

centralkansas.k-state.edu/4-H

Central Kansas District 4-H

December, 2019

January, 2020

Sarah E. Maass, Ph.D.

District Extension Agent
4-H Youth Development
semaass@k-state.edu

Kate Littich

District Program Assistant
4-H Youth Development
klittich@ksu.edu



K-STATE
Research and Extension

K-State Research and Extension is an equal
opportunity provider and employer.

Kansas4-H.org

HOLIDAY OFFICE HOURS

Minneapolis Office Closed — December 24, 25, 31 (afternoon only), and January 1

Salina Office Closed — December 23—January 1.

Both offices will reopen on January 2, 8 a.m.

CENTRAL KANSAS DISTRICT 4-H CELEBRATION OF ACHIEVEMENTS

Wow! What an afternoon. The Districtwide 4-H Celebration of Achievements was great! What a great opportunity to recognize the 4-H members and volunteer leaders in the District for all of their hard work and accomplishments. Special thanks go out to all of the members of the 4-H Celebration of Achievements Committee.



Key Award Recipients: Adelaide Easter, Sunny Valley; Jeannie George, Sunny Valley; Sydney Hynes, Cardinal; Grace Pfannenstiel, Boldly Go; Anya Pohl, Friendly Valley; and Rylee Schrock, Cardinal. The Key Award is given to 4-H members 16 years of age or older. This is a state award.

Outstanding 4-H Member Award: Sydney Hynes, Cardinal and Weston Schrader, Solomon Valley. This award is given on a district level.

4-H Family of the Year Award: The Traci Lambdin Family of the Woodsdale 4-H Club and the Joel Wimer Family were the recipients of this award.

4-H Alumni of the Year Award: Carl Garten was the recipient of this award.

Friend of 4-H Award: This award was awarded to Sandy Shields and Doug Laas.

Outstanding Lifetime Volunteer Award: This award was awarded to Robyn Prickett and Eric Lamer.

PLEASE SHOW YOUR APPRECIATION – WRITE THANK YOU NOTES

Award winners, please take time to show your appreciation by taking a few minutes to write a thank you note to your award sponsor(s). The 4-H Celebration of Achievements Program has a list of sponsors and your organizational leaders have thank you notes you can use. Organizational leaders, please be sure and return written thank you notes and any unused thank you notes by **December 13** to either Extension Office. If there are any written thank you notes returned after this date, the postage will be the responsibility of the club.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

HOW TO MAKE YOUR THANK YOU NOTES G.R.E.A.T.

- Grammar – Make sure there are no spelling mistakes.
- Reference – Be specific to what you are thanking the sponsor for
- Explanation – Explain why you are thankful (and do not hesitate to tell them a little bit about you too!)
- Action – Write your thank you note within 1 to 2 weeks
- Thanks – End on a happy note and sign off by saying something with thanks.

CARL GARTEN IS RETIRING

After 41 1/2 years, Carl Garten is retiring from the Central Kansas Extension District. Carl has enjoyed working with all the 4-H families throughout the years and has appreciated the support. A reception will be held Friday, January 3, at American AgCredit, 925 W. Magnolia Rd. in Salina, from 4 to 6:30 p.m. All are welcome and encouraged to attend. American AgCredit is just west of the I-135 /Magnolia exit at the entrance to Menards in Salina. Cards may be sent to Carl's home address: 116 Aspen Rd., Salina, KS 67401.

DOROTHY BRAY IS RETIRING

Dorothy Bray is retiring the end of January after being with the Central Kansas Extension District for 15 years. If you want to send Dorothy a note of appreciation or card for her service, you may email her at dbray@ksu.edu or you can mail it to the Salina Extension Office at 2218 Scanlan Ave, Salina, KS 67401.

KAPs GOING TO REGIONAL CONTEST

Congratulations to those individuals who have KAPs going to the Regional Contest:

Beef:	Maddy Krueger, Solomon Valley Weston Schrader, Solomon Valley	Leadership:	Emma Littich, Smoky View Weston Schrader, Solomon Valley
Citizenship:	Sydney Hynes, Cardinal Emma Littich, Smoky View	Meat Goats:	Weston Schrader, Solomon Valley
Clothing:	Emma Littich, Smoky View	Performing Arts:	Emma Littich, Smoky View Madison Repp, Friendly Valley
Communications:	Erin Lange, Cardinal	Sheep:	Maddy Krueger, Solomon Valley
Foods:	Emma Littich, Smoky View	Swine:	Andy Marshall, Sunny Valley
		Visual Arts:	August Hulse, Pleasant Valley

Remember...all KAPs going to the Area Contest are due to either Extension Office by **Monday, January, 13.**

PARENTS & VOLUNTEERS NEEDED: NE REGIONAL KAP SCREENING



The NE Regional KAP Screening is scheduled for **Thursday, January 16**, in Manhattan. Volunteers are needed to help screen the KAPs. The group from CKD usually carools to Manhattan and we usually leave around 8 a.m. from Salina. It depends on the year, but we usually get back to Salina between 3:30 and 5 p.m. If you or someone you know would be interested in this opportunity, please email Sarah (semaass@k-state.edu) **by December 17**. You will need to email her your name and the 4-H projects you'd be interested in judging. If you have any questions, please contact Sarah.

WINTER WEATHER

Kansas has been hit by winter weather already! As weather is so unpredictable in our state, please be sure to check our Facebook page (Central Kansas District 4-H), listen to the radio (KSAL), or call the Extension Office if you question that a meeting may be cancelled. Email is not always reliable. So, if the weather is questionable, please confirm that the scheduled meetings will still be held before you venture out.



4-H NEWSLETTER DEADLINES FOR 2020

If you have something you would like in the *4-H Newsletter*, be sure to email it to semaass@k-state.edu. The deadline for February is January 13; March is February 5; and for April is March 9.

FUNDRAISER UPDATE

Minneapolis – Red Wheel sales begin on December 1 and will conclude on January 31. Leaders will need to get the final numbers and payment to the Minneapolis Office by 5 p.m., Thursday, February 6. The delivery date is February 29.

Salina – Thank you to all 4-H'ers who participated in the 4-H Council Fundraiser. We had 11 4-H members sell more than \$300 worth of product. Congratulations to all of you! The top 10 sellers (who sold \$300 or more) will receive a scholarship to a 4-H sponsored event/activity of their choosing (i.e., 4-H Camp, Discovery Days, KYLF, Sewing Camp, Horse Panorama, 4-H Campference, Insect Spectacular Workshop etc.) or college scholarship (if a high school senior). The scholarship will need to be used by September 30, 2020.

1. Kaitlyn Watkins, Gypsum Valley	\$100 scholarship
2. Jaelyn Gates, Cardinal	\$75 scholarship
3. Danielle Hogan, Boldly Go	\$50 scholarship
4. Raegan Kee, Gypsum Valley	\$25 scholarship
5. Shelby Stolzenburg, Willing Workers	\$25 scholarship
6. Adeline Cambo, Boldly Go	\$25 scholarship
7. Adilynn Cox, Cardinal	\$25 scholarship
8. Bailey Fritz, Gypsum Valley	\$25 scholarship
9. Gauge Fritz, Gypsum Valley	\$25 scholarship
10. Wesley Roland, Boldly Go	\$25 scholarship
Lane Fritz, Gypsum Valley	\$25 scholarship

SAVE THE DATE

- **State Horse Judging Contest, March 6, 2020** – This event will be held in conjunction with Equifest in Salina.
- **4-H Day with the Wildcat Women's Basketball, March 8, 2020** – This event will be held in Manhattan when the Wildcats take on the University of Kansas Jayhawks. Tipoff will be at 2 p.m.
- **Regional 4-H Club Day, March 28, 2020** – This event will be held in Clay Center.
- **Discovery Days, May 27-29, 2020** – This event will be held on the K-State Campus in Manhattan.
- **Rookie 4-H Camp, June 16-17 (session 1) and June 18-19 (session 2), 2020** – This event will be held at Rock Springs 4-H Center. Counselors will need to be prepared to go to 4-H Camp on June 15.
- **4-H Camp, June 16-19, 2020** – This event will be held at Rock Springs 4-H Center. Counselors will need to be prepared to go to 4-H Camp on June 15.
- **4-H Campference, June 22-25, 2020** – This event is sponsored by the Kansas 4-H Youth Leadership Council and will be held at Rock Springs 4-H Center.
- **CKD 4-H Invitational Dog Show, June 27, 2020** – This event will be held in Salina.
- **North Central District Horse Show – June 29, 2020** – This event will be held in Salina. Early check-in will take place on June 28, 2020.
- **Ottawa County Fair – July 21-24, 2020** – This event will be held in Minneapolis.
- **Tri-Rivers Fair – August 5-9, 2020** – This event will be held in Salina.
- **Kansas All Breeds Dairy Show, August 14-15, 2020** – This event will be held in Salina.
- **Kansas State Fair, September 11-20, 2020** – This event will be held in Hutchinson.
- **Kansas Junior Livestock Show, October 2-4, 2020** – This event will be held in Hutchinson.



LEADERSHIP OPPORTUNITIES

NORTHEAST REGIONAL 4-H LEADERSHIP EVENT (NELE)

Kansas 4-H is Jammin' Out with Leadership! 4-H members 12 to 18 are invited to the Northeast Regional 4-H Leadership Event (NELE) Saturday, January 18, 2020, 9:30 am to 4:30 pm. in Heritage Hall at Rock Springs 4-H Center!

NELE is led by the Northeast Region youth council representatives. Delegates can sign up for multiple classes. Registration includes lunch, snack, and a t-shirt.

Participants will need to plan to carpool to this event. A letter will be sent out shortly after registration closes with the names and phone numbers of those who will be attending this event.

Adults can attend this opportunity as well! There will be classes on engaging youth and science.

Don't miss this opportunity to meet new people, learn new leadership skills, and enjoy fun classes! Cost to register is \$30 for both youth and adults. Youth and adults have the opportunity for a scholarship through 4-H Council. However, the scholarship amount will not be determined until after the 4-H Council meeting on January 27. Therefore, youth and adults will need to submit payment of \$30 and youth will need to submit their scholarship application by noon, January 3. Participants will be reimbursed the scholarship amount after the 4-H Council meeting. To register, visit <http://www.kansas4h.org> Registration is due by noon, January 3, and payment is due to either Extension Office by this time.



4-H COUNCIL NEWS

January Meeting

The January 4-H Council Meeting will be held on Monday, January 27, at 7 p.m. in Minneapolis. We will vote on the fair theme at this meeting. Each club should come prepared to present only one theme.

Committee Update

An email will be coming out soon with information regarding the 2020 4-H Council Committees. The email will go out to all committee members with an email address and to the organizational leaders. The list (excluding email addresses and phone numbers) will be posted on our website under 4-H Member Forms and Documents. Copies of the committee list will be available at either Extension Office after edits have been made (after the first of the year) and will be available at the January 4-H Council Meeting.



Co-Chair Training

The 4-H Council Committee Co-Chair training date has not yet been set. As soon as it is, an email will be sent out to all committee members, co-chairs, master volunteers, and advisors. It will be held on the Kansas State University – Polytechnic Campus.

ADULT CHAPERONES NEEDED



If you are interested in serving as a chaperone for Citizenship In Action, 4-H Camp or Discovery Days, please complete the Adult Chaperone Application and return it to either Extension Office **by December 16**. You can find the application online at <http://www.centrankansas.k-state.edu/4-h> under 4-H Youth Development, 4-H'er Forms & Documents. By completing an application, you have let us know you are interested in serving as a chaperone; **it does not commit you to serving as a chaperone**. We will need chaperones for Citizenship in Action, Discovery Days, and 4-H Camp. If you have any questions, please contact Sarah.

KANSAS 4-H CITIZENSHIP IN ACTION

Kansas 4-H Citizenship In Action or CIA will be held on Sunday, February 16 and Monday, February 17, 2020, at the hotel and State Capitol in Topeka. All youth who are at least 13 years old are eligible to attend (based on 4-H age, the age of the youth before January 1, 2020). The purpose of the event will be for Kansas 4-H members to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in 4-H and in their communities. As of this time, registration information is not available from the state. Kansas 4-H will send out an email to all 4-H members eligible to attend this event when the registration is ready.



Youth who complete the 4-H Council Scholarship Application and have met the required items (<http://www.centrankansas.ksu.edu/4-H>, under 4-H'er Forms and Documents) are eligible for a scholarship. The anticipated 4-H Council scholarship is \$75, but that will not be known until after the January 4-H Council meeting.

Registration and payment are due to either Extension Office 5 p.m. on the deadline the state establishes. Remember, the 4-H Council Scholarship Application MUST accompany the registration fee when turning it in to either Extension Office. **All delegates will need to plan to participate in a web based conference call on Tuesday, February 4, at 6:00 p.m. (details will be sent to those who register).** The call should not take longer than 30-45 minutes. Delegates should be prepared to ask any questions they have about the event.

GAVEL GAMES & MODEL MEETINGS

Club members' learning about parliamentary procedures is what gavel games and model meetings are about. Knowing parliamentary procedures is a life-long skill in which many adults struggle. Learning parliamentary procedures is a great opportunity for everyone!



Clubs planning to participate in the Gavel Games/Model Meeting contests need to pre-register **ONLINE** by **Monday, December 16 by 11:59 p.m.** A link was sent to the Organizational Leaders Listserv on November 25. The contest date is **Saturday, January 11**, at the Kansas State University – Polytechnic Campus, Technology Building (building #6). Please park in the parking lot B-1. Signs will be posted in the building to direct you to the rooms we will be using. If there are conflicts with the contest date, clubs may choose to participate in the contest on **Friday, January 10**, beginning at 5 p.m. in the Technology Building on campus. Clubs must note this online. **If teams/clubs participate on Friday, they will not be eligible for the Regional contest, but 4-H members will be able to indicate that they participated in the contest on their pin application.** Gavel Game and Model Meeting guidelines are available from Organizational Leaders and are available at our website <http://www.centrankansas.ksu.edu/4-h>, under Organizational Leaders. Don't miss out on learning new skills.

HELP WITH 4-H CLUB DAY PRESENTATIONS

One of the greatest benefits of 4-H is learning to do public presentations! We encourage every 4-H member to participate in 4-H Club Day coming up in February! Resources are on the 4-H website to help you with the planning and presenting of talks. This information is intended to supplement the 4-H Club Day Guidelines (see pages 8-9). If you have any questions or still cannot find helpful information, please contact Kate or Sarah at the Extension Office. The videos that are available at <http://www.centrankansas.ksu.edu/4-h> under 4-H Club Day Information are:

- Demonstration & Illustrated Talks Instructional Video
- Project Talk Example Video
- Public Speaking Example Video
- Demonstration Example #1 Video & #2 Video

4-H CLUB DAY – FEBRUARY 15, 2020

Learning to present demonstrations, project talks, public speaking and more is one of 4-H's trademarks. School teachers will brag to parents during parent teacher conferences that they know their child is a 4-H member because they can speak in front of the class without being nervous! Mark your calendars...**NOW for February 15.** 4-H Members must be 7 before January 1, 2020, to participate. Cloverbuds (5 & 6 year olds before January 1, 2020) may only participate in the Sharing Division. The Central Kansas District's 4-H Club Day will be at Salina South Middle School. All 4-H members and Cloverbuds are encouraged to enter. **Entries are due by the individual 4-H member and cloverbud ONLINE by January 6, 11:59 p.m.** **Enrollment must be submitted and be completed online by 12/01/19 for 4-H members to be eligible to participate.**

Remember: The 4-H Club Day policy is a 4-H member must present a public presentation (demonstration, illustrated talk, project talk, public speaking or sharing) to be eligible for individual talent. 4-H members may participate in group (3 or more) activity without presenting a public presentation. Simply, if a 4-H member wants to participate with an instrumental solo or vocal solo, a demonstration or project talk must be given.

Online Registration: 4-H Club Day registration will be online. 4-H members and families can register at their own convenience, but we do not recommend waiting until the last minute! **An email will go out the week of December 8, and registration links will be available on the District website under "Upcoming Events & Online Registration".** For rules and regulations, please refer to pages 8 and 9 of this newsletter.

Please be sure to allow ample time to complete the online registration as it will take some time to complete. In addition, **it will need to be completed separately for each participating 4-H member, including Cloverbuds who wish to present a Sharing Talk.** However, Group Talent Events will only need to be entered ONCE. This means **ONLY ONE** member (or representative) will register a group entry and will list each person in the group as well as the club they belong to. **No substitutions of 4-H members will be allowed. If individuals are in a group event, ONLY those who have been listed on the entry form will be allowed to participate in the group event.** In addition, since Prepared Public Presentations (demonstrations, & illustrated talks) can be a team effort of two people, **ONLY ONE** member will register for both, by entering their name and their partner's name in the box provided.

When you register for the District 4-H Club Day event, you will see a question regarding Regional attendance. If a member qualifies for Regional competition, we will use their response from this question when submitting our Regional entries. You will also be given the opportunity to indicate if you have a scheduling request.

Please list any special requests you may have, and we will do our best to accommodate them. **Remember, no animals or weapons of any kind will be allowed at 4-H Club Day, as in previous years. At the end of the registration process, you will need to click "Submit." Once you have done so, you have the option to print or save at the end of the entry process.**

Deadline: Registration will be due on **Monday, January 6, by 11:59 p.m.** **Any entries submitted after this time will NOT be accepted. Please do NOT wait until the last minute to complete this registration.** If you have any questions regarding the registration process, please contact Kate, klittich@ksu.edu OR if you have questions concerning the rules or guidelines for the contest, please contact Kate or Sarah. They can be reached by phone at 785-309-5850 during 8 a.m. - 5 p.m. work hours. Any calls or emails outside of this time frame cannot be guaranteed a prompt response until the following business day. Only 4-H members and cloverbuds who are enrolled by December 1 are eligible to compete at 4-H Club Day. If a member completes the online registration for 4-H Club Day, but was not enrolled by the deadline, the Extension Office will address the issue with the Organizational Leaders. The Organizational Leaders will then be the ones to inform the families of the problem.

4-H CLUB DAY CONTINUED

We understand that with technology, there may be minor issues. It is our hope that everything will run smoothly and will be a lot less of a hassle for families and leaders. If you have any questions or concerns regarding the registration form, please contact Kate at klittich@ksu.edu.

TOP 10 REASONS TO PARTICIPATE IN 4-H CLUB DAY

10. Showcase your talents! But remember, you must present a public presentation to be eligible for individual talent.
9. You have the opportunity to participate in the districtwide FCS Judging Contest.
8. The potential to advance to Regional 4-H Club Day on March 23, 2019.
7. You have the opportunity to show your creative side!
6. Participate in a Districtwide Community Service Project.
5. Teach others about something you like and/or enjoy.
4. Support and cheer on your friends and fellow club members.
3. You will receive feedback on how to improve your presentation and what you did well.
2. Get ideas for future project work, demonstrations, and speeches.
1. It is FUN!



4-H CLUB DAY PARTICIPATION INCENTIVES

4-H Club Days is fast approaching, and the Club Days Committee is offering incentives again this year to encourage participation. There will be awesome prizes for all ages, and you could win one! For every speech/demonstration, talent event (instrumental, vocal, dance, reading, skit), and group event you participate in, you'll receive a ticket to put in the prize bucket of your choice. You'll also earn a ticket for being a room monitor at your club's assigned room, completing FCS judging, and participating in the community service activity.

The more you participate, the more chances you have to win! What prizes can you choose from? It's too early to have a complete list, but there will be gift certificates, toys, games, electronics, and much more!

4-H Club Days is February 15, 2020, and the deadline for signing up is January 6. So start planning for all the ways you can participate at Club Days!

Clubs and families are welcome to donate prizes. Please drop off prizes to either Extension Office by January 10.

WANTED: COMMUNITY SERVICE ACTIVITY FOR 4-H CLUB DAY

The 4-H Club Day Committee is looking for a 4-H member or group of 4-H members to organize a community service activity at 4-H Club Day. This would involve choosing an organization to help, then organizing a way to make items or collect donations to benefit that organization. Some past community service activities at 4-H Club Day have included: making pet toys/blankets for the Salina Animal Shelter, making pillows for the pediatric unit at the hospital, and collecting baby items for Birthright and the Health Department. If you'd be interested in leading this worthwhile activity, please email Kate Littich at klittich@ksu.edu.



2020 GUIDELINES FOR 4-H CLUB DAY PRESENTATIONS

The events listed below are suggested guidelines for scheduling purposes. Enter members of your club where you feel their presentation will fit best. A club may have more than 1 ensemble, skit, etc. as long as different members are in it. "Juniors 7-12 and Seniors 13 & older" **Cloverbuds may only participate in the Sharing Division.**

PUBLIC PRESENTATIONS

Sharing - Non-competitive

- A. Recommended, for cloverbuds and 1st and 2nd year 4-H members 10 years old and under, but not limited.
- B. Time: recommend 2-3 minutes.
- C. Props or posters may or may not be used.
- D. Topic must be any 4-H related project or item.
- E. Cloverbuds and 4-H members come prepared with short presentation.

Project Talks - Junior

- A. For 4-H members 7 to 12 years old.
- B. Time: recommend 3 to 4 minutes, 7 minutes maximum.
- C. Visuals encouraged but not required.
- D. Individual presentations only.
- E. Topic may be on 4-H project or aspect of project 4-H member is currently enrolled in.
- F. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector. A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
- G. Questions are not asked.

Demonstrations - Illustrated Talks - Junior

- A. A demonstration is a show and tell type of presentation. An illustrated talk tells how rather than shows how. Needs end product.
- B. For 4-H members 7 to 12 years old.
- C. Time: recommend 4 to 7 minutes, 10 minutes maximum.
- D. Either individual or team presentations.
- E. All necessary equipment provided by 4-H member, i.e. computer, poster, etc.
- F. Topic may be related to 4-H project currently enrolled.
- G. The endorsement of brand names is discouraged.
- H. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector. A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
- I. Questions asked.
- J. Summary is required.

Demonstrations - Illustrated Talks - Senior

- A. A demonstration is a show and tell type of presentation. An illustrated talk tells how rather than shows how. Needs end product.
- B. For 4-H members 13 years old or older.
- C. Time: recommend 5 to 10 minutes, 15 minutes maximum.
- D. Either individual or team presentations.
- E. All necessary equipment provided by 4-H member, i.e., computer, posters, etc.
- F. Topic may be related to 4-H project currently enrolled.
- G. The endorsement of brand names is discouraged.
- H. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector. A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
- I. Questions asked.
- J. Summary is required.

Public Speaking - Senior

- A. For 4-H members 13 years and older.
- B. Time: recommend 5 to 7 minutes, 15 minutes maximum.
- C. Visuals may or may not be used. They should enhance the talk- not distract. No posters or PowerPoint presentations allowed.
- D. Individual presentations only.
- E. Topic unlimited, persuasive, informative, etc.
- F. Outline required for judge (Judge will deduct one ribbon if outline not available).

Spontaneous Speaking-Senior

- A. For 4-H members 13 years and older.
- B. Draw for a topic from list, "4-H Promotion", "Current Events", "Personal Interest" (hobby, sports, school, future plans)
- C. 10 minutes allowed to prepare speech. Time: Recommended 3-5 minutes, 5 minutes maximum.
- D. No questions asked.

TALENT

Member must present a prepared Public Presentation (demonstration, project talk, public speaking or sharing) to be eligible for individual talent. Spontaneous Speaking is not included in the prepared Public Presentation category. 4-H member may participate in group (3 or more) without presenting individual prepared public presentation. (Individual and Duet entries must also present demonstration, project talk, public speaking or sharing.)

Music

- A. Chorus
 - 1. Sixteen or more members or 12 or more members if club under 16. (may easily change to ensemble)
 - 2. Two numbers required.
 - 3. Copy of selections with measures numbered required for judge--original copy*. If not available, one ribbon deducted.
 - 4. Singing may or may not have accompaniment. Director and accompanist need not be 4-H members.
 - 5. Selections should be memorized, but not required.

B. Vocal Ensemble

1. Group may be composed of 2 to 15 4-H members, not including accompanist.
2. Each group will sing two numbers of their own choosing.
3. Copies of selections will be given to judges before performing* with measures numbered. If not available, one ribbon deducted.
4. Accompanist need not be a 4-H member.
5. Selections must be memorized or may influence the rating.

C. Vocal Solo

1. Participant will sing one number.
2. 4-H member judged on vocal presentation.
3. Copy of selection will be given to judge before performing* with measures numbered. If not available, one ribbon deducted.
4. Accompanist need not be a 4-H member.
5. Memorization required. Ribbon rating deducted if not memorized.

D. Orchestra - Band – Must be able to provide own instrument, with the exception of a piano

1. Groups may be composed of 16 or more 4-H members (may be from different clubs).
2. Each group will play one number of their own choosing.
3. Copy of the conductor's score is to be given to the judge before playing* with measures numbered.
4. Memorization of number is not required.
5. The director is not required to be a 4-H member; an individual may not play with the group unless he or she is a 4-H member.

E. Instrumental Ensemble – Must be able to provide own instrument, with the exception of a piano

1. Group may be composed of 2 to 15 4-H members, (may be from different clubs) not including the accompanist.
2. Each group will play one selection of their own choosing.
3. Copies of selection will be given to judges before performing* with measures numbered.
4. Memorization of numbers is not required.
5. The director is not required to be a 4-H member; an individual may not play with the group unless he or she is a 4-H member.

F. Instrumental Solo – Must be able to provide own instrument, with the exception of a piano

1. Participant will play a composed solo number.
2. Copy of selection will be given to judges before performing* with measures numbered.
3. Accompanist need not be a 4-H member.
4. Memorization is not required.

Dance – (Country dance, folk, choreographed, other) Maximum 5 minutes. – Must provide own equipment to play music (i.e., CD player, speaker).

- A. Junior Solo
- B. Senior Solo
- C. Group (2-15 members)

Drama

A. Plays

1. Limited strictly to one-act plays. One set. No set changes allowed.
2. Minimum 30 minutes maximum 45 minutes.
3. Clubs responsible for all scenery.
4. No copy of play required.

B. Skits

1. Designed as original plays or skits.
2. No number limitations.
3. Performance set-up 5 minutes. Each group will be responsible for all scenery, property, and props.
4. Maximum 15 minutes.
5. No copy of skit required.

C. Reading - Poetry Interp or Prose Interp

1. Dramatic or Interpretive, humorous, or other type of reading.
2. Individual presentation.
3. A 10 minute maximum time limit. No minimum time limit.
4. Students are expected to have an attention getting intro that includes description of performance which should include the title, author, and setting, and the name of the participant and 4-H club). The intro also sets the scene for the cutting.
5. No props beyond a folder or book may be used in Readings. Props may be used in Solo Acting.
6. No extra points will be awarded for memorized work. While this may be memorized, but needs to look as though it were a reading.

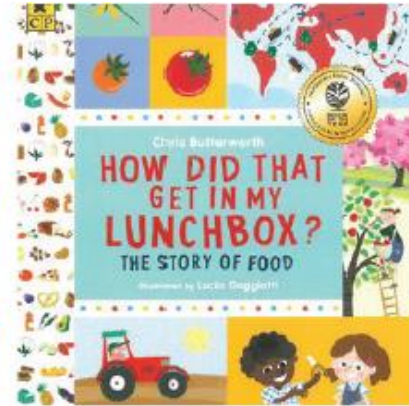
D. Solo Acting

1. The material is generally something that was published as a script, but can be done from a story. The pieces may be single or multiple characters (one person does all the parts).
2. Individual Presentation.
3. The time limit is maximum 10 minutes. No minimum time limit.
4. Students may move around and may even use a chair as a prop.
5. The piece must be memorized.
6. Students are expected to have an attention getting intro that includes title and author. The intro also sets the scene for cutting.

E. Other

1. Miscellaneous grouping: novelty, stunts, pantomime, puppets, marionettes, ventriloquist acts, etc.
2. Individual or group.
3. Maximum 5 minutes.

*If original copy is not available, judge will deduct one ribbon rating.



LEADING KIDS TO AG KNOWLEGE

An hour-long workshop using the
How Did That Get in my Lunchbox?
lesson plans.

- First, Second, Third..
- What's in Your Lunch Box?
- Yummy to My Tummy!

Contact your local County Farm Bureau for more information

YOUTH PROGRAMING

Objective

Delivering consistent, ag-accurate information to elementary audiences across the state by partnering with youth organizations such as FFA, FCCLA and 4-H through a specific curriculum and train-the-trainer program.

Attendees receive everything they need to build relationships and acquire complimentary resources to lead youth to a better understanding of agriculture.

Provides an opportunity for students to gain:

- Service hours
- Public speaking skills
- Experience working with children
- Leadership development & project execution tactics
- Growth in their own ag knowledge

LOOKING FOR JUNIOR HIGH AND HIGH SCHOOL STUDENTS TO PROMOTE AGRICULTURE IN THE CLASSROOMS

The Central Kansas Extension District, the Minneapolis and Southeast of Saline FFA Chapters are partnering with the Ottawa and Saline County Farm Bureau, to promote agriculture in the classroom of our schools. Members interested in this opportunity should plan to attend a training on Monday, December 16, from 7-8 p.m. on the KSU, Polytechnic Campus. If you are interested, please email Sarah (semaass@k-state.edu) to register.

DISTRICT 4-H QUIZ BOWL

Saturday, January 11, after Gavel Games

K-State Polytechnic Campus

Registration Deadline: December 20

Two is company and three's a quiz bowl team!!!

Put your thinking caps on, grab a couple of 4-H friends and form a team!

Registration link will be e-mailed out to organizational leaders.

One person will register all teams from your club.

Each team must consist of three 4-H members and are split into the following categories:

Junior (7-12) & Senior (13-18)

Prizes will be awarded to: 1st, 2nd and 3rd place teams

An overall club award of \$25 will also be presented.

Questions will relate to all aspects of 4-H, including officer information, parliamentary procedure, project information, history and other fun facts about 4-H.

QUIZ BOWL VOLUNTEERS NEEDED!

Volunteer Registration Deadline: December 31

Adult volunteers are needed!

We will need at least 20 volunteers for the following positions:

competition room monitors

waiting room monitors

scorekeepers

buzzer monitors/time keepers

We encourage all 4-H members to sign up for a team. A few positions will be available for 4-H members 7th grade and up who do not want to participate on a team.

To volunteer , please go to <http://www.centrankansas.ksu.edu/4-H> under Upcoming Events and Online Registration. Select all positions you would be willing to help with, and positions will be assigned based on registration.

4-H SCHOLARSHIPS

Attention High School Seniors!! Are you in search of some funds to further your college education? Here are several 4-H scholarships you may be eligible for:

LOCAL 4-H SCHOLARSHIP INFORMATION

All of the local scholarships described below require the Kansas 4-H Scholarship Application (2020) along with #2-8 requirements as outlined on the Kansas 4-H Scholarship Application unless otherwise noted. Check the description of each scholarship for any additional requirements. No staples, folders or notebooks. Please use a binder clip or paperclip to secure application together and place in envelope.

Tri-Rivers Fair Scholarship – (Number given and amount will vary based on funds available)

The purpose of this scholarship is to recognize outstanding 4-H club or FFA chapter members whom are leaders and role models within their communities. Members will receive scholarship monies for the spring semester of their first year at a community, technical, or baccalaureate institution. Must be a graduating senior (or its related equivalent) in 4-H or FFA, participated in the most recent Tri-Rivers Fair, and demonstrated scholarship and leadership capabilities. Applicant must complete items 1-5 & 7 of the current Kansas 4-H Scholarship application. **In addition to the application, applicants must include an essay, one page, double spaced, describing how their experiences at the Tri-Rivers Fair will positively impact their future goals.** **Applications due March 2.**

81-40 Riding Club Scholarship – (2 \$500 Scholarships)

Must be a graduating high school senior and have been enrolled in the 4-H Horse Project the past two years. One scholarship will be awarded to an individual in each county of the District. Must have been a 4-H member in Saline or Ottawa County. Scholarship must be used for post-high school education. **Applications due March 2.**

Ottawa County 4-H Foundation Scholarships – (1-10 \$250 Scholarships)

Must be a graduating high school senior and current Ottawa County 4-H member. Scholarship must be used for post-high school education. Must turn in most current 4-H Permanent Record. **Applications due March 2.**

Saline County 4-H Development Fund Scholarships – (1-3 \$1,000 Scholarships)

Must be a graduating high school senior and a current 4-H member in Saline County with three years of 4-H experience. Must turn in most current 4-H Permanent Record. The scholarship will be limited to universities and colleges located in the state of Kansas. **Applications due March 2.**

Ken and June Jennison Communication Scholarship – (1 \$1,000 Scholarship)

Must be a graduating high school senior who will be majoring in the field of communications or current college student majoring in the field of communications. Must have been a 4-H member in Saline County. The scholarship will be limited to universities and colleges located in the state of Kansas. Applicant must have been involved in 4-H for at least three years. Must turn in the most current 4-H Permanent Record. **Applications due March 2.**

Pamela Van Horn Youth Development Scholarship – (1 \$1,000 Scholarship)

This scholarship is open to any college student who was a Saline County 4-H member or was employed by the Central Kansas District AND who will be a sophomore, junior, or senior majoring in the field of youth development. The scholarship will be limited to universities and colleges located in the state of Kansas. **In addition to the application, applicants must include an essay (500 words or less) on how their chosen career field will benefit youth.** **Applications due March 2.**

Clyde & Glenn Lindstrom Estates Scholarship – (1-5 \$1,000 Scholarships)

This scholarship is open to any student pursuing an undergraduate degree that is/was a Saline County 4-H member and will be a graduating high school senior or current college student. Must have been a 4-H member in Saline County. The scholarship will be limited to universities and colleges located in the state of Kansas. Priority will be given to worthy, present/former Smoky View 4-H members. **Application due March 2.**

Smith Family Leadership Scholarship – (1 \$500 Scholarship)

This scholarship is open to any student pursuing post-secondary education that is/was a Central Kansas District 4-H member and will be a graduating from high school. The applicant must have been enrolled in the leadership project for at least 3 years. Must turn in most current 4-H Permanent Record. The scholarship will NOT be limited to schools located in the state of Kansas. In addition to the application, applicants must include an essay (500 words or less) on how 4-H has influenced their leadership development. The applicant's contribution through leadership will be the main focus of this scholarship. **Application due March 2.**

ALL SCHOLARSHIP APPLICATIONS must include a typed bio (50 words or less) and a photograph (head shot) on photo paper. If awarded a scholarship, this information will be used for the Development Fund Newsletter, introducing the scholarship winners at award ceremonies, etc.

PLEASE NOTE: If you are applying for the state scholarships and local scholarships that use the Kansas 4-H Scholarship Application, you must provide a copy for each level of scholarship in which you are applying (i.e., one copy for the Kansas 4-H Scholarships and one copy for the Local 4-H Scholarships). Be sure to turn in a copy of the Central Kansas District 4-H Scholarship Checklist too (available on the District website).

KANSAS 4-H STATE SCHOLARSHIP INFORMATION

You will need to use the 2020 Kansas 4-H Scholarship Application. These applications are due to either Extension Office by **January 6.**

The 2020 Kansas 4-H Scholarship Application is available from either Extension Office or at <http://www.centrankansas.ksu.edu/4-h>, Scholarship Information.

PLEASE NOTE: If you are applying for the state scholarships and local scholarships that use the Kansas 4-H Scholarship Application, you must provide a copy for each level of scholarship in which you are applying (i.e., one copy for the Kansas 4-H Scholarships and one copy for the Local 4-H Scholarships). Be sure to turn in a copy of the Central Kansas District 4-H Scholarship Checklist too (available on the District website).

SALINE COUNTY 4-H DEVELOPMENT FUND SEEKING BOARD MEMBERS

Are you or someone you know passionate about helping our 4-H youth, our future? Are you 18 years of age or older? Do you live in Saline County? Then serving on the Saline County 4-H Development Fund Board is for you! The board is looking for energetic, visionary, and individuals committed to making the best better. If you are interested or know someone who would be interested in serving in this role, please contact Sarah at 785-309-5850 or semaass@k-state.edu. Thank you in advance for your assistance in helping this group continue to be an active part of the Central Kansas District 4-H Program.



DISTRICTWIDE PROJECT NEWS

RECYCLE/REPURPOSE WORKSHOP

Let's get creative and make something old, new! Join us for a creative workshop on Friday, January 3 and Saturday, January 4, 2020 from 9 a.m. to 4 p.m. At this time, the classroom location is to be announced, but the workshop will take place in Salina on the K-State Polytechnic Campus. Please bring garments, patterns, and ideas to the workshop on Friday. Participants also need to bring a sack lunch and a camera to take before and after photos. All ages are welcome, but basic machine sewing skills are required (those with limited skills will need an adult to attend with them). There will be a \$10/participant registration fee. To register, please go to <http://www.centrankansas.ksu.edu/4-h> and you will find a link under "Upcoming Events & Online Registration." Online registration and the \$10 fee will be due to either Extension Office no later than 5 p.m. on December 23, 2019.

SARAH IN THE MINNEAPOLIS OFFICE

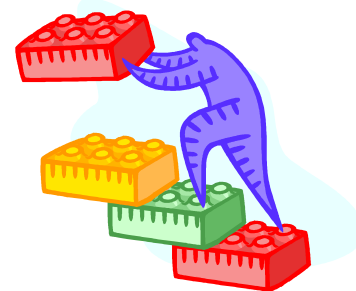
Sarah will be in the Minneapolis Office on Wednesday, December 11 from 9:00 a.m. – 4:30 p.m. and on Thursday, January 23 from 8:30 a.m. – 5 p.m. Be sure to come by and see her to express any concerns, new ideas, or just to visit.

4-H CLUB MEETINGS THAT YOUTH CHOOSE TO ATTEND

There are three major components of club meetings: group building, group decision making and an educational program or activity.

Component #1- Group Building

This includes any activities that help everyone get acquainted, feel accepted and recognized. New kids join throughout the year. Incorporate activities that will help new 4-H members get acquainted with other club members. Include celebrations. The Kansas 4-H publication "Celebrating with 4-H Ceremonies" suggests the following types of ceremonies for 4-H Clubs: Recognition ceremonies (to honor work done by individuals or the club), welcoming ceremonies (to show importance of being a member of a group), special observance ceremonies (holidays, special weeks, events), campfire, flag raising and lowering and citizenship ceremonies. Add in evaluation time. Get everyone's opinion after a club event to know how it could be improved or what people thought went well. Often adults have a very different idea of how an event went or worked, so it is also important to get club member opinions. Add play time. Often recreation is the first component of a club meeting to get cut because meetings run long. For very young children this may be the one part of 4-H they do best. Recreation should be a part of every meeting. It helps members continue the atmosphere of fun and interest as well as getting to know one another.



Component # 2 - Group Decision Making



Decision making happens in the business part of the meeting. This time should be democracy in action. Members learn to express themselves in a group, listen to the views of others, use parliamentary procedure to reach decisions and abide by majority of the rules. This may be the member's first experience with parliamentary procedure. Parliamentary procedure is abstract and can be hard to understand. It will take some coaching and reinforcement to help members learn par law skills. Try having a parliamentary procedure tip at each meeting. Break into small groups and practice. Experiment with other ways to build consensus and make decisions.

Component # 3 - Educational Program or Activity

This is the educational part of the meeting. Having members give presentations is a great opportunity for them to learn public speaking skills in a supportive atmosphere. If it's hard to schedule everyone, consider breaking the audience in two parts and have two talks going at the same time. Ask members to consider giving team demonstrations. By pairing younger and older 4-H members together they both gain new skills from the experience. Be flexible with presentations. Younger members may like to do a show and tell. Some members may want to create a project display that they can talk about in a more unstructured way. Other ideas for the program component include having a health tip, safety tip, citizenship tip or thought for the day. Invite a guest speaker to talk. Create a project bowl or skill-a-thon. Or use this time for project work or community service projects.





EXTRA

NEWS FOR CENTRAL KANSAS DISTRICT ORGANIZATIONAL LEADERS

DECEMBER/JANUARY CHECK-UP

December is here! Have you found yourself starting the never-ending errands of the Holiday Season—shopping, school programs, baking and writing holiday cards? Well, don't panic...just take it one step at-a-time and everything will get done. In the rush, don't forget 4-H! Here's your monthly check-up so you won't get caught in a snow blizzard after the first of the year.

January is a time of setting new goals and starting fresh! The New Year can also be a time to recruit new members and leaders! Set two to five club goals and watch yourselves change!

- _____ Online enrollment completed by December 1, 11:59 p.m. to participate in 4-H Club Day.
- _____ Online enrollment completed by December 1, 11:59 p.m. to participate in the County Fairs for returning members.
- _____ Holiday plans made.
- _____ Enjoying the holiday season with family and friends!
- _____ Club ready for club visits (if requested).
- _____ 4-H members asking friends to attend a 4-H meeting with them?
- _____ 4-H parents encouraging other parents to get involved?

Review

- _____ *4-H Newsletter* read and important dates marked on calendar.
- _____ Highlight key points from *4-H Newsletter* at club meeting.
- _____ Updated project lists and copies of 4-H participation forms provided to club project leaders.
- _____ 4-H Club Day Committee request for prize donations from clubs and families.

To-Do

- _____ Parent's Committee working.
- _____ Make sure club project leaders are indicating they are a project leader in 4HOnline.
- _____ Encourage leaders to start conducting project meetings.
- _____ Thank you notes written for the 4-H Celebration of Achievements (Salina Downtown Lion's thanked for hosting and donors thanked for awards).
- _____ Check club mailbox at Extension Office.
- _____ Report from the November 4-H council meeting.
- _____ Start Gavel Game Teams/Model Meeting.
- _____ Encourage Demonstration Trainers to start.
- _____ Encourage 4-H Club Day Planning.
- _____ Check club's progress toward goals.
- _____ Annual Summary up-to-date.
- _____ Ideas for fair parade and fair theme (for both county fairs). Voting at January 4-H Council.
- _____ Have a parents meeting.
- _____ Have new parents complete a Volunteer Service Application and make arrangements to attend the Volunteer Screening Orientation.
- _____ Update 4-H Records, KAPs and Pin Applications.

Remember

- _____ Red Wheel pick-up, December 7, Salina.
- _____ Next Organizational Leader Update, Thursday, January 23, 7 p.m., Online (Zoom).
- _____ Next 4-H Council Meeting, Monday, January 27, 7 p.m., Minneapolis.

Promote/Recruit

- _____ Districtwide Project Meetings promoted.
- _____ Gavel Games and Model Meetings promoted and teams forming. Registration due Monday, December 16, at 11:59 p.m.
- _____ 4-H Club Day Activities promoted. Registration due ONLINE, January 6, at 11:59 p.m.
- _____ Begin recruiting club members to be room monitors for 4-H Club Day.
- _____ 4-H Camp & Camp Counselor's promoted.
- _____ Citizenship In Action promoted.
- _____ Promote Red Wheel Sales (Minneapolis Area).
- _____ Districtwide project meetings promoted.
- _____ Plan and encourage 4-H Club Day participation.
- _____ Encourage state/district/area wide trainings.

ORGANIZATIONAL LEADERS UPDATE

Mark those calendars for the next Organizational Leaders' Update at 7 p.m., Thursday, January 23, online via Zoom. We'll discuss timely topics such as 4-H Club Day, follow up on Gavel Games, Model Meetings, and District 4-H Quiz Bowl, and other events and activities that will be coming up. A link will be emailed out to the organizational leader's listserv with any meeting details closer to the meeting date.

4-H COUNCIL NEWS FOR ORGANIZATIONAL LEADERS

At the January 4-H Council meeting, members will be voting on a 2020 County Fair themes. Clubs need to plan to present **only one** fair theme to the council. We will take the top three themes back to the county fairboards for them to select the fair theme. Remember, since the county fairs are not just for 4-H members, but for the whole county, we need to not use 4-H in the theme.

SHARING THE LOAD

Have you ever felt the pressure of 4-H overload? Too many meetings? Too many forms? Too many phone calls? And no time for your own children and hobbies? Maybe you're facing 4-H overload. One thing you might want to try is delegating! Whoever said you had to be Ms./Mr. Super Organizational Leader? Have you ever heard of sharing the load with the Parents' Committee? Other 4-H parents are usually willing to share responsibilities if asked! You might have to explain the responsibilities and then let them do it their way. Then you must be appreciative of their work (even if you know a better way).



Here are some quick suggestions:

- **New Family Coordinator:** Welcomes visitors; explains 4-H to new and visiting families; distributes 4-H information; and contacts the Extension Office with the visitor's names and addresses.
- **Project Leader Coordinator:** Organizes project leaders; explains and trains new project leaders; collates needed 4-H materials for members and distributes materials to members.
- **Record and Awards Trainer:** Keeps informed of Achievement Awards and requirements needed to receive; trains members in fundamentals of completing 4-H records and KAPs.
- **Demonstration Trainers:** Trains members and adults concerning the fundamentals of presenting demonstrations and talks; promotes 4-H Club Day; coordinates 4-H entries; encourages demonstrations and talks; provides guidance for youth.

December, 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Red Wheel Sales begin, Minneapolis Returning Members 4-H Online Enrollment DUE by 11:59 p.m. to participate in County Fair New & Returning 4-H Members: Online Enrollment DUE by 11:59 p.m. to participate in 4-H Club Day	2	3	4	5	6	7 Red Wheel—Salina, College Center Conference Room, Unload 9:00 a.m., Delivery, 10-10:30 a.m.
8	9	10	11 Sarah in Minneapolis Office, 9:00 a.m.—4:30 p.m. Horse Panorama & Hippology meeting, 7:00 p.m., Salina, Extension Office Conference Room	12	13 Organizational Leaders return Thank You notes	14
15	16 Gavel Games/Model Meeting entries DUE Online (by 11:59 p.m.) Adult Chaperone Application DUE	17	18 Horse Panorama & Hippology meeting, 7:00 p.m., Salina, Extension Office Conference Room	19	20 Quiz Bowl Team Registration Due Online	21
22	23 Salina Office Closed December 23—January 1	24 Minneapolis Office Closed	25 Minneapolis Office Closed	26	27	28
29 Salina Office Closed December 24—January 1	30	31 Minneapolis Office Closed in the afternoon				



January, 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
UPCOMING DATES: February TBD —CIA Registration and Payment Due to Extension Office 6 —Red Wheel Sales DUE by 5:00 p.m., Minneapolis 15 —4-H Club Day, Salina South Middle School 16-17 —Kansas 4-H Citizenship in Action (CIA), Topeka 29 —Red Wheel delivery, Minneapolis			1 Offices Closed, Minneapolis & Salina 	2	3 NELE registration due online	4
5	6 4-H Club Day Entries Due, Online by 11:59 p.m. State 4-H Scholarships due to Local Office	7	8	9	10 Gavel Games/Model Meeting , Technology Building, Salina	11 Gavel Games/Model Meeting & Quiz Bowl, Technology Building, Salina
12 February Newsletter articles due to Sarah	13 KAPs for Area Contest DUE	14	15	16 Regional KAP Screening, Manhattan	17	18 NELE, Rock Springs 9:30 a.m.—4:30 p.m.
19	20 Martin Luther King Day Offices Closed, Minneapolis & Salina	21	22	23 Sarah in Minneapolis Office, 8:30 a.m.—5:00 p.m. Organizational Leaders' Update, Online via Zoom— 7:00 p.m.	24 Kansas 4-H Horse Panorama, Rock Springs	25 Kansas 4-H Horse Panorama, Rock Springs
26 Kansas 4-H Horse Panorama, Rock Springs	27 4-H Council Meeting, 7:00 p.m., Minneapolis	28	29	30	31 Red Wheel Sales End, Minneapolis	



Central Kansas Extension District

Salina Office

K-State Polytechnic
2218 Scanlan Ave
Salina, KS 67401-8196

Address Service Requested

ALMOST TIME FOR 2020!

Dear 4-H Families,

It is amazing that we will be saying goodbye to 2019 and hello to 2020 in a matter of a few days!
Where has the time gone?

In this edition of the 4-H newsletter you will find it is a combination of December and January news.
Please take a moment to review and read this edition of the 4-H Newsletter.

I know the next few weeks will be full of spending time with family and friends. Enjoy your time together!

Happy Holidays!

Sarah

Minneapolis Office • 307 N Concord • Suite 190 • Minneapolis, KS 67467-2140 • 785-392-2147 • Fax 785-392-3605

Salina Office • K-State Polytechnic • 2218 Scanlan Ave • Salina, KS 67401-8196 • 785-309-5850 • Fax 785-309-5851