

centralkansas.k-state.edu/4-H

# Central Kansas District 4-H

**November, 2019**

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[Kansas4-H.org](http://Kansas4-H.org)

## DISTRICT 4-H CELEBRATION OF ACHIEVEMENTS

Thanks to everyone for coming out to the 2019 4-H Celebration of Achievements on Sunday, October 27. What a great celebration of accomplishments of our 4-H members and volunteers for the past year. Continue "to make the best better" in all that you do!



## ONLINE RESOURCES

### Websites

Our **District website** is located at <http://www.centralkansas.ksu.edu/4-H>. Several forms and other pertinent 4-H information can be found here. You can also browse our website for information on other topics, such as crops, horticulture, food science, financial management, etc. Sarah would like your input on what you would like to see on the 4-H Youth Development pages. Email her your comments and suggestions at [semaass@k-state.edu](mailto:semaass@k-state.edu).

Another website you will find helpful is the **Kansas 4-H website** (<http://www.Kansas4-H.org>). You will find more information on several state events and activities. Please note, before you utilize any forms from this website, please make sure that our District uses the same forms. Sometimes our District uses different forms. For example, the District uses different Achievement Pin applications than the state.

### Social Media Outlets

Become a fan of Central Kansas District 4-H on **Facebook** and follow us on **Twitter**. Go to <http://www.centralkansas.ksu.edu/4-H>, at the bottom of the page you can find links to our pages. If you become a fan and/or follow us, you will receive information on things going on in the district in addition to what is provided to you in the *4-H Newsletter*.

**Take a moment to familiarize yourself with these online resources.**  
**If you have any questions, be sure to contact Sarah or Kate.**

## NEW ENROLLMENT DEADLINE

Youth may join 4-H at any time during the 4-H year (October 1 through September 30), however, participating in some parts of the 4-H program may require enrollment or ownership deadlines.

Any 4-H member wishing to participate in the 4-H Club Day contest must be enrolled by December 1. In order to exhibit at the county fair, the enrollment deadline for returning 4-H members is December 1, and for new 4-H members, the deadline is May 1. All 4-H members have the opportunity to add and drop projects. This deadline is May 1. This will allow for mastery in the project(s) for which the 4-H member has enrolled.



# ***LEADERSHIP OPPORTUNITIES***

## **CONGRATULATIONS TO OUR 4-H COUNCIL EXECUTIVE TEAM**

At the September 4-H Council Meeting in Minneapolis, 4-H Club Members who make up 4-H Council, elected the 2019-20 4-H Council Executive Team. Congratulations to these individuals. We look forward to the leadership this team will bring to the Central Kansas District.

**President** – Emma Littich, Smoky View

**Vice President** – Dylan Koehn, Pleasant Valley

**Recording Secretary** – Shelby Stolzenburg, Willing Workers

**Treasurer** – Amaria Wangerin, Willing Workers

**Reporter** – Adelaide Easter, Sunny Valley



## **ATTENTION 4-H COUNCIL MEMBERS**

Join the 4-H Council on November 26 at 7 p.m. in Salina at the College Center Conference Room on the K-State Polytechnic Campus, as new officers are installed. All 4-H members and parents are welcome to attend this meeting.

## **NELE SET FOR JANUARY 18, 2020**

4-H members ages 12 to 18 are invited to the Northeast 4-H Leadership Event (NELE), Saturday, January 18, 2020 at Rock Springs 4-H Center. NELE is led by the Northeast Area Youth Leadership Council Representatives. Delegates can sign up for multiple classes throughout the day with many options for everyone. Don't miss this opportunity to meet new people and learn many new leadership skills. Attending NELE will help you broaden your circle of friends in your area while helping you get ideas for the 4-H year ahead! Watch for registration to open mid-November.

## **2020 CENTRAL KANSAS DISTRICT 4-H COUNCIL COMMITTEES**

As we all know, committees are where the work gets done in an organization. It is said that many hands make light work! It is important that we have ample committee members to accomplish the work at hand, otherwise opportunities are missed and things do not happen. The Central Kansas District 4-H Council Committees operate on a January – December calendar.

According to the Central Kansas District 4-H Council Constitution and By-Laws, each club should have four (4) elected 4-H members to 4-H Council and two (2) elected alternates. Each club should also have two (2) adult members. The above mentioned individuals must serve on a 4-H Council Committee. **If they do not complete the 4-H Council Committee Online Request by November 1, 2019, they will be assigned to a committee.** *Note: The deadline has been extended to November 15, 2019.*

Everyone DOES NOT have to be on 4-H Council in order to serve on a 4-H Council Committee. We encourage 4-H members and adults of all ages to serve on a 4-H Council Committee.

The 2020 4-H Council Committees are:

- Finance & Fundraising
- 4-H Club Day
- 4-H Celebration of Achievements
- FCS and Photography Judging
- Agriculture Development
- Social
- Ottawa County Fair
- Tri-Rivers Fair
- Promotion & Recruitment
- Trips & Awards (Adults Only)

To sign up to serve on a committee, individuals should go to <http://tinyurl.com/CKD-CouncilComm2020>

# VOLUNTEER SCREENING ORIENTATION

The next Volunteer Screening Orientation is **scheduled for Monday, December 9, from 7 -9 p.m.** Online "RSVP" is required by **Monday, December 2**, and location will be determined based on the pre-registrations. Individuals will be emailed the location of the orientation. The link can be found on the website at <http://www.centrankansas.k-state.edu/4-h/> under Upcoming Events and Online Registration. If you do not have access to the web, please contact either Extension Office. If there are not enough individuals interested, it will be cancelled and those that sign up will be notified.



## LEADERSHIP

Leadership is an awe-inspiring trait that's hard to define, yet easy to see in action. Some people seem to be born with it, but it's something we must all learn and develop with practice.

What if Columbus had not led the ships west? What if George Washington had never led the troops against the British? What if the Wright Brothers had never led the way to flight?

Every phase of life needs leaders, whether it is the coach of the livestock judging team, the principal at school, or the president of a 4-H club. 4-H members have a duty to use leadership in their clubs or within their project groups. These experiences will develop even stronger leadership that is essential to the future of Kansas and to the future of the United States.

Leadership develops the group as well as the individual. Leadership means service: helping others develop themselves and work with the group. The ability to work with others is one of life's most difficult skills because it is hard to understand and to carry out so many different, complex ideas. But with improved skills in the areas of self-understanding, communication, learning to learn, working with groups, and managing resources, you too can be a leader!

## 48 HOURS OF 4-H UPDATE

A BIG thank you to those who participated in the Districtwide Tailgate Service Party 48 Hours of 4-H service project on October 12. A special thanks to those who took the leadership on the various service projects offered. Here are the end results of the service activities:



- 138 tote bags were sewn and donated to The Wellness Tote project for cancer patients
- 20 stuffed animals, 15 toys, 50 books, and 20 bags were collected to make 80+ bags for the St. Francis Ministries for foster families
- 20 warming bags were made with 60 lbs of rice which were donated to animal shelters
- 18 bracelets and 26 jackets were collected for the Ashby House
- 50 placemats were made and colored for Meals on Wheels
- 70 bookmarks were made and 216 books were donated for the children at Salina Regional Hospital
- 66 gift bags of laundry supplies were assembled for DVACK which included the following donated items: 8 boxes of dryer sheets, 6 containers of laundry detergent pods, and 2 boxes of stain remover wipes
- 50+ wreath ornaments were made for the area nursing homes
- 15 stuffed animals and 30 children's books donated for The Blessed Hope Family
- Numerous birthday bags were assembled with the following donated items: 2 party bags of items already assembled, 20 cake boxes, 17 party decorating supplies, 18 containers of frosting, 16 playdough containers, 10 silverware bags, 180 cups, 16 packages of napkins, 16 hot wheels, 6 packs of party favors, 6 tubes of bubbles, and countless cards

If your club did their own 48 Hours of 4-H service project, thank you for giving back! Don't forget to complete the 48 Hours of 4-H report by going to <http://www.kansas4-h.org/484h>



## ADULT CHAPERONES NEEDED

If you are interested in serving as a chaperone for Citizenship In Action, 4-H Camp or Discovery Days, please complete the Adult Chaperone Application and return it to either Extension Office **by December 16**. You can find the application online at <http://www.centrankansas.k-state.edu/4-h> under 4-H Youth Development, 4-H'er Forms & Documents. By completing an application, you have let us know you are interested in serving as a chaperone; ***it does not commit you to serving as a chaperone***. We will need chaperones for Citizenship in Action, Discovery Days, and 4-H Camp. If you have any questions, please contact Sarah.

## SAVE THE DATES

### 4-H Camp

The Oz-Some 4-H Camp dates are as follows: Rookie 4-H Camp, Session 1 - June 16-17 and Session 2 - June 18-19; Regular 4-H Camp, June 16-19. Counselors will report to camp on June 15 for training. Be sure and get these dates on your calendar now. We will get registration information out as soon as it becomes available shortly after the first of the year.

### 4-H Campference

4-H Campference is scheduled for June 22-25 at Rock Springs 4-H Center. More information should be available in March or April.

## FARM SERVICE AGENCY YOUTH LOAN PROGRAM

The Farm Service Agency offers a youth loan program for youth who are 10-20 years of age, are involved in a 4-H club and/or FFA chapter, and are interested in starting or expanding an agricultural related business. The purpose of the FSA loan program is to help youth gain knowledge of the importance of the financial and record keeping responsibilities that come with a "business." With a viable business plan, FSA can loan up to \$5,000 to eligible rural youth. The loan must be for a project that is modest sized and an income producing agricultural enterprise. The educational objectives of the FSA youth loan program are to help youth develop skills that will be used throughout their life. Please feel free to contact FSA loan personnel in Salina at 785-825-8269 for additional information. Also, be sure to check out this YouTube video with more information:

[https://www.youtube.com/watch?v=fvF\\_eq73oSE](https://www.youtube.com/watch?v=fvF_eq73oSE)

## DISTRICT 4-H QUIZ BOWL OPPORTUNITY

Would you be interested in participating in a District 4-H Quiz Bowl? A 4-H quiz bowl offers an opportunity for members to increase and share their 4-H knowledge and skills in a semi-competitive setting. A quiz bowl is not meant to be a memorization process. It is meant to provide a fun way to encourage members to learn about all aspects of 4-H, including officer information, parliamentary procedure, project information, history, and other fun facts about 4-H.

How does a Quiz Bowl work? Each quiz bowl round consists of two 3-member teams in the same age category, competing to answer a variety of questions. Junior division rounds consist of 10 questions, and Senior division 15 questions. The first team to answer the question correctly is awarded points. Teams are split into two age categories: Junior 7-12 and Senior 13-18.

This would be a great opportunity to mark a requirement off on your Member Achievement Plan! If you are interested, please contact Michele Hennes at [mmljhennes@cox.net](mailto:mmljhennes@cox.net) or Angie Redden at [mreden1@hometelco.net](mailto:mreden1@hometelco.net)

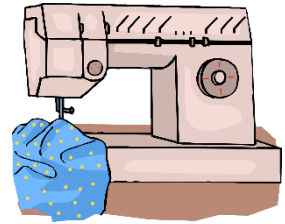
Registration information will be emailed to the Organizational Leaders when it is available.



## **CREATIVE THREADS – SEWING HELP FOR 2019-20**

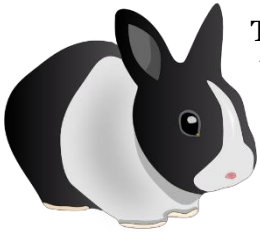
Anyone interested in sewing with Mary Bernhardt for the 2019-20 4-H year needs to email her ([mary\\_bernhardt@cox.net](mailto:mary_bernhardt@cox.net)) before December 1. Please include the following in your email:

- 4-H member name
- 4-H age
- Sewing experience (if you haven't sewn with Mary in the past)
- Parent name
- Cell number for the parent
- What weekday evenings work best for sewing at Mary's house and if the 4-H member has regular access to a sewing machine.
- What clothing/garment the 4-H member is interested in making (pants, skirt, top, dress, coat, etc.)
- Begin to look for patterns available from McCalls, Simplicity or Butterick for possible **wearable garment project(s)**. Send pattern company name and numbers to Mary. All patterns will need to be ok'd by Mary.



Mary will determine sewing dates at her house based on date(s) the majority of 4-H members are available. Do not wait until December 1 to let Mary know if you plan to sew with her!

## **RABBIT PROJECT MEETING**



The first Districtwide rabbit project meeting will be Tuesday, November 26, at 5:15 p.m. It will be held at First Baptist Church, 843 Lewis Ave, in Salina. Bring your BUNNIES and get ready to learn about opportunities within the rabbit project. If you don't have rabbits, that's okay too! Just come, get information about rabbits, and play with some furry friends.

## **DON'T HAVE A DOG & WANT TO GET ONE? ARE YOU THINKING OF JOINING THE DOG PROJECT?**

Wait! Please learn about the adoption process & dog behavior first! Ask for help! If you are considering welcoming a dog into your home. email - [k9capersckd4h@gmail.com](mailto:k9capersckd4h@gmail.com) we can help you get matched with your new addition.

Decide what you will expect of your dog (We have a list of things to consider). Some things are trainable but hard to overcome, which can make the young 4-H member frustrated.



Not all dogs are comfortable with outsiders, other animals, or public outings. It's important to find a dog who fits with your family well; one that will be able to function properly in public and focus on the handler around other dogs.

Things like social anxiety, being "good with children" in the home but questionable around unknown children or unknown adults, and lacking social skills when greeting other unknown dogs are things to consider. Please let us help you!

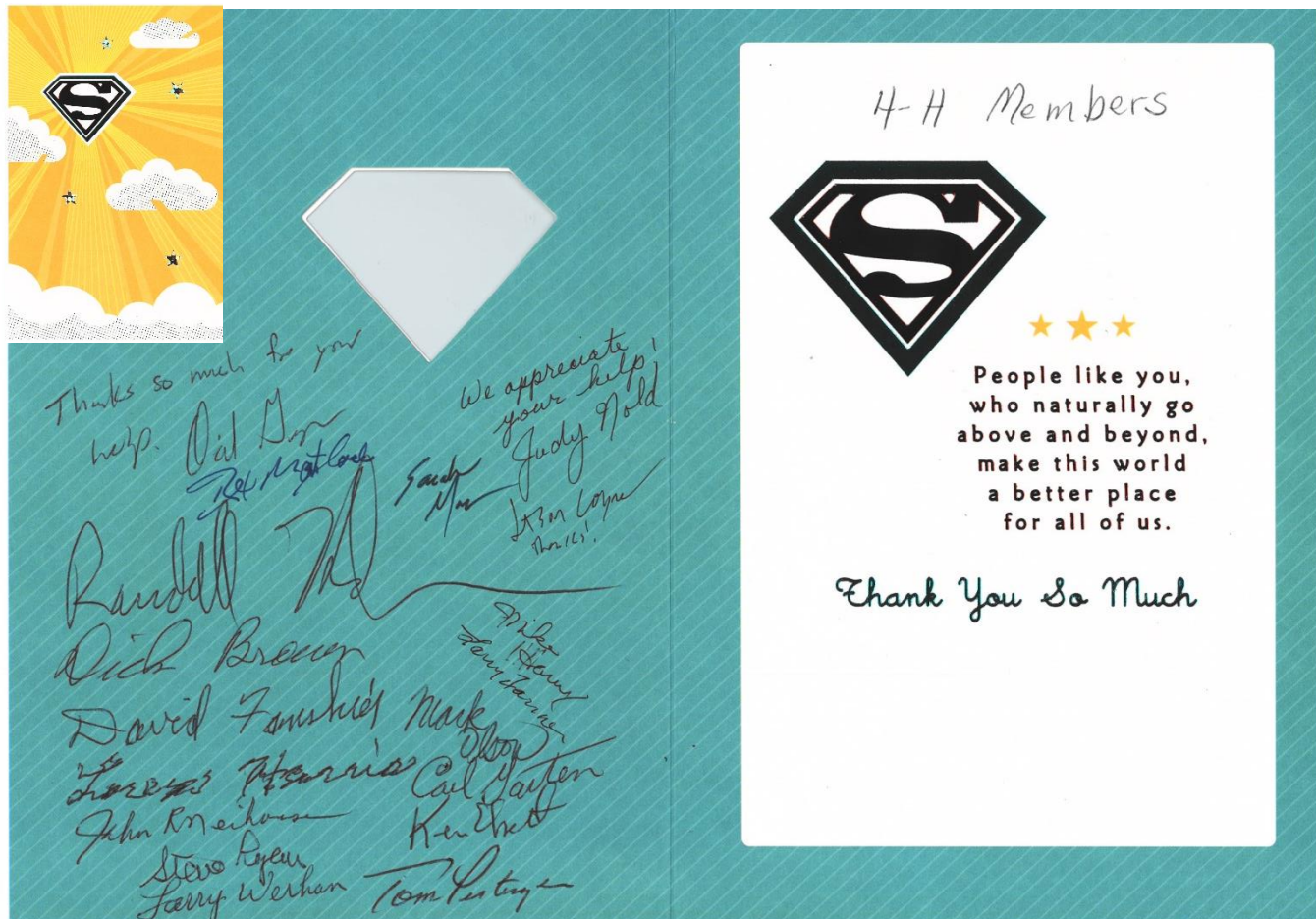
# RECYCLE/REPURPOSE WORKSHOP

Let's get creative and make something old, new! Join us for a creative workshop on Friday, January 3 and Saturday, January 4, 2020 from 9 a.m. to 4 p.m. At this time, the classroom location is to be announced, but the workshop will take place in Salina on the K-State Polytechnic Campus. Please bring garments, patterns, and ideas to the workshop on Friday. Participants also need to bring a sack lunch and a camera to take before and after photos. All ages are welcome, but basic machine sewing skills are required (those with limited skills will need an adult to attend with them). There will be a \$10/participant registration fee. To register, please go to <http://www.centrankansas.ksu.edu/4-h> and you will find a link under "Upcoming Events & Online Registration." Online registration and the \$10 fee will be due to either Extension Office no later than 5 p.m. on December 23, 2019.

## SARAH IN THE MINNEAPOLIS OFFICE

Sarah will be in the Minneapolis Office from 9 a.m. – 4:30 p.m. on November 21. Be sure to come by and see her to express any concerns, new ideas or just to visit.

## THANK YOU FROM THE SALINA DOWNTOWN LIONS CLUB



## 4-H NEWSLETTER DEADLINES FOR 2019

If you have something you would like in the *4-H Newsletter*, be sure to email it to [semaass@k-state.edu](mailto:semaass@k-state.edu). The deadline for December/January is November 11.

**Calling all Youth 8-12 Years Old for...**

# **STEM Day Camp**



**Saturday, November 16, 2019  
Lincoln Elementary School  
(900 N. Ash St, McPherson)**



**8:30 AM Registration  
\$10.00 Registration Fee**



**Come explore all kinds of subjects like robots, coding, looking at the world of technology & finding the fun in science! \$10 includes take home items & snacks. Day Camp will conclude at 12:15 PM.**

**Questions? Contact Sarah Maass: 785.309.5850**

**Register Online by Nov 8:**

**<https://tinyurl.com/CKDMPSTEM2019>**

**This opportunity is sponsored by K-State Research and Extension, McPherson and Central Kansas District 4-H Programs. Thank you to Epsilon Sigma Phi, Alpha Rho Chapter for grant funding to make this possible!**

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# EXTRA

## NEWS FOR CENTRAL KANSAS DISTRICT ORGANIZATIONAL LEADERS

### NOVEMBER CHECK-UP

Welcome to the second month of the new 4-H year! We've accomplished a lot in just one short month. Are you beginning to think like an experienced organizational leader? How's the club functioning? Let's do our monthly check-up...

\_\_\_\_\_ Organizational Leader Report is Due ONLINE by November 1. The link to this form can be found at <http://www.centrankansas.k-state.edu/4-h/orgleaders/index.html>

#### **Review**

- \_\_\_\_\_ *4-H Newsletter* read and important dates marked on calendar.
- \_\_\_\_\_ Highlight key points from the *4-H Newsletter* at club meeting.

#### **To-Do**

- \_\_\_\_\_ Membership recruitment plan formulated and started.
- \_\_\_\_\_ Parents' Committee functioning.
- \_\_\_\_\_ Project leaders and volunteers need to "enroll" as a volunteer in 4HOnline.
- \_\_\_\_\_ Encourage project leaders to start meetings.
- \_\_\_\_\_ Give project leaders the names of youth in their group
- \_\_\_\_\_ Complete club program books and give to families and turn one copy into the Extension Office.
- \_\_\_\_\_ Check club mailbox at Extension Office.
- \_\_\_\_\_ Visitor packets requested. Available at either Extension Office.
- \_\_\_\_\_ New member packets requested. Available at either Extension Office.
- \_\_\_\_\_ Encourage New Family Coordinators to conduct meetings.
- \_\_\_\_\_ Provide new member with membership packets.
- \_\_\_\_\_ Complete enrollment or re-enrollment in 4HOnline.
- \_\_\_\_\_ Enrollment of Volunteers, complete Volunteer Screening forms.
- \_\_\_\_\_ Update 4-H Records, KAPs and Pin Applications.
- \_\_\_\_\_ Club Visit Forms should be completed and returned to either Extension Office by November 15.

#### **Promote/Recruit**

- \_\_\_\_\_ Promote 4-H Camp and 4-H Rookie Camp.

#### **Remember**

- \_\_\_\_\_ 4-H Council Committee request ONLINE, November 1. (Deadline extended to November 15, 2019)
- \_\_\_\_\_ End of the Year Financial Review Form, Due November 15.
- \_\_\_\_\_ For Salina Area Clubs, Red Wheel – 4-H Council Fundraiser committee organized. Forms are available online under Organizational Leaders. Sales Due by Noon, Thursday, November 14.
- \_\_\_\_\_ Club representative should attend the 4-H Council meeting.
- \_\_\_\_\_ Gavel Games/Model Meetings teams started. Entry information will be emailed to the Organizational Leaders.
- \_\_\_\_\_ 4-H Club Day Entries available online, December 1. 4-H'ers must be enrolled by December 1, 2019, to participate in 4-H Club Day.





# END OF THE YEAR FINANCIAL REVIEW

At the end of July, all Organizational Leaders should have received a letter from Sarah with information about the 2018-19 Financial Review. Remember, the report is due to either Extension Office by November 15 at 5 p.m. The Financial Review Form is posted online for your convenience under Organizational Leaders. If you have any questions, please contact Sarah.



## 4-H COUNCIL FUNDRAISER– SALINA AREA CLUBS

Materials for the Red Wheel & Sweet Granada Fudge Fundraiser were handed out to the Salina Area Clubs at the September 4-H Organizational Leader Update. Club orders are due to the Extension Office by **Noon on Thursday, November 14**. Remember, the delivery date is Saturday, December 7, from 10-10:30 a.m. Each club will need to provide 1-2 individuals to assist with unloading the truck that morning at 9 a.m. The delivery and distribution will take place at the College Center on the K-State Polytechnic Campus.

## PARENTS' COMMITTEE

So now you have a Parents' Committee but you're not really sure what to do with it? First thing is learn to delegate. A rule of thumb—the Organizational Leader works with the 4-H members, the Parents' Committee works with the parents. But, it might take the Organizational Leader to get the Parents' Committee motivated and started down the right track! Where to begin?

1. Get a chair for the Parents' Committee—the past Organizational Leader, the assistant leader, or a member of the Parents' Committee. Then communicate to that person why it is important for them to provide leadership for the committee. Work together and keep each other informed.
2. Review the roles of the Parents' Committee such as those members recruiting Project Leaders, New Family Coordinator, Demonstration Trainer, etc.
3. Remember you all depend on each other, so communicate!

## WELCOME NEW 4-H FAMILIES IN STYLE

Make a special effort to welcome all new 4-H members and their families. Try to involve them in club activities--not just at the first meeting, but **throughout** the year. Remember how you felt as a new 4-H'er and 4-H family. Help those new to the organization not be overwhelmed. Here are some suggestions to welcome new 4-H families.

- ✿ Explain the "sometimes" confusing 4-H terms. Don't assume they understand.
- ✿ Form a "mentor" system (or buddy system) by having older 4-H'ers help new 4-H members with meetings, records and events. Don't forget the parents. Sometimes new parents need a "mentor" too.
- ✿ Be sure to give those new to the club a chance to speak up. Involve them in conversations and explain what is happening in the meeting.
- ✿ Advise new families of deadlines. Explain the major events that happen in 4-H, such as 4-H Club Day, Fair, Gavel Games, 4-H Camp, etc.
- ✿ Let new 4-H families participate at their own pace. Involve them in club activities, but allow them to participate at a level that is comfortable to them.
- ✿ Be aware of special family circumstances and be flexible. All families are an important part of our 4-H program.
- ✿ Remember, your club is like a family of sorts. In families, we need to make everyone feel important, help them find their own niche, challenge them to be more involved, and most importantly, accept them for who they are!

Taken and adapted from the "Leaders of Tomorrow" Rice County 4-H Newsletter, November, 2007



# November, 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>December</b> 1 – Online Enrollment DUE to participate in county fair 1 – New & Returning 4-H Members: Online Enrollment due to participate in 4-H Club Day 7- Red Wheel delivery, Salina 9 – Volunteer Screening Orientation 16 – Gavel Games/Model Meeting entries due Online					1 Organizational Leaders Report due	2
3	4	5	6	7	8 STEM Day Camp reg. due online	9
10	11 Office Closed, Minneapolis	12	13 4-H Council Committee requests due online	14 Red Wheel Sales due for Salina area by noon to Salina office	15 Club Financial Reviews due  Club Visit forms due	16 STEM Day Camp, McPherson  Adult Chaperone Appl. due
17 Do you have your 4-H Online Enrollment completed?	18	19	20	21 Sarah in Minneapolis Office, 9-4:30	22	23 KYLF, Rock Springs
24 KYLF, Rock Springs	25 4-H Council, College Center Conference Room, Salina, 7:00	26 DW Rabbit meeting, First Baptist Church, Salina, 5:15	27	28 Thanksgiving Offices Closed	29 Offices Closed	30 TODAY IS THE FINAL DAY TO RE-ENROLL FOR RETURNING 4-HER'S



**Central Kansas Extension District**

**Salina Office**

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Salina, KS 67401-8196

Address Service Requested

## TIME FOR CELEBRATION

Dear 4-H Families,

It is hard to believe we are already into the second month of the 4-H year. We took time to recognize all of the hard work of our 4-H members and volunteers this past 4-H year at the annual Central Kansas District 4-H Celebration of Achievements. I hope you were able to make it to this event to help us celebrate.

As we enter a busy season, be sure and take time to enjoy it, but don't forget about things coming up. You can keep on top of 4-H events, activities, and deadlines by taking a moment to read this newsletter and any emails that may come from the Extension Office. As always, if you have any questions, please be sure to let me know.

I am thankful that you have chosen to be a part of the Central Kansas District 4-H Family. Happy Thanksgiving!

Sarah

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