



[centralkansas.k-state.edu/4-H](http://centralkansas.k-state.edu/4-H)

# Central Kansas District 4-H

**November, 2018**

## DISTRICT 4-H CELEBRATION OF ACHIEVEMENTS

Thanks to everyone for coming out to the 2018 4-H Celebration of Achievements on Sunday, November 4. What a great celebration of accomplishments of our 4-H members and volunteers for the past year. Continue "to make the best better" in all that you do!



**Sarah E. Maass, Ph.D.**

District Extension Agent  
4-H Youth Development  
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**Kate Littich**

District Program Assistant  
4-H Youth Development  
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## ONLINE RESOURCES

### Websites

Did you know that we have a **District website?** It is located at <http://www.centralkansas.ksu.edu/4-H>. Several forms and other pertinent 4-H information can be found here. You can also browse our website for information on other topics, such as crops, horticulture, food science, financial management, etc. Sarah would like your input on what you would like to see on the 4-H Youth Development pages. Email her your comments and suggestions at [semaass@k-state.edu](mailto:semaass@k-state.edu).

Also, there is another website that you may find helpful. This is the **Kansas 4-H website** (<http://www.Kansas4-H.org>). You will find more information on several state events and activities. Please note, before you utilize any forms from this website, please make sure that our District uses the same forms. Sometimes our District uses different forms. For example, the District uses different Achievement Pin applications than the state.

### Social Media Outlets

Become a fan of Central Kansas District 4-H on **Facebook** and follow us on **Twitter**. Go to <http://www.centralkansas.ksu.edu/4-H>, at the bottom of the page you can find links to our pages. If you become a fan and/or follow us, you will receive information on things going on in the district in addition to what is provided to you in the **4-H Newsletter**. Posts may include reminders, when items are posted to the web, etc. At the time of writing this newsletter, we had 419 followers on Facebook and over 100 followers on Twitter. Let's see how many fans we can get on Facebook and followers on Twitter.

**Take a moment to familiarize yourself with these online resources.**

**If you have any questions, be sure to contact Sarah or Kate.**

**facebook**

**twitter**



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[Kansas4-H.org](http://Kansas4-H.org)

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

# ***LEADERSHIP OPPORTUNITIES***

## **CONGRATULATIONS TO OUR 4-H COUNCIL EXECUTIVE TEAM**

At the September 4-H Council Meeting in Minneapolis, 4-H Club Members who make up 4-H Council, elected the 2018-19 4-H Council Executive Team. Congratulations to these individuals. We look forward to the leadership this team will bring to the Central Kansas District.

**President** – Adelaide Easter, Sunny Valley

**Vice President** – Dylan Koehn, Pleasant Valley

**Corresponding Secretary** – Kyler Cox, Sunny Valley

**Recording Secretary** – Anya Pohl, Friendly Valley

**Treasurer** – Emma Littich, Smoky View

**Reporter** – Amaria Wangerin, Willing Workers

**Historian** – Trista Stevenson, Cardinal



## **ATTENTION 4-H COUNCIL MEMBERS**

Join the 4-H Council on November 26 at 7 p.m. in Salina at the College Center Conference Room on the K-State Polytechnic Campus, as new officers are installed. All members are welcome to attend this meeting.

## **NELE SET FOR JANUARY 19, 2019**

Four-H members ages 12 to 18 are invited to the Northeast 4-H Leadership Event (NELE), Saturday, January 19, 2019 at Rock Springs 4-H Center. NELE is led by the Northeast Area Youth Leadership Council Representatives. Delegates can sign up for multiple classes throughout the day with many options for everyone. Don't miss this opportunity to meet new people and learn many new leadership skills. Attending NELE will help you broaden your circle of friends in your area while helping you get ideas for the 4-H year ahead! Watch for registration to open mid-November.

## **CITIZENSHIP WASHINGTON FOCUS**

The 2019 Citizenship Washington Focus will be June 13-24. Each year, up to 50 Kansas 4-H youth and adult sponsors get the opportunity to be a part of this extraordinary learning experience on the road to the heart of our nation's capital. Any 4-H'er, 15-18 years of age (4-H age before January 1, 2019) who is responsible, demonstrates leadership qualities, including self-discipline and sense of group responsibility, interested in returning home to apply citizenship concepts to their own lives and the lives of those around them, AND committed to sharing what they have learned should apply. Applications will be ONLINE. Go to <http://www.centrankansas.ksu.edu/4-h>, and on the right hand side there is a link to State 4-H Registration.

Registration will close January 15, 2019, or when spots are filled. **A \$250 deposit is required with the registration and should be turned in to either Extension office shortly after you register online.** The total cost of this trip is \$1,850 and will be due April 15. The anticipated 4-H Council scholarship is \$750, but that will not be known until after the January 4-H Council meeting. To be eligible for this scholarship, do not forget to complete the 4-H Council Scholarship Application (<http://www.centrankansas.ksu.edu/4-h>, under 4-H'er Forms and Documents) and turn in to the Extension Office by the deadline or shortly after you register online.



# 2019 CENTRAL KANSAS DISTRICT 4-H COUNCIL COMMITTEES

As we all know, committees are where the work gets done in an organization. It is said that many hands make light work! It is important that we have ample committee members to accomplish the work at hand, otherwise opportunities are missed and things do not happen. The Central Kansas District 4-H Council Committees operate on a January – December calendar.

According to the Central Kansas District 4-H Council Constitution and By-Laws, each club should have four (4) elected 4-H members to 4-H Council and two (2) elected alternates. Each club should also have two (2) adult members. The above mentioned individuals must serve on a 4-H Council Committee. **If they do not complete the 4-H Council Committee Online Request by November 13, 2018, they will be assigned to a committee.** Note: The deadline has been extended.

Everyone DOES NOT have to be on 4-H Council in order to serve on a 4-H Council Committee. We encourage 4-H members and adults of all ages to serve on a 4-H Council Committee.

The 2019 4-H Council Committees are:

- Finance & Fundraising
- 4-H Club Day
- 4-H Celebration of Achievements
- FCS and Photography Judging
- Agriculture Development
- Social
- Ottawa County Fair
- Tri-Rivers Fair
- Promotion & Recruitment
- Trips & Awards (Adults Only)

To sign up to serve on a committee, individuals should go to <http://tinyurl.com/CKD-CouncilComm2019>

## VOLUNTEER SCREENING ORIENTATION

The next Volunteer Screening Orientation is **scheduled for Tuesday, December 18, from 7 -9 p.m.** Online “RSVP” is required by **Tuesday, December 11**, and location will be determined based on the pre-registrations. Individuals will be emailed the location of the orientation. The link can be found on the website at <http://www.centralkansas.k-state.edu/4-h/> under Upcoming Events and Online Registration. If you do not have access to the web, please contact either Extension Office. If there are not enough individuals interested, it will be cancelled and those that sign up will be notified.



## LEADERSHIP

Leadership is an awe-inspiring trait that’s hard to define, yet easy to see in action. Some people seem to be born with it, but it’s something we must all learn and develop with practice.

What if Columbus had not led the ships west? What if George Washington had never led the troops against the British? What if the Wright Brothers had never led the way to flight?

Every phase of life needs leaders, whether it is the coach of the livestock judging team, the principal at school, or the president of a 4-H club. 4-H members have a duty to use leadership in their clubs or within their project groups. These experiences will develop even stronger leadership that is essential to the future of Kansas and to the future of the United States.

Leadership develops the group as well as the individual. Leadership means service: helping others develop themselves and work with the group. The ability to work with others is one of life’s most difficult skills because it is hard to understand and to carry out so many different, complex ideas. But with improved skills in the areas of self-understanding, communication, learning to learn, working with groups, and managing resources, you too can be a leader!



## ***DISTRICTWIDE PROJECT NEWS***

### **CREATIVE THREADS – SEWING HELP FOR 2018-19**

Anyone interested in sewing with Mary Bernhardt for the 2018-19 4-H year needs to email her ([mary\\_bernhardt@cox.net](mailto:mary_bernhardt@cox.net)) before December 1. Please include the following in your email:

- 4-H member name
- 4-H age
- Sewing experience (if you haven't sewn with Mary in the past)
- Parent name
- Cell number for the parent
- What weekday evenings work best for sewing at Mary's house and if the 4-H member has regular access to a sewing machine.
- What clothing/garment the 4-H member is interested in making (pants, skirt, top, dress, coat, etc.)
- Begin to look for patterns available from McCalls, Simplicity or Butterick for possible **wearable garment project(s)**. Send pattern company name and numbers to Mary. All patterns will need to be ok'd by Mary.

Mary will determine sewing dates at her house based on date(s) the majority of 4-H members are available. Do not wait until December 1 to let Mary know if you plan to sew with her!

### **DON'T HAVE A DOG & WANT TO GET ONE? ARE YOU THINKING OF JOINING THE DOG PROJECT?**

WAIT! PLEASE LEARN ABOUT THE ADOPTION PROCESS & DOG BEHAVIOR FIRST! ASK FOR HELP!

If you are considering welcoming a dog into your home. email - [k9capersckd4h@gmail.com](mailto:k9capersckd4h@gmail.com) we can help you get matched with your new addition.

Decide what you will expect of your dog (We have a list of things to consider). Some things are trainable but hard to overcome, which can make the young 4-H member frustrated.

Not all dogs are comfortable with outsiders, other animals, or public outings. It's important to find a dog who fits with your family well; one that will be able to function properly in public and focus on the handler around other dogs.

Things like social anxiety, being "good with children" in the home but questionable around unknown children or unknown adults, and lacking social skills when greeting other unknown dogs are things to consider. Please let us help you!

### **SARAH IN THE MINNEAPOLIS OFFICE**

Sarah will be in the Minneapolis Office from 9 a.m. – 4:30 p.m. on December 17. Be sure to come by and see her to express any concerns, new ideas or just to visit.



### **FINAL 4-H NEWSLETTER DEADLINE FOR 2018**

If you have something you would like in the December/January 4-H Newsletter, be sure to email it to [semaass@k-state.edu](mailto:semaass@k-state.edu) by Sunday, November 4.



# 48 HOURS OF 4-H UPDATE

A BIG thank you to those who participated in the Districtwide Tailgate Service Party 48 Hours of 4-H service project on October 6 and 7. A special thanks to those who took the leadership on the various service projects offered. Here are the end results of the service activities:



- 75 snack bags for residents of Holiday Resort (nursing home / assisted living facility)
- 52 bookmarks and 195 books for the little libraries across our area
- 19 lbs of candy for “Candy for Cops”
- 35 placemats for a nursing home / assisted living facility
- 52 cards for veterans
- 20 bags of baking mix for the food bank
- 50 cans of food for the food bank
- 56 pairs of socks for the rescue mission
- 30 sock puppets for the local libraries & preschools
- 17 seasonal turkey décor for nursing homes
- 96 decorated water bottles for mail carriers
- **Total of 117 people participated**

If your club did their own 48 Hours of 4-H service project, thank you for giving back! Don't forget to complete the 48 Hours of 4-H report by going to <http://www.kansas4-h.org/484h>

## ADULT CHAPERONES NEEDED



If you are interested in serving as a chaperone for Citizenship In Action, 4-H Camp or Discovery Days, please complete the Adult Chaperone Application and return it to either Extension Office **by December 17**. You can find the application online at <http://www.centrankansas.k-state.edu/4-h> under 4-H Youth Development, 4-H'er Forms & Documents. By completing an application, you have let us know you are interested in serving as a chaperone; **it does not commit you to serving as a chaperone**. We will need chaperones for Citizenship in Action, Discovery Days, and 4-H Camp. If you have any questions, please contact Sarah.

## SAVE THE DATES

### 4-H Camp

The Oz-Some 4-H Camp dates are as follows: Rookie 4-H Camp, Session 1 - June 14-15 and Session 2 - June 16-17; Regular 4-H Camp, June 14-17. Counselors will report to camp on June 13 for training. Be sure and get these dates on your calendar now. We will get registration information out as soon as it becomes available shortly after the first of the year.

### 4-H Campference

4-H Campference is scheduled for June 23-26 at Rock Springs 4-H Center. More information should be available in March.

### District Horse Show

The North Central District 4-H Horse Show will take place on July 1 (check in on June 30 and July 1), at the Saline County Expo Center. More information will be emailed to those enrolled in the horse project after April 1.

## FLAGS AND 4-H PLEDGE BANNER

Does your club need a set of flags for your club or a 4-H Pledge Banner? If so, a club that has recently disbanded has two sets of flags and a pledge banner for anyone who might be interested. Please contact Curtis or Erin McKain at 785-523-0127 or [cemckain@twinvalley.net](mailto:cemckain@twinvalley.net)

# WANTED: COMMUNITY SERVICE ACTIVITY FOR 4-H CLUB DAY

The 4-H Club Day Committee is looking for a 4-H member or group of 4-H members to organize a community service activity at 4-H Club Day. This would involve choosing an organization to help, then organizing a way to make items or collect donations to benefit that organization. Some past community service activities at 4-H Club Day have included: making pet toys/blankets for the Salina Animal Shelter, making pillows for the pediatric unit at the hospital, and collecting baby items for Birthright and the Health Department. If you'd be interested in leading this worthwhile activity, please email Kate Littich at [klittich@ksu.edu](mailto:klittich@ksu.edu).



## FARM SERVICE AGENCY YOUTH LOAN PROGRAM

The Farm Service Agency offers a youth loan program for youth who are 10-20 years of age, are involved in a 4-H club and/or FFA chapter, and are interested in starting or expanding an agricultural related business. The purpose of the FSA loan program is to help youth gain knowledge of the importance of the financial and record keeping responsibilities that come with a "business." With a viable business plan, FSA can loan up to \$5,000 to eligible rural youth. The loan must be for a project that is modest sized and an income producing agricultural enterprise. The educational objectives of the FSA youth loan program are to help youth develop skills that will be used throughout their life. Please feel free to contact FSA loan personnel in Salina at 785-825-8269 for additional information. Also, be sure to check out this YouTube video with more information:

[https://www.youtube.com/watch?v=fvF\\_eq73oSE](https://www.youtube.com/watch?v=fvF_eq73oSE)

## COMMUNITY SERVICE ACTIVITY – DECEMBER 1



The All American Beef Battalion is asking for 8-10 4-H members and volunteers to help serve a dinner to the men and women of the 995<sup>th</sup> Support Maintenance Company on Saturday, December 1 at 6 p.m. This dinner will be held at the Nickell Barracks Training Center (2930 Scanlan Ave., Salina). Those who volunteer will be able to have a free dinner for helping (ribeye steak, cheesy potatoes, corn, rolls, cookies, and a drink). Please call the Salina Office or email Michele ([mhennes@ksu.edu](mailto:mhennes@ksu.edu)) to sign up. Thank you for considering this volunteer opportunity.



## Quiz Bowl

**Saturday, January 12, after Gavel Games**

**K-State Polytechnic Campus**

**Registration Deadline: December 15**

Two is company and three's a quiz bowl team!!!

Put your thinking caps on, grab a couple of 4-H friends and form a team!

Registration link will be e-mailed out to organizational leaders.

One person will register all teams from your club.  
(Registration will be similar to Gavel Games.)

Each team must consist of three 4-Hers and are split into the following categories:

Junior (7-12) & Senior (13-18)

Prizes will be awarded to:  
1st, 2nd and 3rd place teams

An overall club award of \$25 will also be presented.

Questions will relate to all aspects of 4-H, including officer information, parliamentary procedure, project information, history and other fun facts about 4-H.

## Quiz Bowl volunteers needed!

**Volunteer Registration Deadline: December 15**

Adult volunteers are needed!

We will need at least 20 volunteers for the following positions:

competition room monitors  
scorekeepers

waiting room monitors  
buzzer monitors/time keepers

We encourage all 4-Hers to sign up for a team. A few positions will be available for 4-Hers 7th grade and up who do not want to participate on a team.

To volunteer, please go to <http://www.centrankansas.ksu.edu/4-H> under Upcoming Events and Online Registration. Select all positions you would be willing to help with, and positions will be assigned based on registration.



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## **Kansas 4-H Day with Wildcat Women's Basketball Sunday, January 13, 2019, 12:00 p.m. K-State vs. University of Kansas**

Group Ticket Rate of \$22 per person, youth or adult  
4-H and non 4-H families and individuals welcome to attend

### What you will receive:

*A ticket to the K-State vs. University of Kansas Women's Basketball Game •  
A game day T-shirt • \$10 meal voucher to use at the main concession stands at the game*

### The day's preliminary activities will include:

10:30 – 11:30 a.m.	Tickets and Shirts distributed at Pottorf Hall at Cico Park in Manhattan
11:00 a.m.	Doors open for General Public for the game
12:00 p.m.	Tip off

Online registration for this event will be due **December 20, 2018.**

No paper registrations will be accepted. All orders must be paid with a credit card.

To register, go to: <http://tinyurl.com/2019KAE4HA>





# EXTRA

## NEWS FOR CENTRAL KANSAS DISTRICT ORGANIZATIONAL LEADERS

### NOVEMBER CHECK-UP

Welcome to the second month of the new 4-H year! We've accomplished a lot in just one short month. Are you beginning to think like an experienced organizational leader? How's the club functioning? Let's do our monthly check-up...

\_\_\_\_ Organizational Leader Report is Due ONLINE by November 1. The link to this form can be found at <http://www.centrankansas.k-state.edu/4-h/orgleaders/index.html>

#### Review

- \_\_\_\_ *4-H Newsletter* read and important dates marked on calendar.
- \_\_\_\_ Highlight key points from the *4-H Newsletter* at club meeting.

#### To-Do

- \_\_\_\_ Membership recruitment plan formulated and started.
- \_\_\_\_ Parents' Committee functioning.
- \_\_\_\_ Project leaders and volunteers need to fill out the appropriate form (Volunteer Service Application or Renewal Form) available through 4HOnline and update or setup a profile in 4HOnline.
- \_\_\_\_ Encourage project leaders to start meetings.
- \_\_\_\_ Give project leaders the names of youth in their group.
- \_\_\_\_ Complete club program books and give to families and turn one copy into the Extension Office.
- \_\_\_\_ Check club mailbox at Extension Office.
- \_\_\_\_ Visitor packets requested. Available at either Extension Office.
- \_\_\_\_ New member packets requested. Available at either Extension Office.
- \_\_\_\_ Encourage New Family Coordinators to conduct meetings.
- \_\_\_\_ Provide new member with membership packets.
- \_\_\_\_ Complete enrollment or re-enrollment in 4HOnline.
- \_\_\_\_ Enrollment of Volunteers, complete Volunteer Screening forms.
- \_\_\_\_ Update 4-H Records, KAPs and Pin Applications.
- \_\_\_\_ Club Visit Forms should be completed and returned to either Extension Office by November 15.

#### Promote/Recruit

- \_\_\_\_ Promote Citizenship Washington Focus (CWF).
- \_\_\_\_ Promote 4-H Camp and 4-H Rookie Camp.

#### Remember

- \_\_\_\_ 4-H Council Committee request ONLINE, Due November 13 (***date extended***).
- \_\_\_\_ End of the Year Financial Review Form, Due November 15.
- \_\_\_\_ For Salina Area Clubs, Red Wheel – 4-H Council Fundraiser committee organized. Forms are available online under Organizational Leaders. Sales Due by Noon, Thursday, November 8.
- \_\_\_\_ Club representative should attend the 4-H Council meeting.
- \_\_\_\_ Gavel Games/Model Meetings teams started. Entries will be emailed to the organizational leaders and posted to the website around December 1.
- \_\_\_\_ 4-H Club Day Entries available online, December 1. 4-H'ers must be enrolled by December 1, 2018, to participate in 4-H Club Day.



# END OF THE YEAR FINANCIAL REVIEW

The end of July, all organizational leaders should have received a letter from Sarah with information about the 2017-18 Financial Review. Remember, the report is due to either Extension Office by November 15 at 5 p.m. The Financial Review Form is posted online for your convenience under Organizational Leaders. If you have any questions, please contact Sarah.



## 4-H COUNCIL FUNDRAISER– SALINA AREA CLUBS

Materials for the Red Wheel & Fudge Fundraiser were handed out to the Salina Area Clubs at the September 4-H Organizational Leader Update. Club orders are due to the Extension Office by **Noon on Thursday, November 8**. Remember, the delivery date is Saturday, December 1, from 10-10:30 a.m. Each club will need to provide 1-2 individuals to assist with unloading the truck that morning at 9 a.m. The delivery and distribution will take place at the College Center on the K-State Polytechnic Campus.

## PARENTS' COMMITTEE

So now you have a Parents' Committee but you're not really sure what to do with it? First thing is learn to delegate. A rule of thumb—the Organizational Leader works with the 4-H members, the Parents' Committee works with the parents. But, it might take the Organizational Leader to get the Parents' Committee motivated and started down the right track! Where to begin?

1. Get a chair for the Parents' Committee—the past Organizational Leader, the assistant leader, or a member of the Parents' Committee. Then communicate to that person why it is important for them to provide leadership for the committee. Work together and keep each other informed.
2. Review the roles of the Parents' Committee such as those members recruiting Project Leaders, New Family Coordinator, Demonstration Trainer, etc.
3. Remember you all depend on each other, so communicate!

## WELCOME NEW 4-H FAMILIES IN STYLE

Make a special effort to welcome all new 4-H members and their families. Try to involve them in club activities--not just at the first meeting, but **throughout** the year. Remember how you felt as a new 4-H'er and 4-H family. Help those new to the organization not be overwhelmed. Here are some suggestions to welcome new 4-H families.

- ✿ Explain the "sometimes" confusing 4-H terms. Don't assume they understand.
- ✿ Form a "mentor" system (or buddy system) by having older 4-H'ers help new 4-H members with meetings, records and events. Don't forget the parents. Sometimes new parents need a "mentor" too.
- ✿ Be sure to give those new to the club a chance to speak up. Involve them in conversations and explain what is happening in the meeting.
- ✿ Advise new families of deadlines. Explain the major events that happen in 4-H, such as 4-H Club Day, Fair, Gavel Games, 4-H Camp, etc.
- ✿ Let new 4-H families participate at their own pace. Involve them in club activities, but allow them to participate at a level that is comfortable to them.
- ✿ Be aware of special family circumstances and be flexible. All families are an important part of our 4-H program.
- ✿ Remember, your club is like a family of sorts. In families, we need to make everyone feel important, help them find their own niche, challenge them to be more involved, and most importantly, accept them for who they are!

Taken and adapted from the "Leaders of Tomorrow" Rice County 4-H Newsletter, November, 2007

# November, 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>UPCOMING DATES:</b> <b>December</b> <b>1</b> – Red Wheel delivery, Salina Area Clubs, 9:00 to unload, delivery 10-10:30 a.m. <b>1</b> – 4-Hers must be enrolled to participate in 4-H Club Day <b>11</b> – Volunteer Screening RSVP's Due Online <b>15</b> – Quiz Bowl Team Registration Due Online <b>17</b> – Gavel Games/Model Meeting Entries Due Online <b>17</b> – Chaperone Applications due to either Extension Office				<b>1</b> Organizational Leader Report due online	<b>2</b>	<b>3</b>
<b>4</b> Celebration of Achievements, Minneapolis Elementary School Gym, 3:00p.m.  Dec/Jan Newsletter deadline to Sarah	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> Red Wheel sales due by 12:00 p.m., Salina Extension Office	<b>9</b>	<b>10</b>
<b>11</b> Veteran's Day	<b>12</b> Minneapolis & Salina Offices Closed	<b>13</b> 4-H Council Committee request due online (deadline extended)	<b>14</b>	<b>15</b> End of the Year Financial Review Form due, 5:00 p.m.  Club Visit Forms Due	<b>16</b>	<b>17</b> KYLF  Kansas Volunteer Forum
<b>18</b> KYLF  Kansas Volunteer Forum	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> Thanksgiving  Minneapolis & Salina Offices Closed	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b> 4-H Council, Salina, College Center Conference Room, 7:00 p.m.	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	



**Central Kansas Extension District**

**Salina Office**

K-State Polytechnic  
2218 Scanlan Ave  
Salina, KS 67401-8196

Address Service Requested

## TIME FOR CELEBRATION

Dear 4-H Families,

It is hard to believe we are already into the second month of the 4-H year. This month we will take time to recognize all of the hard work of our 4-H members and volunteers this past 4-H year at the annual Central Kansas District 4-H Celebration of Achievements on Sunday, November 4. I hope you were able to make it to this event to help us celebrate.

As we enter a busy season, be sure and take time to enjoy it, but don't forget about things coming up. You can keep on top of 4-H events, activities, and deadlines by taking a moment to read this newsletter and any emails that may come from the Extension Office. As always, if you have any questions, please be sure to let me know.

I am thankful that you have chosen to be a part of the Central Kansas District 4-H Family. Happy Thanksgiving!

Sarah

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