October 2023

HAPPY NEW 4-H YEAR!
The month of October begins a new 4-H year. It is time to set those goals for the new year. Some basic steps for goal setting are:

Step 1: Decide what you want to achieve.
Step 2: Set a deadline.
Step 3: How will you know if you have achieved your goal? What will be different?
Step 4: What are the things you need to do to achieve your goal?

This is a very exciting time in 4-H—new officers, new projects, new leaders, and hopefully new members! Remember to make recruitment one of your goals this year!

SPECIAL THANK YOU TO THE 2022-2023 ORGANIZATIONAL LEADERS

A big thanks going out to all the individuals who are volunteering their time as Organizational Leaders for the new 4-H year! AND many thanks to those who donated their time during the 2022-2023 year. Without you the 4-H program in CKD would not be successful! Members, take a moment to thank your Organizational Leaders at your next club meeting! The following is a list of the organizational leaders from this last 4-H year:

Boldly Go: Robyn Prickett, Karla Schlatter and Lindi Fahrenthold
Cardinal: Melissa Gates, Janelle Stelter and Emily Walker
Friendly Valley: Cheryl Spare and Alycia Schoenfeld
Gypsum Valley: Amy Isaacson, Jennifer Fritz and Jake Riffel
Livewires: Amber Anderson and Erica Yates
Pleasant Valley: Melanie Ohlson, Michelle Wisbey, Tanya Koehn, and Melissa Hulse
Smoky View: Anna Anderson, Henry Littich, Kelsey Swisher, Christy Isaacson, and Jordan Johnson
Solomon Valley: Jennifer Nichols and Bridgette Crosson
Sunny Valley: Marilyn Stone
Willing Workers: Kendra Clark, Michelle Griffin, Anne and Steve Hoekstra
Woodsdale: Ashley Johnson and Stacey Gawith

4-H NEWSLETTER DEADLINES FOR 2023
If you have something you would like in the 4-H Newsletter, be sure to email it to jlschmeid@ksu.edu. Deadlines are:
- November - October 11
- December/January - November 11
- February - January 11

4-H COUNCIL NEWS

November Meeting
The November 4-H Council Meeting will be held on Monday, November 27, at 7:00 p.m., Salina. We will meet in the College Center Conference Room on the K-State Salina Campus.

4-H NEWSLETTER DEADLINES FOR 2023
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4-H COUNCIL NEWS

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2023-2024 4-H Enrollment Details

Kansas 4-H will continue to use the online enrollment system this year; 4-H Members, Cloverbuds, Screened Volunteers, and Prospective Screened Volunteers are required to enroll online. The enrollment system is now open and is ready to take enrollments for CKD! Please note the helpful hints and tips for youth members and Cloverbuds, followed by information for adult Screened Volunteers and Prospective Screened Volunteers:

Youth 4-H Members & Cloverbuds

- As you complete the enrollment process, PLEASE READ ALL of the directions thoroughly. DO NOT make assumptions.
- Any 4-H member wishing to participate in the 4-H Club Day contest on February 17, must submit their online enrollment and health information no later than 11:59 p.m. on December 1. In order to exhibit at the county fair, the enrollment deadline for returning 4-H members is December 1, and for new 4-H members, the deadline is May 1. All 4-H members have the opportunity to add and drop projects by May 1.
- Tips:
  - Each family should have received (or will receive) a brochure from their 4-H club Organizational Leader with directions on how to re-enroll or enroll in the 4HOnline system (https://v2.4honline.com)
  - You will need to use either Google Chrome or Mozilla Firefox as your web browser. If you are using a Mac, iPad, iPhone, Android device, etc., you will still need to use Chrome or Firefox instead of Safari, Microsoft Edge, etc.
  - We strongly encourage a parent to enroll the 4-H member(s). This can be a joint effort with both the parent and youth. A parent will need to complete the health information online.
  - Please make note of the email address and password you use (only one required per 4-H family). You may want to write it down and place it in a secure location. You will need this information for your child(ren) to update information in case you move, re-enroll next year, etc.
  - Be sure to allow enough time when you begin the enrollment process. You DO NOT have to complete the enrollment all in one setting. It will take an average of 20 minutes for a family with one child to enroll and approximately 5-7 minutes for each additional child (times are approximate). Do not forget to hit the SUBMIT BUTTON to record the information in the 4HOnline system.
  - Be sure to have the list of projects your child(ren) want to enroll in when you get ready to enroll them. A list of the current projects is available at http://www.centraalkansas.k-state.edu/4-h/ under 4-H Information. Youth must enroll in at least one project. Do not forget to hit the SUBMIT BUTTON to record the addition of projects.
  - CLOVERBUDS will need to enroll online as well. They should select a club and the “Cloverbud participant” as their project. If other projects are selected, the projects will be deleted before their enrollment is activated.

CONSENT APPROVAL

- Please read ALL information within the “Consents” section carefully when enrolling. Your responses cannot be changed until you enroll for the next 4-H year (2024-2025).
- Publicity Release: Declining publicity release consent means your child’s photo or name will NOT be displayed in any form of public print, online lists, or social media at the state, local, or club level within 4-H. Common examples of where names and/or photos are used typically include the name on their exhibits, results lists, press releases, event programs/schedules, etc.
- Kansas 4-H Code of Conduct: Parents, please read through the Kansas 4-H Code of Conduct carefully with your child(ren) so they understand exactly what is expected of a 4-H member.
• **4-H PROGRAMMING FEE**
  o 4-H members, ages 7-18 are required to pay the enrollment fee. Cloverbuds do not have to pay the fee. There is no family cap.
  o Payment options include: debit/credit card; check; waiver. Members may apply for a waiver to pay the program fee when they enroll.
  o The Program Fee is NOT tax deductible since it is paying for specific individuals.
  o *Families will be responsible for paying the Kansas 4-H Programming Fee online during enrollment. If your club has voted to pay the programming fee or any portion of it, you will need to pay it and be reimbursed. Be sure to check with your Organizational Leader for more details.*
  o *No enrollment will be complete until the online enrollment, health information has been completed and accepted, and the $15 fee has been paid.*

• Because each club is different with the items the new potential members and Cloverbuds must meet, the Organizational Leaders will have to approve each new 4-H member’s and Cloverbud’s enrollment before we will accept the online enrollment.
• Do not forget to hit the **SUBMIT BUTTON** to record the information in the 4HOnline system anytime you make changes to a profile.
• If you do not have a computer or access to the internet, you may go to your local library to enroll your child(ren).
• If you have any questions, please contact either Extension Office.

**Screened Volunteers and Prospective Screened Volunteers**

• **ONLY Screened Volunteers or Prospective Screened Volunteers** will need to enroll.
  o *Returning Screened Volunteers* will receive an email with the enrollment instructions. Please contact Kate at (785) 309-5850 or at klittich@ksu.edu if you have not received the email by October 13, 2023.
  o *Prospective Screened Volunteers* should receive an enrollment brochure from a club leader, or they may be obtained by contacting Kate at the number or email above. After providing enrollment information, Prospective Screened Volunteers should RSVP for Volunteer Orientation. Dates, times, and RSVP links can be found on the Central Kansas District 4-H website ([https://www.centralkansas.k-state.edu/4-h](https://www.centralkansas.k-state.edu/4-h)) under “Upcoming Events & Online Registration.”

• **4-H PROGRAMMING FEE**
  o Screened Volunteers do not pay the program fee.
• Do not forget to hit the **SUBMIT BUTTON** to record the information in the 4HOnline system anytime you make changes to a profile.
• If you do not have a computer or access to the internet, you may go to your local library to access the 4HOnline system, or you may set up an appointment with Kate.
• If you have any questions, please contact either Extension Office.

**Enrollment Deadline**

Youth may join 4-H at any time during the 4-H year (October 1 through September 30); however, participating in some parts of the 4-H program may require enrollment or ownership deadlines.

Any 4-H member wishing to participate in the 4-H Club Day contest must be enrolled by December 1. In order to exhibit at the county fair, the enrollment deadline for returning 4-H members is December 1, and for new 4-H members, the deadline is May 1. All 4-H members have the opportunity to add and drop projects. This deadline is May 1. This will allow for mastery in the project(s) for which the 4-H member has enrolled.
Projects are listed in alphabetical order. If this is your first year in 4-H, we advise that you not enroll in more than one or two projects. After a year or more in 4-H, please consider the time and commitments carefully before you enroll in more than four projects.

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<th>AEROSPACE/ROCKETRY</th>
<th>DOG</th>
<th>HORSE</th>
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<td>AG MECHANICS WELDING</td>
<td>ELECTRIC &amp; RENEWABLE ENERGY</td>
<td>LEADERSHIP</td>
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<td>AGRONOMY (Formerly Plant Science – Field Crops)</td>
<td>ENTOMOLOGY</td>
<td>MEAT GOATS</td>
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<td>ASTRONOMY</td>
<td>ENVIRONMENTAL SCIENCE</td>
<td>PERFORMING ARTS</td>
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<td>BEEF</td>
<td>FAMILY STUDIES</td>
<td>PETS</td>
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<td>BUCKET CALF (youth ages 7-12)</td>
<td>FIBER ARTS (Includes all Fiber Arts methods)</td>
<td>PHOTOGRAPHY</td>
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<td>BUILDING BLOCK ENGINEERING</td>
<td>FOODS AND NUTRITION (Foods and Nutrition Foods Preservation)</td>
<td>POULTRY</td>
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<td>CIVIC ENGAGEMENT</td>
<td>FORESTRY</td>
<td>RABBITS</td>
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<td>CLOVERBUD PARTICIPANT (youth ages 5-6)</td>
<td>GEOLOGY</td>
<td>READING ADVENTURES</td>
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<td>COMPUTER SCIENCE</td>
<td>HEALTH &amp; WELLNESS</td>
<td>ROBOTICS</td>
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<td>COMMUNICATIONS</td>
<td>HORTICULTURE &amp; LANDSCAPE DESIGN</td>
<td>SELF-DETERMINED</td>
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<td>DAIRY CATTLE</td>
<td>INTERIOR DESIGN &amp; ARCHITECTURE (Formerly Home Environment)</td>
<td>SEWING &amp; TEXTILE DESIGN</td>
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<td>DAIRY GOATS</td>
<td>SHOPPING IN STYLE (Formerly Clothing Buymanship)</td>
<td>SHEEP</td>
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<td>SHOOTING SPORTS (National and State 4-H policy states that the member’s 4-H age must be 8 years of age or older in order to participate in this project. Age 9 or older is a requirement for competition.)</td>
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NEW AND RETURNING MEMBERS – Enrollment is DUE no later than 12/01/23 at 11:59 p.m. to participate in 4-H Club Day.
RETURNING MEMBERS – Enrollment is DUE no later than 12/01/23 at 11:59 p.m. to participate in the County Fair.
NEW MEMBERS – Enrollment is DUE no later than 05/01/24 at 11:59 p.m. to participate in the County Fair.
Enrollment is NOT complete until the online enrollment is done and accepted.
Congratulations to Our 4-H Council Executive Team

At the September 4-H Council Meeting in Minneapolis, 4-H Club Members who make up 4-H Council, elected the 2023-2024 4-H Council Executive Team. Congratulations to these individuals. We look forward to the leadership this team will bring to the Central Kansas District.

President – Carson Fouard, Cardinal
Vice President – Ariana Baltazor, Willing Workers
Corresponding Secretary – Brynna Anderson, Smoky View
Recording Secretary – Zoe Ade, Boldly Go
Treasurer – Timothy Ade, Boldly Go
Reporter – Jaelyn Gates, Cardinal
Historian – Hensli Lofdahl, Smoky View and Caroline Stone, Sunny Valley

Congratulations to All Kansas State Fair Exhibitors!!!

The Central Kansas District was well represented this year at the Kansas State Fair. Congratulations to all those who exhibited virtually and otherwise. Results can be viewed online at https://fairentry.com/Fair/Results/19045

Kansas 4-H Wheat Variety Plot Winners

Congratulations to 2023 Kansas 4-H/FFA Wheat Variety Plot winners from Central Kansas District!

1st Place - Ryan Myers, Woodsdale
2nd Place – Landon Wisbey, Pleasant Valley

If you would like more information on Wheat Variety Plot program for next year, please contact Jay Wisbey at 785-309-5850 or jwisbey@ksu.edu.

Online Resources

Websites

Our District website is located at http://www.centralkansas.ksu.edu/4-H. Several forms and other pertinent 4-H information can be found here. You can also browse the other sections of our website for information on other topics, such as Community Vitality, Crops, Livestock, Lawn & Garden, and Family Resources.

Another website you will find helpful is the Kansas 4-H website (http://www.Kansas4-H.org). You will find more information on several state events and activities. Please note, before you utilize any forms from this website, please make sure that our District uses the same forms. Sometimes our District uses different forms. For example, the District uses different Achievement Pin applications than the state.

Social Media Outlets

Become a fan of Central Kansas District 4-H on Facebook and follow us on Instagram. Go to http://www.centralkansas.ksu.edu/4-h, and at the bottom of the page you can find links to our pages. If you become a fan and/or follow us, you will receive information on things going on in the district in addition to what is provided to you in the 4-H Newsletter.

Take a moment to familiarize yourself with these online resources. If you have any questions, be sure to contact Jacob or Kate.
Help Needed: Lion’s BBQ, October 28

Mark your calendars for the Annual Salina Downtown Lion’s BBQ, to be held Saturday, October 28, at the 4-H Building in Salina. **All 4-H Clubs in the District are asked to help support the Lion’s Club by selling tickets to support this BBQ, as the Downtown Lions are big supporters of CKD 4-H.** They support 4-H with scholarships for 4-H Camp, Citizenship Washington Focus, and Discovery Days. **It is imperative that we help them with this fundraiser more than ever.** Tickets are now available and 4-H members are encouraged to sell a minimum of 2 tickets.

**October 28, 4:30—6 p.m.**
Mark, Karla, Erik, Caleb & Matthias Schlatter
Jenn, Lane, Gauge & Bailey Fritz

**October 28, 5:30—7 p.m.**
Eddie & Kate Littich

We’d like to have at least three adults and five to six youth per shift. Younger members should be accompanied by an older teen leader or a parent. If members of your club will be able to help, please call the Salina Extension Office or email Michele at mhennes@ksu.edu and let us know how many workers you will have and what shift you will be able to work. This is a big 4-H fundraiser put on by the Downtown Lions, so provide your support since the Lions provide theirs!

**2023 National 4-H Week**

National 4-H Week is October 1-7, 2023. This year's theme is "I ♥ 4-H." 4-H Spirit Day will be on Wednesday, October 4. Wear 4-H apparel, jewelry, accessories, etc. Bonus points if you wear green! Be sure to share and spread the word. #KS4H

**48 Hours of 4-H Service Challenge**

It is time to register your 48 Hours of 4-H Project, October 7-8!

We hope you will join us this fall in seeing just how much we can give back to our communities! The weekend after National 4-H Week is the perfect opportunity to set up a service project. Invite your friends, adult volunteers and 4-H alums, too! Information can be found at [https://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/index.html](https://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/index.html), including a link to sign up! There is also a guide with ideas.

**4-H Celebration of Achievements**

The 2023 4-H Celebration of Achievements will be held on Sunday, November 5, 3 p.m. at the 4-H Building in Salina. The 4-H Celebration of Achievements committee is working hard to make this celebration a special one. RSVPs are due on October 30 and can be made by individual/family. You can find the online RSVP link by going to [http://www.centralkansas.ksu.edu/4-h](http://www.centralkansas.ksu.edu/4-h) and clicking on the link under Upcoming Events & Online Registration. We hope to see everyone at the 2023 4-H Celebration of Achievements!

**4-H Council Scholarships**

4-H Council scholarships continue to be available for numerous 4-H sponsored events, including virtual events. If you are interested in receiving a scholarship, it is important that you not only complete the 4-H Council Scholarship Application ([https://www.centralkansas.k-state.edu/4-h/documents/Scholarship%20Application.doc](https://www.centralkansas.k-state.edu/4-h/documents/Scholarship%20Application.doc)), but that it is submitted to either Extension Office before 5 p.m. on the day of the registration deadline. Any applications received after 5 p.m. on the registration deadline will not be considered for a scholarship.

All applications need to be the original application. No emailed applications please.
Leadership Opportunities

2024 Central Kansas District 4-H Council Committees

As we all know, committees are where the work gets done in an organization. It is said that many hands make light work! It is important that we have ample committee members to accomplish the work at hand, otherwise opportunities are missed and things do not happen. The Central Kansas District 4-H Council Committees operate on a January – December calendar.

According to the Central Kansas District 4-H Council Constitution and By-Laws, each club should have four (4) elected 4-H members to 4-H Council and two (2) elected alternates. Each club should also have two (2) adult members. The above-mentioned individuals must serve on a 4-H Council Committee. If they do not complete the 4-H Council Committee Online Request by November 1, 2023, they will be assigned to a committee.

Everyone DOES NOT have to be on 4-H Council in order to serve on a 4-H Council Committee. We encourage 4-H members and adults of all ages to serve on a 4-H Council Committee.

The 2024 4-H Council Committees are:

- Finance & Fundraising
- 4-H Club Day
- 4-H Celebration of Achievements
- FCS and Photography Judging
- Agriculture Development

-Social
-Ottawa County Fair
-Tri-Rivers Fair
-Promotion & Recruitment
-Trips & Awards (Adult Only)

To sign up to serve on a committee and to see descriptors of committee duties, individuals should go to http://tinyurl.com/CKD-CouncilComm2024

Volunteer Orientation

The next Volunteer Orientation is scheduled for Thursday, October 26. Online "RSVP" is required by Thursday, October 19. There is also an orientation scheduled for Tuesday, November 7, from 6:30 p.m. – 8:30 p.m. Online “RSVP” is required by October 31. The location for the orientations will be determined by the RSVPs. The links can be found on the website at http://www.centralkansas.k-state.edu/4-h under Upcoming Events and Online Registration. If you do not have access to the web, please contact either Extension Office. If there are not enough individuals interested, it will be cancelled and those that sign up will be notified.

Youth in the 4-H program often engage in leadership and volunteer experiences as part of their 4-H program participation. Youth are welcome to attend volunteer orientation as a leadership workshop.

Districtwide Officer Training & Family Event

The Districtwide Officer Training and Family Event will take place on Saturday, October 28 from 1-4 p.m. at Salina South Middle School in Salina. We are excited to continue to partner with McPherson County 4-H and First Bank Kansas for this event. A “family” component is part of this event to encourage all 4-H members and their families to attend the Officer Training & Family Event.

The link for online registration will soon be available at http://www.centralkansas.ksu.edu/4-h (Upcoming Events & Online Registration) and will be due ONLINE October 20. Youth who have been elected to serve as an officer for their club or District 4-H Council should plan to attend.

Project Panorama! New to this year’s Officer Training & Family Event is a “Project Panorama.” If you would like to present a hands-on experience related to a project of your choice, then this is for you! Come teach other 4-H members about your project with quick 5-minute or less activities for all. Signing up to be a Project Panorama leader will be included in registration. For more information ask Jacob or Kate.
Leadership Weekend – Kansas Youth Leadership Forum (KYLF) and Kansas Volunteer Leader Forum (KVF)

Lights, Camera, Action, Leadership! Kansas 4-H Leadership Weekend will be November 18-19 at Rock Springs 4-H Ranch and consists of the Kansas Youth Leadership Forum and the Kansas Volunteer Leader Forum.

KYLF is for youth ages 14-18 before January 1, 2024, and KVF is for all Kansas 4-H Volunteers. KYLF will feature leadership workshops, Youth Council Elections, and opportunities to learn and have fun. The Kansas 4-H Volunteer Leader Forum will feature workshops and information to help volunteers be more effective and learn from each other. This Forum for adults is organized by the Kansas Association of 4-H Volunteers.

This year’s speaker will be Jason Wetzler. He has spoken to over 800,000 people in 45 states and three countries. Jason will have participants thinking, laughing and thankful they chose to attend.

Registration is open online at this link https://kstate.qualtrics.com/jfe/form/SV_efByBxeDA8ANTSu. Participants in both forums will register through the same system. Registration deadline is October 16, 2023, for both events. For more information about these events, go to https://www.kansas4-h.org/events-activities/index.html and look under Personal Development Events.

To be eligible for a scholarship through District 4-H Council, do not forget to complete the 4-H Council Scholarship Application (http://www.centralks.ksu.edu/4-h, under 4-H Member Forms and Documents) and turn in to the Extension Office before 5:00 p.m. on the registration deadline. The fee is $200. If you receive a CKD 4-H Council Scholarship, it will cover $75. There will be a $25 cancellation fee that will be charged to any 4-H member who decides not to attend after registering. This is not a local fee, but a state fee. The 4-H Council Scholarship WILL NOT cover this cancellation fee.

Kansas 4-H Youth Leadership Council

The Youth Council Application information link is now available on the KYLF webpage on the State 4-H Website. Any Kansas 4-H member between the ages of 14 and 18 before January 1, 2024, may apply as a Council Representative. This year’s KYLF delegation will elect representatives from the four Extension program regions (NE, NW, SE, SW).

Youth Council members work to involve youth with K-State Research and Extension in promoting, developing, implementing, and evaluating Kansas Extension 4-H Youth Development programs in order to reflect the needs and interests of the youth in the state. Council members will also plan and conduct the Kansas Youth Leadership Forum, Citizenship in Action, Camference, 48 Hours of 4-H, and other events.

Please encourage those outstanding young leaders in your club to apply. Applications are due online October 2 before 11:59 p.m. CST, and one letter of reference must be uploaded on the registration site. Additionally, a 2 minute or less video introduction of the candidate will need to be submitted as well. The signature page should be postmarked by October 1. This year the elections will include the application process detailed above, and from those applications up to 12 young people per area will be invited to interview with a panel on Zoom. From those who interview, up to 6 candidates from each region will be selected to be in the election. If you have any questions about State Youth Council, please contact Jacob.
The National 4-H Conference is a working conference where youth and adults, at the invitation of the Secretary of Agriculture, assist in the development of recommendations to help guide 4-H Youth Development Programs nationally and in their communities. This event brings together youth, volunteer leaders, and state and county Extension staff members from across the United States, the U.S. Territories, and the Canadian Provinces.

Delegates must be 15 to 18 years old before January 1, 2024, to apply. Up to six Kansas youth may be selected as delegates. Kansas 4-H members who have attended National 4-H Congress are eligible to apply for National 4-H Conference. The 2024 National 4-H Conference dates are April 19-24, 2024 in Arlington, Virginia. Applications are due ONLINE by October 2, 11:59 p.m. and one letter of reference must be uploaded on the registration site. For more information, please visit https://www.kansas4-h.org/events-activities/conferences-events/national-4-h-conference/index.html

From the state screening process, the top applicants will be invited to participate in an interview to select final delegates. Final selection of delegates will be made on the basis of the written application and interviews. Additional details regarding the interviews are not yet available. If selected as a National 4-H Conference delegate, there are additional responsibilities including being involved in the 4-H program through the State 4-H Youth Council and several other aspects of the Kansas 4-H program. The approximate share of the registration and transportation costs for delegates chosen to attend this conference is $2,000. There are scholarship possibilities to help offset the cost of the delegate’s portion through the District 4-H Council and the local 4-H club.

**Introducing 4-H Project Partnership Teams**

For over a century Kansas 4-H has been deeply rooted in volunteer and teen leader involvement. Throughout the years, we have had various groups and committees, most recently Kansas 4-H Action Teams, working across the 4-H project areas to deliver programmatic opportunities, make recommendations for project advancement, and the list goes on. It was time to re-evaluate the structure of these teams and how we move forward. These teams have played an integral role and will continue to do so, but with a new name and broader view. The Kansas State 4-H Team has reviewed the Kansas 4-H Action Team guidelines and rebranded this volunteer opportunity to be Kansas 4-H Project Partnership Teams. These teams will be able to provide opportunities for more 4-H project areas.

The Kansas 4-H Project Partnership Teams are:

- Animal Science
- Communication & Expressive Arts
- Consumer & Family Science
- Discovery Days**
- Engineering & Technology
- Leadership & Personal Development
- Natural Resources
- Plant & Environmental Sciences*

* This will be a 4-H Project Partnership Team that will be coming in the future.
** Discovery Days also needs a team to help deliver this educational experience, and it will follow the same application process as the Project Partnership Teams and be considered as such.

With this restructure, everyone interested in serving will need to apply for a 4-H Project Partnership Team. We will be looking for a variety of expertise around the projects that fall under each 4-H Project Partnership Team.

For more information on the Kansas 4-H Project Partnership Teams, please go to the https://www.kansas4-h.org/volunteers/projectpartnershipteams.html where you will find additional details, the link to the application, and the role description.
Districtwide Project News

Rabbit Project Meeting
Want to try a new project this year? Learn more about the rabbits you have? Come to the Rabbit project meeting on Tuesday, October 24 at 5:15 p.m. at First Baptist Church, 843 Lewis Avenue, Salina. We will be sharing about the care of rabbits, what makes a good, showable rabbit, different breeds, and other fun and interesting things about rabbits. Bring your rabbit(s). For more information, contact Lindi Fahrenthold, lfahrenthold@yahoo.com.

Reading Adventures Project Meeting
There will be a district reading meeting at 10 a.m. Saturday, November 4 at the Salina Public Library. We will be touring the library to learn about how it works and the services it offers. There will be a brief meeting after the tour to discuss SMART goal setting. We will stay at the library for the meeting.

If you have questions, or to RSVP, please email Amber at prachtamber@gmail.com or call or text 785-787-0890.

State 4-H Dog Conference
The State Dog Conference is October 21-22. Registration is due by October 1. The conference is for 4-H members enrolled in the dog project and want to meet other 4-H members with the love to train and do activities with their dog. The theme is "Dogz of Oz". Emergency preparedness and learning Rally Obedience are some of the presentations. Member presentations, quiz bowl competition, and games at Rock Springs Ranch are part of the learning experience. Dogs are allowed, but parents must attend. To register, go to https://www.kansas4-h.org/events-activities/conferences-events/dog/dog-conference/index.html

2023 Fall Semester Youth Classes at Salina Art Center
Explore visual art and improve existing skills. We will apply the elements of art and principles of design as we learn about new techniques and mediums. Learn to connect your ideas with the artistic process. A great opportunity to build on previous experience while preparing for more advanced learning.

Classes are now open to enrollment at the Salina Art Center for ages 4 to 17. Information on the classes offered can be found at https://www.salinaartcenter.org/youth-classes There is a fee for each class.

Fabric for Free
We recently received a donation with several bolts of fabric (fleece, knit, flannel, and outdoor fabric) which might be usable in Sewing & Textile Design, Fiber Arts and/or Interior Design & Architecture (formerly Home Environment). These items are available for free to 4-H youth and leaders at the Salina Extension Office until supplies run out or October 31, 2023. We suggest calling before you come to inquire if items are still available, as they will be given on a first-come-first-served basis.
HEADLESS HORSEMAN'S SPEED EVENT

SATURDAY, OCTOBER 21ST
1:00 PM ~ MINNEAPOLIS ARENA

FOR CKD HORSE PROJECT MEMBERS / $5 PER RIDER / 4-H WEBSITE ONLINE REGISTRATION / REGISTRATION DUE FRIDAY, OCTOBER 13TH

ORDER OF EVENTS

COSTUME CONTEST (HORSE AND RIDER)
HAUNTED TRAIL (OBSTACLE COURSE)
HOLD YOUR HORSE'S EYEBALL
THE MUMMY RUN
TOXIC WASTE RACE
WITCH'S BREW
SHAKE A LEG
ONCE BITTEN TWICE SHY
GHOST ROPING (DUMMY)

2 DIVISIONS – MOUNTED OR ON FOOT (CAN ONLY ENTER ONE). NOT REQUIRED, BUT ALL ARE WELCOME TO GIVE IT A GO REGARDLESS OF EXPERIENCE.

AWARDS CEREMONY TO FOLLOW ★★

FOR QUESTIONS PLEASE CONTACT TRACI AT 785-262-7651

K-State Research & Extension is an equal opportunity employer and provider.
Can Projects Be Made at School?

Concerned about managing time and resources? You might consider combining 4-H and school projects. However, a few guidelines must be considered before combining, as a definite “yes” or “no” cannot be given across the board for all projects. To legitimize the option of projects serving dual roles answer the following questions:

1. Will you plan ahead of time to correlate the projects for better use of time and money?
2. Will the 4-H project you are enrolled in have similar suggested learning requirements as your school class?
3. Will the project be a part of the suggested learning and/or requirements in both the 4-H project and school projects?

If you can honestly answer YES to the above questions, then you can legitimize combining the two projects. HOWEVER...

1. If you wait to enroll in a 4-H project after the school project is completed and select a “project” that fits the completed school project...or
2. If you do no advanced planning but instead decide at the last minute to enter the completed school project at the fair because it’s done...then...the project is not considered eligible as a 4-H project.

*Take time now and pre-plan...it will save confusion in the end.*

Note: There may be some specific rules for exhibiting at the county fair (i.e., if you enter an item you made at school, you may also have to enter an item you make at home). Please refer to the fair paper as soon as it is available to make sure you are able to meet the requirements for exhibiting at the fair.

Cloverbud Policies

- To be eligible to participate, a child must have celebrated his or her 5th or 6th birthday before January 1 of the current 4-H year. When a child reaches the age of eligibility for traditional 4-H programs (age 7 or older before January 1 of the current 4-H year), the child and his or her parent(s) or guardian(s) can decide whether to transition their child into 4-H club membership.

- Must complete 4HOnline enrollment.

- Cloverbud participants do not have to pay the $15 Kansas 4-H Programming Fee.

- May exhibit items at the county fair under the Cloverbud Division — may receive a Cloverbud ribbon, no premium.

- Membership is not counted toward 4-H years.

- Districtwide meetings will be held at the Salina Extension Office and will be adjusted as needed. Look for information in the 4-H Newsletter.

- Kansas 4-H Cloverbuds are not allowed to exhibit livestock. The 4-H Cloverbuds program is tailored to youth, with concerns for a child’s physical, mental and emotional development. The physical difference in stature between a child and livestock can endanger a child. A child’s maturity level and lack of understanding of animal behaviors also can increase the risk to the child. While a child may seem capable of handling livestock on the family farm and/or in familiar settings, managing livestock in a public setting can add stress and increase the risks for the child, the livestock and others who may be in the area. Allowing a young child to exhibit livestock in a public arena also increases the liability for all concerned.

For more information on the Cloverbud Program and for a Question & Answer sheet, go to [http://www.centralkansas.ksu.edu/4-h](http://www.centralkansas.ksu.edu/4-h), Cloverbuds (on the left hand side of the page).
EXTRA

NEWS FOR CENTRAL KANSAS DISTRICT ORGANIZATIONAL LEADERS

October Check-Up

_____ Pass along the Organizational Leader Resources and materials to the new Organizational Leaders.
_____ Ask friends and families to attend a 4-H meeting.
_____ New Family Coordinator ready to welcome the visitors at the next 4-H meeting.

Review

_____ Read 4-H Newsletter and mark important dates on the calendar.
_____ Highlight key points from the 4-H Newsletter at club meeting.

To-Do

_____ 4-H Week activities planned.
_____ Orientate and have new 4-H parents complete the Volunteer Service Application and make arrangements to attend Volunteer Screening Orientation.
_____ Conduct new membership drive/enrollment fair.
_____ Club Project selected by members.
_____ Volunteers encouraged to enroll in 4HOnline and complete the Volunteer Service Application or Renewal Form online.
_____ Help recruit individuals to help at the Lions BBQ on October 28.
_____ Members honored for 2022-2023 accomplishments.
_____ Check club mailbox at the Extension Office.
_____ Create goals for the new club year.
_____ Have members sign up for club committees.
_____ Have members sign up for district committees.
_____ Inform families when you receive the notification of 4HOnline opening up to the District.
_____ Orientate Project Leaders.
_____ Encourage New Family Coordinator, Parent Leader Trainer, etc., to begin to work.

Promote/Recruit

_____ Parents’ Committee organized and working; recruiting project leaders.
_____ Promote 4-H Celebration of Achievements and explain the RSVPs.
_____ Recruit Financial Review Committee.

Remember

_____ Enrollment information was given during Organizational Leaders’ Update. Online Enrollment Open, October 1.
_____ Organizational Leader Report inputted by November 15. The link was given to the organizational leaders at Fall Update and is available on the website under Organizational Leaders.
_____ Upon completion of enrollment, Club Project Leaders given list of 4-H members enrolled in projects.
_____ RSVPs due for the 4-H Celebration of Achievements, October 30. The Salina Downtown Lions Club pays for each reservation regardless if individuals attend.
End of Year Financial Review

In September, all organizational leaders will receive an email with a link to a letter from Jacob with information about the 2022-2023 Financial Review. Remember, the report is due to either Extension Office by November 15 at 5 p.m. The Financial Review Form is posted online for your convenience under Organizational Leaders. If you have any questions, please contact Jacob.

New for 2023 Financial Review

In addition to the Financial Review documentation, each club is required to submit copies of every monthly bank statement for all club accounts in the previous 4-H year (October, 2022 – September, 2023).

Building Strong 4-H Clubs

The First Impression...clubs have only one chance to make a first impression! Let’s hope it’s a positive impression because if new members don’t feel comfortable right away with the club they won’t come back. Therefore, let’s make a plan to have a welcoming environment where young people and adults feel accepted.

Create a plan for welcoming new members...this may include assigning an adult volunteer or family to serve as the club’s New Family Coordinator.

The New Family Coordinator arrives early to meet the members and guests at the door. They might even have name tags available for members and a "4-H Greet Sheet" https://bookstore.ksre.ksu.edu/pubs/4H1123.pdf for the guests.

During the 4-H club meeting, the New Family Coordinator introduces the guests and assists them in understanding what is happening.

After the meeting, the New Family Coordinator may follow-up with a postcard, phone call or email for thanking the guests for attending and answering questions.

If guests become members, the New Family Coordinator can explain and answer questions about 4-H. The New Family Coordinator can become the new member’s life-line to the 4-H club.

Providing a welcoming environment for new members keeps a club growing and thriving. Interested in learning more about the New Family Coordinator the 4-H Club Corner resources are located at https://www.kansas4-h.org/resources/leader-resources/clubcorner/index.html

Taken from the May, 2008, Kansas 4-H Tip Sheet

Parents’ Committee

So now you have a Parents’ Committee but you’re not really sure what to do with it? First thing is learn to delegate. A rule of thumb—the Organizational Leader works with the 4-H members, the Parents’ Committee works with the parents. But, it might take the Organizational Leader to get the Parents’ Committee motivated and started down the right track! For more information, check out the resources for the Parents’ Committee on the CKD website under "Organizational Leaders”.

4-H Membership and Recruiting

Any time of the year is a good time to talk to people about 4-H, but the beginning of a new 4-H year is the perfect time to recruit new club members! 4-H membership is open to all youth between the ages of 7 and 18 (4-H age, before January 1, 2024. If a youth turns 7 after January 1, 2024, then they are considered a cloverbud until the next 4-H year.). 4-H does not discriminate on the basis of race, color, national origin, religion, sex, or disability. A member may join anytime during the year. Any 4-H member who turns 19 before January 1, 2024, may not rejoin for the 2023-24 4-H year. If you have potential members who have visited your club, please let the Extension Office know the child’s name, address, age, phone number and parents’ name. Also remember that you can pick up visitor and new member packets at either Extension Office.
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**National 4-H Week**

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<td>48 Hours of 4-H</td>
<td>November Newsletter articles due to Jacob</td>
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<td>Headless Horseman Speed Event Registration Due, Online</td>
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<td>KYLF Registration Due</td>
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<td>Online RSVP’s DUE for Volunteer Screening Orientation</td>
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<td>Headless Horseman Speed Event, Minneapolis Arena, 1:00 p.m.</td>
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<td>Rabbit Project Meeting, First Baptist Church, Salina, 5:15 p.m.</td>
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<td>Volunteer Screening Orientation, Location TBD</td>
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<td>4-H Celebration of Achievements RSVP’s due ONLINE</td>
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<td>Online RSVP’s DUE for Volunteer Screening Orientation</td>
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**UPCOMING DATES:**

**November**

1—4-H Council Committee online requests due
5—4-H Celebration of Achievements
7—Volunteer Screening Orientation
10—Veteran’s Day - Minneapolis & Salina Offices Closed
11—December/January Newsletter articles due to Jacob
15—2022-23 Club Financial Review due to either Extension Office, 5:00 p.m.
15—2023-24 Organizational Leader Report, due online
18-19—KYLF, Rock Springs 4-H Ranch
23-24—Thanksgiving Holiday - Minneapolis & Salina Offices Closed
Dear 4-H Families,

Can you believe it is time for a new 4-H year to begin? Don’t let time be your enemy when it comes to opportunities for you and your child(ren). Every 4-H newsletter and email is full of information; be sure to read through them and make note of any deadlines.

Now is the time of year to begin to start setting goals for project work, personal leadership growth, and much more. Be sure to plan out the 4-H year now by referring to the master 4-H calendar, pin applications, etc. No time like the present to make a plan!

We have continued the “paperless” concept and have prepared a handout for families of important information that is available online. You can find this information at http://www.centralkansas.k-state.edu/4-h/ under 4-H Member Forms & Documents, Important Documents for 4-H Families (2022-2023).

In November, we will be taking time to recognize all of the hard work our 4-H members and volunteers contributed to our program this past 4-H year at the annual Central Kansas District 4-H Celebration of Achievements.

As we enter the holiday season next month, be sure and take time to enjoy it, but don’t forget about things coming up. You can keep on top of 4-H events, activities, and deadlines by taking a moment to read this newsletter and any emails that may come from the Extension Office. As always, if you have any questions, please be sure to let me know. We are here to help in any way we can.

I am thankful that you have chosen to be a part of the Central Kansas District 4-H Family. Happy New 4-H Year!

Jacob