H Celebration of Achievements Program.   |
| ___ | ___ | 35. Worked at the District 4-H Youth Service Day event.  |
| ___ | ___ | 36. Participated in a District 4-H Council fundraiser (i.e., Red Wheel/Fudge, Pop/Concession Stand, etc.).                       |
| ___ | ___ | 37. Sold Lions BBQ tickets, worked during the Lion's BBQ, or during the Lion's Ham & Bean Feed.                                  |
| ___ | ___ | 38. Worked Ottawa County 4-H Foundation or Saline County 4-H Development Fund fundraiser (i.e., fund drive, phone-a-thon, etc.). |
| ___ | ___ | 39. Assisted District 4-H Agent or helped at Extension Office.   |

- 40. Attended a District 4-H Camp as a camper (Day Camp, Fair Fun Day, Oz-some 4-H Camp-Rookie or Regular Camp).
- 41. Served as Camp Counselor at Rock Springs, Day Camp, or Fair Fun Day.
- 42. Served and worked on District 4-H Council Committee.
- 43. Co-chaired District 4-H Council Committee.
- 44. Applied and interviewed for District 4-H Ambassador.
- 45. Exhibited at the County Fair.
- 46. Received a Purple at the County Fair or 4-H Club Day.
- 47. Assist at the other county fair in the District in which you do not exhibit (i.e., if you exhibit at the Ottawa County Fair, and you assist at the Tri-Rivers Fair).
- 48. Modeled in Public Fashion Revue at County Fair.
- 49. Listed and served as an Assistant or Superintendent at County Fair.
- 50. Assisted with County Fair other than as a superintendent (set-up, clean-up, building monitor, etc.).
- 51. Participated in County Fair activity not previously mentioned (parade, fair fun day, olympics, etc.).
- 52. Assisted with 4-H sponsored "Spring" or "Invitational" Show (dog show, etc.).
- 53. Completed KAP for competition on the District Level.
- 54. Served and listed as Registered Volunteer District project leader or assistant leader.
- 55. Interview for District recognition or activity (i.e., King/Queen, camp counselor, outstanding 4-H'er, etc.).

**AREA OR REGIONAL (BEYOND THE DISTRICT LEVEL, MULTI-COUNTY) PARTICIPATION**

**YES NO**

- 56. Attended Regional 4-H Club Day as a contestant (i.e., Gavel Games, Model Meetings, Demonstration, etc.).
- 57. Attended Clover Block leadership training.
- 58. Exhibited at a 4-H sponsored Area or Regional invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.).
- 59. Participated in a non 4-H sponsored Area or Regional invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.).
- 60. Attended 4-H sponsored Area or Regional workshop, tour, or event.
- 61. KAP competed in Area screening.
- 62. Assist at another county fair outside of the District.

**STATE OR NATIONAL PARTICIPATION** *(for items 63-65, each event attended is worth 1 point)*

**YES NO**

- 63. Attend a State 4-H youth conference (i.e., Discovery Days, Ambassador Weekend, Citizenship In Action (CIA), Kansas Youth Leadership Forum (KYLF), Campference, etc.).
  - a. \_\_\_\_\_ c. \_\_\_\_\_
  - b. \_\_\_\_\_ d. \_\_\_\_\_
- 64. Attended a State specialty camp (i.e., Photography, Clothing, Shooting Sports, Space Tech, etc.)
  - a. \_\_\_\_\_ c. \_\_\_\_\_
  - b. \_\_\_\_\_ d. \_\_\_\_\_
- 65. Attended a National 4-H Youth Conference (i.e., 4-H Conference, 4-H Congress, Citizenship Washington Focus (CWF)).
  - a. \_\_\_\_\_ c. \_\_\_\_\_
  - b. \_\_\_\_\_ d. \_\_\_\_\_
- 66. Attended 4-H sponsored State workshop, tour, or event (not already mentioned in this section).
- 67. Participated in exchange trip with another state, hosted or traveled.
- 68. Hosted an exchange student from another country (Japan, IFYE, etc.).
- 69. Traveled as an exchange student to another country through the 4-H program.
- 70. Exhibited at the Kansas State Fair.
- 71. Listed and served as Kansas State Fair Volunteer.
- 72. Participated in a non 4-H sponsored State or National invitational event (spring show, horticulture, dog, rabbit, horse, livestock, etc.).
- 73. Participated as a team member on a 4-H State judging team or as an individual.
- 74. Served on State Action Team.
- 75. KAP competed in State screening.
- 76. Served in a leadership role at a state or national 4-H event not already mentioned in this section (i.e., counselor at Camp Corral, presented at a state workshop, etc.).

**Comments**---Make any comments, concerning book--neat, accurate, readable, complete, project goals met, etc.